



DNYAN GANGA EDUCATION TRUST'S COLLEGE OF EDUCATION [B.Ed.]

Recognised by NCTE, Government of Maharashtra and Affiliated to University of Mumbai.

To Enlighten... To Endeavour... To Excel...

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Following are our official links:



http://dgetbedcollege-edu.org/



https://youtube.com/c/DGETBEdCollegeThaneOfficial



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DNYAN GANGA SANSKRITI is an annual magazine, brought out by DGET's College of Education [B.Ed.], Thane, Maharashtra. The articles published are author's own articles/write ups. Republishing them without the written permission from the College amounts to violation of copyright laws. If you have any queries or feedback, address them to <u>dgetsbed@gmail.com</u>

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FROM THE DESK OF THE CHAIRMAN



My heart brims with great joy and happiness on seeing that Dnyan Ganga Education Trust's, College of Education (B.Ed.), Thane is acclaimed for its outstanding contribution to teaching, research and service in Nation building. It is extremely gratifying to see this glorious institution growing from strength to strength. Our intent is to shape tomorrow's citizens and make them academically sound, physically robust, morally upright and oozing with confidence. Today, the college stands to meet the enormous expectations of society. In the true spirit of the team, it really offers a great inspiration to students and faculties who have great urge to express their views. With seasoned teaching and establishment staff, we look forward for creating global citizens whose outlook will be modern and value grounded. We envisage that before leaving the ramparts of the DGET Campus, every child is filled with positivism and imbued with lofty ideals, right habits, attitudes and manners.

I extend my heartiest congratulations to the entire Editorial Board on their hard work, dedication and outstanding achievement.

With Best wishes....

PROF. B. D. PATIL FOUNDER CHAIRMAN OF DGET





FROM THE DESK OF THE MEMBER SECRETARY





In DGET, we value relationships and connections with the community also encourage our students to develop respectful relationships with their peers, teachers and the broader community. In recent years students are more concerned about their academic excellence, they have to be coaxed, persuaded and encouraged to exhibit their writing talents. Our students form the core of our existence as an institution, and we want to give wings to their dreams.

I congratulate the members of editorial board for their tireless efforts and also to our budding talent who have generously contributed to this magazine.

With good wishes...

MRS. RANJANA B. PATIL MEMBER SECRETARY OF DGET





FROM THE DESK OF THE DIRECTOR





It is my very great pleasure to welcome you to DGET and all our sister institutions. DGET's College of Education [B.Ed.] has followed its mission and vision in true terms by earning a progressive reputation in the field of academic, cultural, sporting events and nurturing well-groomed educators. "Down my years of experience, I have realized that, the need of the society is like an ocean and the service we render are mere drops", hence we at DGET's College of Education, aim to chisel out world leaders from young minds who will promote and nurture Indian culture to the world by training such competent educators who will try to encompass our vision into reality. The college magazine of Dnyan Ganga Education Trust's College of Education (B.Ed.) aims to create a supportive and inclusive environment where gifted and talented students are encouraged to explore their potential, achieve their personal best in all aspects of life. We value collaborative learning, positive relationships and building capacity amongst our students to effectively allow them to engage in the world of the future, where problem solving, evaluating, working in teams, communicating, creating and innovating are not only concepts, but expected skills, attributes and capabilities.

The readers would be greatly benefited as the content are going to unfold myriad literary articles and poems. I heartily congratulate B.Ed. College Principal and Editorial board who have taken pains to bring out this magazine and adding one more feather on the cap of DGET's College of Education. Best wishes...

DR. ANITA PATIL MORE DIRECTOR OF DGET





CHAIRPERSON AND EDITOR-IN-CHIEF's MESSAGE





New feather in the cap, Dnyan Ganga Sanskriti Annual Magazine is indeed the true reflection of dedication and sincerity of all the brilliant minds associated with it.

Our progressive institution not only emphasis on the holistic development of students but also inspire them to be a lifelong learner, as learning is an asset which will accompany the owner everywhere.

The recent pandemic that has brought a paradigm shift in teaching learning process has proved that learning is indeed a dynamic process. It has taught us how very little We truly need, how much we already have and the value of connection with Man and Nature. We need to adapt ourselves to the changing world and more importantly we need to be the change that we desire to see in the world. Needless to say, Education is the key factor in shaping the budding youth.

I would like to congratulate Asst. Prof. Rachana Das, Managing Editor, Asst. Prof. Pratibha Kambli, Associate Editor and Assistant Editors, Asst. Prof. Surbhi Sona and Asst. Prof Dr. Kavita Kamble, Student Editors, Mr. Kumar Rudra and Ms. Tejaswini K. and all the Magazine Committee members for giving unique inputs and making this edition, stand out in the series. I appreciate the tireless efforts of every member who directly indirectly contributed to the successful release of this magazine.

Wishing all green lights to everyone. Thankyou.

DR. (MRS.) SWAPNA KHAIRNAR I/c PRINCIPAL DGET's COLLEGE OF EDUCATION [B.Ed.]





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MANAGING EDITOR's MESSAGE

ॐ सह नाववतु। सह नौ भुनक्तु। सह वीर्यं करवावहे। तेजस्वि नावधीतमस्तु मा विद्विषावहे। ॐ शान्तिः शान्तिः शान्तिः ॥ "May God Protect Us Both (the Teacher and the Student), May God Nourish Us Both, May we Work Together with Energy and Vigour, May our Study be Enlightening and not give rise to Hostility, Let Peace prevail everywhere"



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Greetings from DGET's College of Education!!!

DGET's College of Education has strengthened the bond of long-lasting relationship with the educators and students along with the pursuit of academic excellence, encouraging students to become independent and perceptive thinkers, confident enlightened learners, keep a worldview of various aspects going around the globe and socially-responsible citizens; this will be very much evident as you thumb through this issue of Dnyan Ganga Sanskriti 2022 - 2023. It gives a colourful reflection of our college activities as a kaleidoscope of all the records, jubilant and joyous events conducted throughout the year. It is a matter of great pride and privilege for me to be a part of Dnyan Ganga Sanskriti 2022 - 2023 issue as it lays back our memories of our efforts, we all took while normalizing things after COVID-19; yet spreading knowledge and positivity around.

To embark on I initiate thanking the Almighty God, who is for eternity with me inspiring and strengthening me to triumph over all challenges that I come across within and outside me. I express my heartfelt gratitude to DGET Trust, I/c Principal Dr. (Mrs.) Swapna Khairnar for guiding me at every developmental stage of magazine and entrust me to work on this creative piece. I thank Associate Editor Mrs. Pratibha Kambli for her relentless co-operation and timely insights. My thanks to both Assistant Editors Mrs. Surbhi Sona and Dr. Kavita Kamble for constant help and assistance and the entire Editorial Board for their cooperation and putting their best in bringing out this issue of our college magazine. Student editors Mr. Kumar Rudra and Ms. Tejaswini K. for pouring in 24*7 efforts in completing this issue, thank you dear students.

Here is a humble hope that you will find this issue engaging as it will give you an insight of all our activities and efforts, we take in fostering and exfoliating each individual's potentialities by providing opportunities for the successful learning and overall growth. Happy Reading!!!

Ms. RACHANA DAS Asst. Prof. DGET's B. Ed. College



ASSOCIATE EDITOR'S MESSAGE





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At Dnyan Ganga Education Trust's, College of Education (B.Ed.), our commitment to global education is the vision to promote the inner moral compass; this balance will enable tomorrow's generation to take the helm and steer their way through human complexities, enabling them to exhibit goodness, honesty and compassion with confidence. Today, the College stands to meet the enormous expectations of society. Society wants us to nurture professionals and scholars of high calibre who can offer solutions to a broad range of issues. This requires excellence in teaching and research at par with the best in the world. Our students form the core of our existence as an institution, and we want to give wings to their dreams. We expect them to be passionate about their dreams and make their family and society proud of their achievements. It is crucial for the parents to keep reminding their wards to remain focused on their education and to instil in them a sense of responsibility and care towards the concerns of fellow beings. It will give them strength and motivation to work hard for a greater cause in life.

Editorial Board have reported achievements and activities of college in summarized form which will help reader to have quick glance of all endeavours in last year.

I express my heartfelt thanks to DGET Trust and Principal Dr. (Mrs.) Swapna Khairnar for guiding us at every developmental stage of the magazine and entrusting us to work on this creative piece which shall be reference document in years to come. I thank the entire Editorial team for their endless effort and support.

Ms. PRATIBHA KAMBLI

Asst. Prof. DGET's B. Ed. College



ASSISTANT EDITOR'S MESSAGE





Dear Readers,

We are very delighted and proud to bring out the latest edition of our College Magazine, Dnyan Ganga Sanskriti. Our Magazine is an outcome of the hard work of several credential people to bring out a versatile publication.

DGET's College of Education is known for striving to achieve excellence in not only providing quality teacher training but also nurturing the studentteachers in such a way that they bring about a positive change in society. This magazine is an annunciation of the same as it showcases the versatility of the people who have an acumen to speak about the prevalent issues of the society. We extend hearty congratulations to all those who have contributed their ideas and made it possible to bring out this meticulous publication.

Wish you all a happy reading!

Ms. SURBHI SONA Asst. Prof. DGET's B. Ed. College





ASSISTANT EDITOR'S MESSAGE

Treativity is seeing the same thing but thinking differently". --Dr APJ Abdul Kalam





Being part of wonderful and creative editorial team of DGET B.Ed. College of Education, we are pleased to present to you the latest edition of our Annual College Magazine. It truly is one of the milestones in a long list for our institution.

I am happy to know that the Dnyan Ganga Education trust's College of Education (B.Ed.) is publishing its Fourth issue of College Magazine "Dnyan Ganga Sanskriti 2022 - 2023". The College magazines have a great educative value. They encourage students to think and write. In fact, young talent finds its first exposure through this medium. The magazine also records the achievements and various activities of the institution.

We wish the venture good luck and congratulations to all those who have contributed their ideas; thoughts and theme for this magazine.

Congratulations to all staff and student who have been part of this success.

I hope that this publication would be successful in achieving these objectives.

My best wishes for the entire endeavour.

DR. KAVITA KAMBLE Asst. Prof. DGET's B. Ed. College





STUDENT EDITOR'S MESSAGE



A college annual magazine is a mirror of the college life. For the students it's not a glossy-covered coloured publication but a platform and forum to showcase their latent creative and innovative and analytical talents as story tellers, poets, essayists, reflective thinkers, buddying artists. It's also a colourful kaleidoscope of pictures which captures their college life including the co-curricular and extracurricular activities in and outside the college throughout the year. Last year has been quite happening after the devastation of mankind by Corona Pandemic in 2020-2021. As a sapling slowly unfurls itself with watering so has mankind with its resilience to bounce back is trying to regain back its lost glory by accelerating the pace of technological and educational development multi-fold for building up what has been destroyed.

DGET College of Education is well known for its academic excellence and dedicated approach towards dissemination of knowledge in the academic world and development of educators who are groomed to take up the educational challenges of the current education system especially with the implementation of NEP 2020 and NCF 2023.

Hence it was a challenging task for me as an Editor of "DNYAN GANGA SANSKRITI", to choose and present to you articles of contemporary relevance and the mission and vision of our college. We have a very congenial and creative and constructive environment in our college where we have other than our academic pursuits lot of extra and co-curricular activities covering a gamut of issues of present-day society including the educational challenges to implement NEP 2020.

I am hopeful that the magazine will be of enjoyable reading to widen your horizon of knowledge and your sincere appreciation will boost our morale and strengthen our efforts to bring out another edition of the magazine in years to come.

I am thankful to the students who did valuable contribution with their articles and drawings and I am really indebted to our college management, our teachers and our staff members for helping to bring out this valuable magazine within the time frame. Happy Reading & Adios!

MR. KUMAR RUDRA Student Editor, S.Y.B.Ed. D.G.E.T. College of Education (B.Ed.), Thane





STUDENT EDITOR'S MESSAGE



Back to normal is the buzzword today. The World Health Organisation (WHO) has declared that Covid'19 has come to an end. We all are set to resume our normal lives, and everything seems normal now.

Our B. Ed. year started in January 2023. We are privileged to have our principal ma'am Dr. Swapna Khairnar as our guide, our teachers Asst. Prof. Pratibha Kambli, Asst. Prof. Rachana Das, Asst. Prof. Surbhi Sona. and Asst. Prof Dr. Kavita Kamble as our mentors who are always guiding us.

This year we celebrated many festivals and events such as Vivekanand Jayanti, Makar Sankranti and Holi, to name a few. We had educational visits to Daffodils school and Nehru Planetarium. We also had the opportunity to attend lectures by our guest speakers, who enlightened us on various topics like LGBTQ community, Autism, Learning resources etc. As part of our curriculum, we also visited Srirang Ashram for Senior Citizens, where we did some social work and participated in entertainment activities.

Our college Magazine showcases the different colours of our college life. It is a reflection of whatever we, as students of B. Ed. have learnt till today. Students have come out from their cosy cocoons and have become beautiful butterflies. We are well on the path to becoming good teachers as we improve our teaching skills each day.

It is rightly said that "Education is not only a ladder of opportunity, but it is also an investment in the future." We, the student teachers of DGET College of Education (B.Ed.), are working towards building our future and hope to contribute to that of our students in turn. On the path to becoming good teachers, we are learning to climb the ladder of opportunity!

With warm regards and best wishes,

MS. TEJASWINI KHARDENAVIS Student Editor, F.Y.B.Ed. D.G.E.T. College of Education (B.Ed.), Thane



BOUT DNYAN GANGA EDUCATION TRUST



Dnyan Ganga Education Trust (DGET) was established in the year 1987 with an aim to disseminate quality, productive, skill and value education from KG to PG. First fruit of trust is Dnyan Ganga Education Trust's School and Junior College established in the year 1989 and 1996 respectively in Kandivali, Mumbai. Gradually trust expanded its roots in Thane in the form of Dnyan Ganga Education Trust Campus, Thane. DGET campus in Thane started with D. G. International School in 2004. Trusts advanced by establishing Dnyan Ganga Junior and Degree College in year 2004 and 2007 respectively. DGET didn't rest here rather progressed to bear a new fruit named Dnyan Ganga Education Trust's, College of Education (B.Ed.) in year 2008.

DGET is determined to run the institutions which are professional with modern advancements in academics and technology to render students as global citizens with Indian values. DGET emphasizes on knowledge and wisdom augmented with social, ethical and moral values, in all to liberate society from evil forces and establish firm footings of SOVEREIGN, SOCIALIST, SECULAR, DEMOCRATIC and REPUBLIC of India with justice, liberty, equality and fraternity.

DGET'S COLLEGE OF EDUCATION - AT A GLANCE

(B.Ed.) was established in year 2008 under Dnyan Ganga Education Trust. DGET College of Education is affiliated to University of Mumbai, approved by National Council of Teacher Education and recognized by Government of Maharashtra. At present college runs B.Ed. Course (English medium, Co-Education) with 2 basic units and intake capacity of 100 Students.

Dnyan Ganga Education Trust's, College of Education

College has competent, experienced qualified faculty. Infrastructure wise college has well-ventilated and spacious classrooms, Auditorium for academic and cultural activities, well- furnished library, curriculum-cum-pedagogy lab, Art & craft room, Computer Lab, separate Boys and Girls Common room, Cafeteria, Gymkhana, Yoga room and Playground. College is located near lush green, serene and hilly terrain which creates conducive environment for learning. Every time college tries its best to create teachers who shall fulfill demands of 21st century society both at local and global level.





DGET's COLLEGE OF EDUCATION - AT A GLANCE



- ✓ To be a national leader in transforming lives through an innovative, rigorous and compassionate approach to education.
- ✓ To be known nationally as an institution that 'makes a difference
- ✓ To strive continuously to innovate finding new and more effective ways to educate and serve students.



- ✓ DGET College inspires, prepares and empowers student to succeed in changing world.
- ✓ To inspire students to learn and to develop intellectually, physically and emotionally i.e. holistically.
- $\checkmark\,$ To inspire students to continue learning throughout life.
- ✓ To prepare and empower students to be successful by helping them to develop their knowledge, skills and abilities needed to adapt and thrive in our increasingly diverse and ever-changing global world.



 Spread of education, relief to poor, medical relief and welfare of the society.



COURSE	AFFILIATED UNIVERSITY	INTAKE CAPACITY
Bachelor of Education (B.Ed.)	University of Mumbai	100
Diploma in School Management (DSM) P10	Yashwantrao Chavan Maharashtra Open University, Nashik	180
Master of Arts in Education M.A. Education M62	Yashwantrao Chavan Maharashtra Open University, Nashik	120

	TEACHING STAFF	7
Sr. No.	Name	Designation
1.	Dr. Swapna Khairnar	I/c Principal
2.	Dr. Anita Patil More	Assistant Professor
3.	Mrs. Pratibha Kambli	Assistant Professor
4.	Mrs. Rachana Das	Assistant Professor
5.	Mrs. Surbhi Sona	Assistant Professor
6.	Dr. Kavita Kamble	Assistant Professor
7.	Dr. Paulmathi Lucas	Assistant Professor
8.	Mrs. Ankita Khati	Assistant Professor
9.	Dr. Vandana Sharma	Assistant Professor
10.	Dr. Latha Venkateshwaran	Assistant Professor
11.	Mrs. Dhanashree Repal	Assistant Professor
12.	Mrs. Rajashree Chavan	Assistant Professor
13.	Mr. Nilesh Gharat	Visiting Faculty
14.	Mrs. Akshata Joshi	Visiting Faculty
15.	Mrs. Manjusha Mekal	Visiting Faculty
16.	Mrs. Pournima Bhattacharya	Visiting Faculty

NON-TEACHING STAF

Sr. No.	Name	Designation
1.	Ms. Ekta Thakkar	Librarian
2.	Mr. Parag Padelkar	Head Clerk cum Accountant
3.	Ms. Priyanka Desai	Office Staff cum Computer operator
4.	Mr. Rajan Sawant	Junior Clerk cum Accountant
5.	Mr. Pritam Shirke	IT department
6.	Ms. Pranali Mane	Lab Assistant
7.	Mr. Sushil Harlukar	Peon cum Auditorium staff
8.	Mr. Bhumesh Nadge	Peon
9.	Mr. Dnyaneshwar Rajput	Peon

DGET'S COLLEGE OF EDUCATION STUDENT COUNCIL 2021-2023



DGET'S COLLEGE OF EDUCATION STUDENT COUNCIL 2022-2024



ACADEMIC RESULT ANALYSIS OF YEAR 2022-2023 S. Y. B.Ed. SEMESTER – 3

Grade	Male	Female	Total
Pass	02	83	85
0	00	00	00
A+	01	06	07
Α	01	33	34
B+	00	22	22
В	00	21	21
С	00	01	01
D	00	00	00
F	01	09	10
То	tal Appeared Stu	dents	95

F.Y. B.Ed. SEMESTER – 1

_			
Grade	Male	Female	Total
Pass	02	86	88
0	00	00	00
A+	00	04	04
Α	01	16	17
B+	00	37	37
В	01	25	26
С	00	04	04
D	00	00	00
F	00	10	10
Te	otal Appeared Stud	lents	98

PASSING PERCENTAGE: 86.24%



COLLEGE PLACEMENT





Smt. Sunitidevi Singhania School

Offer Equal Opportunities to all so that they rise to their fullest potential





GOENKA & ASSOCIATES EDUCATIONAL TRUST

COLLEGE PLACEMENT

RECRUITING SCHOOLS

- Indo Scots global English School, Thane
- Mewa's Vidyaniketan School, Thane
- Happy Home English Medium School, Thane
- ✤ D.G. International School, Thane
- Narayana Educational Institute, Thane.
- Euro School, Thane. Sanskar Public School, Thane.
- New Horizon Scholars School, Thane.
- DGET Degree College of Science and Commerce, Thane.
- Universal English Medium High School, Thane.
- DGET Junior College of Science and Commerce, Thane.
- Smt. Sulochanadevi Singhania School, Thane
- Vasant Vihar High School and Junior College, Thane
- Divine English School and Jr. College, Kasheli, Thane
- St. Xavier's English High School & Junior College, Thane
- ✤ Witty International School, Malad branch, ICSE Head
- Sri Ravishankar Vidya Mandir (SSRVM), Mulund
- Saraswathi Vidyalaya and Junior College of Science and Commerce, Thane.

- * Rainbow International School, Brahmand, Thane
- J. D. Somani, Mumbai
- Gopi Birla School, Mumbai
- Holy Family High School
- ✤ J. H. English High School, Yashodhan Nagar, Thane

SCHOOL INTERNSHIP SUMMARY

2022 - 2023

Semester	Semester 3	
Duration 11 weeks	Duration 11 weeks	
Date21st November 20		23 – 03 rd February 2023
Internship Program	Asst. Prof. Ms. Ra	achana Das
In-charge		
Internship Activities	• Teaching less	sons in Pedagogy of school subjects.
	• Co-Teaching	; Lessons with school teachers.
	• 'Nai Taleem'	based Experiential Teaching- Learning.
	• Theme based	lessons.
	• Administrati	on of Unit Test & Analysis of results.
	• Report & Re	flective Journal on Internship Activities
Internship School		School Internship
		In-charge
Dnyan Ganga Science Junior College		Dr. (Mrs.) Swapna Khairnar
Dnyan Ganga Commerce Junior		Asst.Prof. Dr. Vandana Sharma
College		
D. G. International School		Asst. Prof. Mrs. Pratibha Kambli
Gyanodaya Junior Coll	lege	Asst.Prof. Dr. Paulmathi Lucas +
		Asst.Prof. Dr. Latha Venkteshwaran
Milagris English High	School	Asst.Prof. Mrs. Surbhi Sona
Shivai Vidhyalaya Asst.Prof. Dr. Kavita Kamble		Asst.Prof. Dr. Kavita Kamble
Sankalp English High	School	Asst.Prof. Mrs. Rachana Das +
		Asst.Prof. Mrs. Ankita Khatri
Holy Spirit English Sci	hool	Asst.Prof. Mrs. Rajeshree Chavan
Aadarsh Vidyalaya		Asst. Prof. Mrs. Dhanashree Repal



SCHOOL INTERNSHIP SUMMARY

2022 - 2023

Semester	Semester 4	
Duration 11 weeks	Duration 04 week	IS
Date	27 th March 2023 -	– 29 th April 2023
Internship Program In Asst. Prof. Ms. Ra		achana Das
charge		
Internship Activities • Teaching les		ssons in Pedagogy of school subjects.
	 Constructiv 	ist lesson plan of 5'Es
	• 'Nai Taleem	i' based Experiential Teaching- Learning.
	Co-Teachin	g Lessons with peers.
	Reflective Jo	ournal on Internship Activities.
	• Learning Re	-
		ar activities in school
Internship School		School Internship In-charge
Dnyan Ganga Science J	unior College	Dr. (Mrs.) Swapna Khairnar
Dnyan Ganga Commerce Junior College		Asst.Prof. Dr. Vandana Sharma
D. G. International School		Asst. Prof. Mrs. Pratibha Kambli
Gyanodaya Junior Colle	ege	Asst.Prof. Dr. Paulmathi Lucas +
		Asst.Prof. Dr. Latha Venkteshwaran
Milagris English High S	School	Asst.Prof. Mrs. Surbhi Sona
Shivai Vidhyalaya		Asst.Prof. Dr. Kavita Kamble
Sankalp English High S	chool	Asst.Prof. Mrs. Rachana Das +
		Asst.Prof. Mrs. Ankita Khatri
Holy Spirit English Sch	ool	Asst.Prof. Mrs. Rajeshree Chavan
Aadarsh Vidyalaya		Asst. Prof. Mrs. Dhanashree Repal



RECORD OF EXTENTION ACTIVITIES

YEAR	NUMBER OF ENROLLED STUDENTS	INCHARGE TEACHER	ACTIVITIES AND ACHIEVMENTS
2022- 23	90 PEC S.Y.B.Ed. 83 PEC F.Y.B.Ed.	Asst.Prof.Pratibha Kambli & Asst. Prof. Ms. Rachana Das Asst. Prof. Ms. Rachana Das & Asst. prof. Dr. Kavita Kamble	 This year S.Y.B.Ed. students have opted for PEC (Population Education Club) extension activity in Offline mode The Annual Festival "UDAAN" the Flight of Extension 2022-23: the DLLE Department organizes Annual Extension Festival titled "UDAAN" the "Flight of Extension". This year the festival has been organised in the OFFLINE Mode from January -February, 2023 The students of Dnyan Ganga Education Trust's College of Education (B.Ed.) participated on 16th February 2023 for UDAAN 2023 at Bandodkar College in Street Play, Poster making Competition, Elocution and Creative Writing competition. The college won prizes in Elocution and Poster making competition



STUDENT'S ACHIEVEMENT



DLLE UDAAN 2023

3 rd PRIZE	POSTER MAKING	Ms. Renitta Creado +
		Ms. Yuvika Jaiswal
CONSOLATION	ELOCUTION	Ms. Sayali Daphtardar
PRIZE		



STUDENT'S ACHIEVEMENT





LAKSHH INTERCOLLEGIATE COMPETITION 2023 AT MENON COLLEGE, BHANDUP

POSTER MAKING TREASURE HUNT FASHION SHOW	Ms. Vanshika Joil Ms. Sonali Achrekar, Ms. Noopur Chowdhary, Ms. Chetana Sharath, Mr. Abhishek Yadav Mr. Kumar Rudra
HUNT	Ms. Noopur Chowdhary, Ms. Chetana Sharath, Mr. Abhishek Yadav
	Ms. Chetana Sharath, Mr. Abhishek Yadav
FASHION SHOW	Mr. Abhishek Yadav
FASHION SHOW	
FASHION SHOW	Mr. Kumar Rudra
	THE RUITUE RUUE
	Mr. Abhishek Yadav
	Ms. Shilpa Pillai
	Ms. Aditi Maurya
	Ms. Pravina Patil
	Ms. Noopur Chowdhary
	Ms. Olivia Haobijam
	Ms. Avani Katrodia
	Ms. Saubhagya Shenoy
	Ms. Kavita Mishra
	Ms. Yuvika Jaiswal
	Ms. Pramalatha Shettigar 🗸



Event	Talk on Safer Campus by QKnit FoundationImage: Colspan="2">Image: Colspan="2">Image: Colspan="2">Image: Colspan="2">Image: Colspan="2">Image: Colspan="2">Image: Colspan="2">Image: Colspan="2">Image: Colspan="2"Image: Colspan="2" </th		
Date & Time	04 th February 2023		
Patrons	Prof.B.D.Patil, Founder Chairman, DGET		
	• Mrs. Ranjana B. Patil, Trustee DGET		
	• Mrs. Patil More, Director, DGET		
Session Convenor	Dr.(Mrs.)Swapna Khairnar		
	I/C Principal, DGET's, College of Education (B.Ed.), Thane		
Session Coordinator	Asst. Prof. Pratibha Kambali		
Organizing	Asst. Prof. Rachana Das		
Committee	• Asst. Prof. Surbhi Sona		
	• Asst. Prof. Dr. (Mrs.) Paulmathi Lucas		
	Asst. Prof. Ankita Khatri		
	• Asst. Prof. Mrs. Dhanashree Repal		
	• Asst.Prof.Mrs.Megha Raj Himanshu		
Resource person	Mr.Sumit Pawar, Founder of QKnit Foundation		
	Ms.Apurva Paithane, Volunteer at QKnit Foundation		



Event	Autism Awareness session by Butterfly Learning
Date &	11 th February 2023
Time	
Patrons	Prof. B. D. Patil, Founder Chairman, DGET
	• Mrs. Ranjana B. Patil, Trustee DGET
	Mrs. Patil More, Director, DGET
Session	Dr. (Mrs.) Swapna Khairnar
Convenor	• I/C Principal, DGET's, College of Education (B.Ed.), Thane
Session Coordinator	• Asst. Prof. Rachana Das
Organizing	Asst. Prof. Pratibha Kambali
Committee	• Asst. Prof. Surbhi Sona
	Asst. Prof. Dr.(Mrs.) Paulmathi Lucas
	• Asst. Prof. Ankita Khatri
	• Asst. Prof. Mrs. Dhanashree Repal
	• Asst. Prof. Mrs. Megha Raj Himanshu
Resource	Mr. Irshad Sayed and Volunteers at Butterfly Learnings, Thane
person	

Event	<image/>
Date & Time	29 th April 2023
Patrons	 Prof. B. D. Patil, Founder Chairman, DGET Mrs. Ranjana B. Patil, Trustee DGET
Seminar	Mrs. Patil More, Director, DGET
Convenor	 Dr.(Mrs.)Swapna Khairnar I/C Principal, DGET's, College of Education (B.Ed.), Thane
Seminar Coordinator	Asst. Prof. Rachana Das
Organizing Committee	 Asst. Prof. Pratibha Kambali Asst. Prof. Surbhi Sona Asst. Prof. Dr. Kavita Kamble Asst. Prof. Dr.(Mrs.) Paulmathi Lucas Asst. Prof. Ankita Khatri Asst. Prof. Mrs. Dhanashree Repal Asst. Prof. Mrs. Megha Raj Himanshu
Resource person	Mr. Vikas Shukla Principal, Vikas English Medium School, Bhiwandi.



Date	17 th February 2023
Time	11:00 am to 5:00 pm
Place	Shreerang Anand Ashram,
	Bunder Rd, Waghbil, Thane West,
	• Smith Old Age Home And Care Foundation,
	K 11 - 12, Kalher , Bhiwandi ,Thane
Teacher- Incharge	Asst. Prof. Ms. Pratibha Kambli
Batch	F.Y.B.Ed. and S.Y.B.Ed 2022 - 2023
Activities	• Started with basic interactions and got to know about
undertaken	the likes and dislikes of the elders.
	• During lunch time we helped the staff to serve lunch.
	• After lunch, we helped the staff tidy up the kitchen.
	• After nap time we played old music.
	• We served them tea and biscuits.
	This was followed by Antakshari.
	• In the end, we all danced together to old Hindi peppy
	songs.

Community Work Day - 1


Date	20 th February 2023
Time	11:00 am to 5:00 pm
Place	Shreerang Anand Ashram,
	Bunder Rd, Waghbil, Thane West,
	• Smith Old Age Home And Care Foundation,
	K 11 - 12, Kalher , Bhiwandi ,Thane
Teacher- Incharge	Asst. Prof. Ms. Pratibha Kambli
Batch	F.Y.B.Ed. and S.Y.B.Ed 2022 - 2023
Activities undertaken	 Started with basic interactions and got to know about the likes and dislikes of the elders and shared stories. During lunch time we helped the staff to serve lunch. After lunch, we helped the staff tidy up the kitchen. After nap time we played old music. We served them tea and biscuits. This was followed by game - passing the parcel. In the end, we all sang Bhajans and prayer songs.



Date	21 st February 2023
Time	11:00 am to 5:00 pm
Place	Shreerang Anand Ashram,
	Bunder Rd, Waghbil, Thane West,
	• Smith Old Age Home And Care Foundation,
	K 11 - 12, Kalher , Bhiwandi ,Thane
Teacher- Incharge	Asst. Prof. Ms. Pratibha Kambli
Batch	F.Y.B.Ed. and S.Y.B.Ed 2022 - 2023
Activities undertaken	• Started with basic interactions and got to know about the likes and dislikes of the elders.
	• During lunch time we helped the staff to serve lunch.
	• After lunch, we helped the staff tidy up the kitchen.
	• We served them tea and biscuits after nap time.
	• This was followed by Bhajan program.
	• In the end, we all danced together to old Hindi peppy songs.



Date	22 nd February 2023
Time	11:00 am to 5:00 pm
Place	Shreerang Anand Ashram,
	Bunder Rd, Waghbil, Thane West,
	• Smith Old Age Home And Care Foundation,
	K 11 - 12, Kalher , Bhiwandi ,Thane
Teacher- Incharge	Asst. Prof. Ms. Pratibha Kambli
Batch	F.Y.B.Ed. and S.Y.B.Ed 2022 - 2023
Activities undertaken	 Started with basic interactions and got to know about the likes and dislikes of the elders. During lunch time we helped the staff to serve lunch. After lunch, we helped the staff tidy up the kitchen. After nap time we played old music. We served them tea and biscuits. This was followed by game on staking the paper cup into tower.
	• In the end, we all danced together to old Hindi peppy songs.



Date	23 rd February 2023
Time	11:00 am to 5:00 pm
Place	Shreerang Anand Ashram,
	Bunder Rd, Waghbil, Thane West,
	• Smith Old Age Home And Care Foundation,
	K 11 - 12, Kalher , Bhiwandi ,Thane
Teacher- Incharge	Asst. Prof. Ms. Pratibha Kambli
Batch	F.Y.B.Ed. and S.Y.B.Ed 2022 - 2023
Activities undertaken	• Started with basic interactions and got to know about the likes and dislikes of the elders.
	• During lunch time we helped the staff to serve lunch.
	• After lunch, we helped the staff tidy up the kitchen.
	• After nap time we played old music.
	• We served them tea and biscuits.
	• This was followed by game on throwing the ball in
	the basket.
	• In the end, we all danced together to old Hindi peppy songs.



Date	24 th February 2023
Time	11:00 am to 5:00 pm
Place	Shreerang Anand Ashram,
	Bunder Rd, Waghbil, Thane West,
	• Smith Old Age Home And Care Foundation,
	K 11 - 12, Kalher , Bhiwandi ,Thane
Teacher- Incharge	Asst. Prof. Ms. Pratibha Kambli
Batch	F.Y.B.Ed. and S.Y.B.Ed 2022 - 2023
Activities undertaken	• Started with cleaning of the premises of the old age home.
	• During lunch time we helped the staff to serve lunch.
	• After lunch, we helped the staff tidy up the kitchen.
	• After nap time we played old music.
	• We served them tea and biscuits.
	• This was followed by storytelling session.
	• In the end, we all danced together to old Hindi peppy
	songs.





INTERNATIONAL YOGA DAY - 21st JUNE 2022



PRACTICU

RAKSHABANDHAN AND TASTE BURST COMPETITION [DLLE] – 13TH AUGUST 2022



RAKSHABANDHAN & TASTE BURST COMPETITION, 13TH AUGUST 2022



INDEPENDENCE DAY – 15TH AUGUST 2022



UNDERSTANDING THE SELF SESSION BY MANASHAKTI - 20TH AUGUST 2022





GANESH CHATURTHI CELEBRATION – 27TH AUGUST 2022



TEACHER'S DAY & ONAM CELEBRATION - 10TH SEPTEMBER 2022



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MAHATMA GANDHI JAYANTI – 03RD OCTOBER 2022



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SEMESTER 3 ORIENTATION + CHILDREN'S DAY CELEBRATION – 19TH NOVEMBER 2022



DNYAN GANGA SANSKRITI ANNUAL MAGAZINE 2022-2023

DIWALI CELEBRATION – 15TH OCTOBER 2022

CONSTITUTION DAY-26TH NOVEMBER 2022



CONSTITUTION DAY 26TH NOVEMBER 2022



CHRISTMAS CELEBRATION – 23RD DECEMBER 2022



CHRISTMAS CELEBRATION – 23RD DECEMBER 2022



SEMESTER 1 ORIENTATION & FRESHER'S PARTY - 07TH JANUARY 2023



'JOSH 2023' ANNUAL SPORTS DAY- 21st JANUARY 2023



STUDENT COUNCIL ELECTIONS – 28TH JANUARY 2023



EDUCATIONAL VISIT TO DAFFODILS – 03RD FEBRUARY 2023



MARATHI BHASHA DIWAS CELEBRATION – 25TH FEBRUARY 2023



HOLI CELEBRATION – 06TH MARCH 2023



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TION ON 23RD MARCH 2023 GUDI PADWA CE

GUDI PADWA CELEBRATION – 23RD MARCH 2023



'URJA 2023' ANNUAL DAY - 18TH MARCH 2023

DNYAN GANGA SANSKRITI ANNUAL MAGAZINE 2022-2023

SEM -2 ORIENTATION AND AMBEDKAR JAYANTI CELEBRATION – 15TH APRIL 2023



AMBEDKAR JAYANTI CELEBRATION ON 15th APRIL 2023



EID AL-FITR CELEBRATION - 25TH APRIL 2023





WISDOM: "CHANGE YOUR THOUGHTS AND YOU CHANGE YOUR WORLD."

"The only true wisdom is in knowing you know nothing." — Socrates

You must know that change is the only constant thing in this world. Every day, the world is changing at a considerable speed. It's a different matter that the change is good or bad; but it is changing. So, if you think that you need to change something in your world, you should start it by yourself. And only after that, you will see everything will fall into place. The greatest wisdom is knowing we know very little. When we adopt this perspective, we open our hearts and minds to learn and be inspired. It is often said that the valour of a soldier does not lie in his bravery, strength or scars but in the one gift that most men lack: Wisdom. But what is wisdom? At first glance, wisdom would be defined as the ability to apply knowledge. However, there is much more to wisdom than just brief statement. It is not just a quality one can learn. It is the backbone of all civilizations -perennial and omnipresent. It is a legacy of our ancestors. It begins as a fleeting thought, grows like dreams and persists like a vision. In the river of life, that is full of pebbles of misunderstandings, insecurities, deceit and treachery, wisdom is the current that keeps the river flowing.

Wisdom is a support that stays when even your bones give away. Knowledge teaches you how to be courageous but wisdom teaches you when to be courageous. Wisdom removes doubts as it helps you see reality for what it truly is; not the colour of the mountains, but the lava in its rocks- the fire that set out but then faded away. Wisdom brings calm. It is not the stagnancy of ponds that attract filth but the stagnancy of the dynamic ocean, ever-changing, ever-growing. Wisdom helps you find light when there is none than your eyes can see. Wisdom stays with you as your soul does, through eternity. Wisdom shoulders your being and helps you stay strong in the tent of life.

Wise people generally share an optimism that life's problems can be solved and experience a certain amount of calm in facing difficult decisions. Wisdom is the companion that stays with you when the world is against you. A lone, ignorant person cannot survive on the day of judgement when in wrong, but a wise man can. So, Wisdom is not a metaphor, it is a goal, one that gives you dreams and conscience.

Wisdom is what one shall seek in the battle that he fights everyday with himself and with the world. As a wise man correctly said, "Knowledge is knowing that tomato is a fruit but wisdom is knowing not to put it in a fruit salad".

> Mrs. Susheeja Sudhakaran DGET S.Y. B.Ed. (2022-2023)

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EVERY CHILD MATTERS – INCLUSIVE EDUCATION CHALLENGES AND WAY FORWARD - NEP 2020

Education is the fundamental right of every child irrespective of his/her caste, religion, sex, race, colour, ethnic or social origin, genetic features, language, minority status, disability. Inclusive education is a strategy to make education universalized, irrespective of any disability within the learner and to maintain equity in the society. It emphasizes that children with disabilities should be included in the regular school system to get opportunity to get quality education along with other students without disabilities without any demarcation and differentiation.

Article 21-A of the Constitution guarantees education as a fundamental right and specifies that the state shall provide free and compulsory education for all children in the 6-14 years age group. In 2009 the RTE Act was passed by Parliament which made it mandatory to include children with disability in the mainstream educational system. The Indian Government also ratified UNCRPD-2007 which was implemented as the RPWD Act, 2016 which replaced the Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act (PWD Act), 1995 and enforced that every child with benchmark disability between the age group of 6 and 18 years shall have the right to free education.

Although in present time Inclusive Education is binding and priority for the Government of India, still there is a big gap between the Policy of Inclusive Education and its implementation as there are lots of barriers which hinder effective implementation of Inclusive Education in our country.

Barriers of inclusive education

According to UNESCO "The greatest barriers to inclusion are caused by society not by medical impairments"

In spite of the inclusive education component undertaken on a mission mode by Sarva Shiksha Abhiyan (SSA) and Rashtriya Madhyamik Shiksha Abhiyan (RMSA) and the provision of 3% reservation of children with disabilities, disabled children have not been able to make great strides in education.

The key stakeholders in inclusive education of physically and intellectually challenged students are parents, teachers, schools and administrators, and last but not least the local

community. Adequate academic as well as administrative support is the key for the success of inclusion of children with disabilities in general schools. Enrolment of these children only will not serve the purpose of inclusion, respecting the need of each child and retention of these students is the key to proper implementation of Inclusive Education.

The basic challenges confronted by the stakeholders associated with inclusion are as follows-:

a.) **Parents** – A disabled child's family has a key role to play in making inclusive education a reality. Some parents do not like to bring their children with disabilities to the school. Some do not know how to deal with the behavioural changes, they ignore the fact that only good education can give an all-round development which will help the child to lead a normal life.

Often, parents of students without disabilities do not want / allow their children to mingle with disabled children. They also put pressure on school administration to segregate disabled students from other students, due to social stigma of disability.

b.) Teachers-Teachers are the custodian of good education and play a key role in inclusive education however:

Negative Attitude of Teachers: towards disability, differently abled children due to poor awareness is also one of the major barriers in inclusive education set-up.

Lack of Competencies among teachers: Teachers are the key factors to successfully implement inclusive education. Proper Educational qualifications, inadequate pre- service training and professional development results in lack of competency, proper knowledge which are required from teachers to identify

and handle children with Special Needs. As such there is an acute shortage of trained educators for the special children in the schools.

Methods of Teaching: In most of the institutions, due to lack of proper pedagogical research, only stipulated methods (eg. Use of technology – power point presentations) are used as teaching-learning process for all the students which ignores the diverse needs of special students and makes it difficult for them to take full advantage from teaching learning process.

Accountability: The lack of accountability of teachers poses challenges in inclusive education. Most of the teachers feel that they are not equipped to teach children with disabilities and complain that they need more time to instruct these students in classroom, however what they lack is the necessary attitude, skills and competencies required to deal effectively with CWSN.

c.) School &Administrators- Majority of schools in India lack inclusive culture, are poorly designed and only a few are equipped to meet the unique needs of students with disabilities.

Inadequate/Lack of Inclusive Infrastructure: facilities like inaccessible buildings with no ramps, inaccessible toilets in the schools hinder the realization of dream of inclusive education.

Lack of good transportation facility: Lack of physically accessible and friendly transportation facilities hampers the access to education with dignity and equality for the special child.

Lack of Child Centred and Rigid School Curriculum: Rigidity in curriculum, non - availability of any special curriculum does not allow the special students to go at par in learning with the normal students.

Large class sizes: of average 50-60 students create a big hindrance for the special students to get individualized attention from teachers for taking advantage of mainstream classes.

Peer Rejection: is one of the main barriers of inclusive education. Peers generally try to bully and sometimes reject the special children feeling that these children are not a part of them. This is one of the major cause of children drops out of school.

Lack of participatory activities: Because of Peer rejection or teachers negative, discriminatory attitude children with special need are not allowed to participate in group activities creating a negative environment for inclusion.

Lack of Inclusive Learning Environment: Lack of Proper Teaching Learning aids or Assistive devices which may assist the special students to take full advantage from the classes.

Retention of children with disabilities in schools due to lack of support: Unavailability of support from peer group or from teachers or from parents for the special needs' children make them feel neglected and hence they are unable to retain themselves in main stream institutions.

d.) **Community-** Man is a social animal and all **c**hildren, parents, families, teachers and education officials live in communities.

Lack of Awareness amongst Community Members : Community due to low level of awareness and negative attitude to disability cannot identify and do realistic interventions by providing proper resources to overcome the problems of special child's needs.

Lack of Community Will and Participation: Willingness to participate in the inclusion program between parents, teachers, school as well as community in order to send their wards to main stream institutions is missing in the current social context.

Lack of Political Will towards Implementation of Inclusive Education: As per RTE, Inclusive education is a matter of strong collaboration between the state government, NGO and local communities. However poor local governance, lack of resources, lack of will and negligence for practising inclusive values in reality is one of the major social barriers of inclusive education.

Lack of Funding UNESCO (2009) stated that funding is a major constraint to the practice and implementation of inclusion. Inadequate funding can hinder ongoing professional development that helps keep specialists and classroom teachers updated on the latest practices and also provide the necessary infrastructural resources to support inclusive education.

UNESCO (2010), identifies public attitudes as a barrier to equal education of people in India. At present only 4% to 5% of children with special needs out of 30 million have access to education. With many schools not showing a willingness to cater to the needs of a special child, the whole idea of inclusive education is defeated due to lack of awareness, positive attitude and sensitivity on the part of teachers, classmates, parents and community.

Equitable and Inclusive Education: Learning for All - NEP 2020

Definition of Inclusive Education by UNESCO (1994): Inclusive education involves changes and modification in content, approaches, structures and strategies with a common vision which covers all children of the appropriate age range and a conviction that it is the responsibility of the regular system to educate all children. Education is the single greatest tool for achieving social justice and equality and to achieve an inclusive and equitable society in which every citizen has the opportunity to dream, thrive, and contribute to the nation. In order to make the education system benefit India's children so that no child loses any opportunity to learn and excel because of circumstances of birth or background and due to barriers and challenges which we have elaborated above, the government has formulated the NEP 2020 recognizing the importance of creating enabling mechanisms for providing Children with Special Needs (CWSN) or *Divyang*, the same opportunities of obtaining quality education as any other child.

Ensuring the inclusion and equal participation of children with disabilities in ECCE, Children with disabilities will be enabled to fully participate in the regular schooling process from the Foundational Stage to higher education and implement the Rights of Persons with Disabilities (RPWD) Act 2016 which defines inclusive education as a 'system of education wherein students with and without disabilities learn together and the system of teaching and learning is suitably adapted to meet the learning needs of different types of students with disabilities'.

Following measures are suggested for better implementation of Inclusive Education in India.

- The Right to Education (RTE) must apply to all citizens of India. State and central Governments should implement policy of inclusion in all schools and throughout Indian education system and prepare children for life
- Different categories of children with disabilities have differing needs. Differently abled children should be treated equally as the normal children and instead of looking them in sympathy in particular, assistive devices and appropriate technology-based

tools, as well as adequate and language-appropriate teaching-learning materials (e.g., textbooks in accessible formats such as large print and Braille) will be made available to help children with disabilities to integrate more easily into classrooms and engage with teachers and their peers. Suitable modification to examination system may be required, so as to eliminate pure mathematical and logical assessments.

- To Bring special children into mainstream, transport facilities should be altered and architecturally, there should be ramps and wheelchair access constructed in service areas such as entrances and toilets.
- The preparation of teachers for rural special education programs should be planned differently, as the aim of these would be to integrate disabled persons in their own environment and community.
- As a system, inclusive education should be flexible and reflected in the methods and materials used to give these children the widest possible access to the regular curriculum.
- A school-based support team should develop strategies for the whole school to meet the needs of learners with special educational needs. Inclusion should be the responsibility of everybody. Training for teachers or special educators should be sustained and ongoing. It should most importantly focus on attitudinal change.



- Parents are a very important resource for the teachers and schools and have a right to be involved in all decision-making concerning their child and become partners in the education process.
- Student-oriented components, such as medical and educational assessment, books and stationery, uniforms, transport allowance, reader allowance and stipend for girls, support services, assistive devices, boarding the lodging facility, therapeutic services, teaching learning materials, etc should be provided according to need of the students.
- Families with children without disabilities should develop relationships with families with children with disabilities and be able to make a contribution.
- In-service training programs of two to three weeks' duration for general educators and special educators in all the disabilities and in specific areas of disability should arrange to effectively teach children with disabilities.
- Periodic workshops for evaluation of the training programs and constant updating to meet the challenges of changing trends in special education should be part of the planning of teacher preparation.
- As per the RPWD Act 2016, children with benchmark disabilities shall have the choice of regular or special schooling. In case of Home-based education there shall be an audit for its efficiency and effectiveness using the principle of equity and equality of opportunity.
- Most classrooms have children with specific learning disabilities who need continuous support. Research is clear that the earlier such support begins, the better the chances of progress. Teachers must be helped to identify such learning

disabilities early and plan specifically for their mitigation. The awareness and knowledge of how to teach children with specific disabilities (including learning disabilities) will be an integral part of all teacher education programs, along with gender sensitization and sensitization towards all underrepresented groups in order to reverse their underrepresentation and inculcate a culture of inclusiveness.

Conclusion

The realization of the slogan of the millennium "EDUCATION FOR ALL" is not possible unless educational opportunities are provided to all including the children with special needs. Knowing the massive number of children with special needs and limitations of the formal system, non-formal and informal mode of education must provide their support. NCERT has released the 8th All India School Education Survey (AISES) and results concerning schooling facilities for children with disabilities are shocking to say the least. Out of total 58, 76,273 teachers, only 1.32% (80,942) have received any kind of training in inclusive education. Out of total schools in the country, only 10% have handrails, 4% have adapted labs and 8% have adapted toilets. No wonder, that over the time period from 2002 to 2009, the number of disabled students have decreased - the most drastic decrease of 68.05% is that of orthopedically disabled students. As rightly explained in his article the Seven Pillars of Support for Inclusive Education, Tim Loreman says, "we as educators need to understand the need and challenges for implementation of Inclusive education in our classroom and we need to navigate ourselves taking support from the framework of NEP 2020 for the implementation of Inclusive education in order to fulfil the dream of 'Education for all' Indian citizens.

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- 5) Inclusive Education : Challenges and Prospects in India Dr P Narsaiah
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- 7) Inclusive Education in India : Issues, Challenges and Prospects Mehraj Ud Din Bhat
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Kumar Rudra

DGET S.Y. B.Ed. (2022-2023)

शिक्षक - एक जीवन प्रेरक।

वो अपने ज्ञान की ज्योत से घर घर ज्ञान का ढीप जलाते है; कभी डाट कर तो कभी प्यार से बच्चों की गलती उन्हें बताते है।

शिक्षक यु ही नहीं महान होते है, उन्हें हर बारीकियों का ज्ञान होता है; करते है हम जो गलतियाँ उन गलतियों का समाधान भी होता है।

शिक्षक युँ ही नहीं महान होते हैं, शिक्षक युँ ही नहीं महान होते हैं, वो तो हम शिष्यों के लिए वरदान होते हैं।

शिक्षक की सेवा से ही अर्जुन और युधिष्ठिर का नाम है; शिक्षक की निंढा और अवज्ञा करने से ही ढुर्योधन बढनाम है।

हम सबने भी शिक्षक बनने का सुअवसर पाया है; बहूत बड़ी ज़िम्मेदारी को अपने गले से लगाया है।

आओ आज हम सब मिलकर ये संकल्प करें की अपना फ़र्ज़ निभाएँगे; हमारे शिक्षक को भी हम पे नाज़ हो, ये अवसर उन्हें भीं दिलाएँगे।

> Mrs Avani Katrodia Shah DGET S.Y. B.Ed. (2022-2023)



Sahaja Yoga Meditation

Sahaja Yoga is a method of meditation resulting in evolved spiritual personality through the awakening of Kundalini. This process of Kundalini Awakening, called Self Realization, was discovered by H.H. Shri Mataji Nirmala Devi in 1970 and has since spread all around the world. This inner awakening is called by many names like Self Realization, Second Birth, Enlightenment etc. and it is the goal of all religions and spiritual traditions of the world. The knowledge of Kundalini is ancient, but for a long time it was available only to a few enlightened souls, being kept secret and transferred from guru to disciple, since Self Realization was extremely difficult to achieve.

In these modern times, through Sahaja ("spontaneous") Yoga ("union with one's Self"), this experience has become effortless and available to everyone through Self Realization, for the first time in the history of human spirituality.

Through the practice of Sahaja Yoga, our awareness gains a new dimension where the absolute truth of vibrations can be felt on our central nervous system and our palms. The vibrations are emanated from the palms of the person as a result of the awakening of the Kundalini. As a result of this experience, our spiritual ascent takes place effortlessly ... and physical, mental and emotional balance is achieved as a byproduct of the self-realization and Sahaja Yoga Meditation. We then realize that we are not this body, mind, ego, conditionings, emotions or intellect, but something of an eternal nature which is always residing in our heart in a pure, undisturbed state - the Self or Spirit. The Spirit is the source of true knowledge, peace and joy. Self-Realization is the actualization of the experience of this connection between the Kundalini and the Spirit. Self-Realization is the awakening of the Kundalini through the central channel, piercing through the seven chakras above the sacrum bone (Mooladhara) and emerging at the top of the head on Sahasrara Chakra (fontanel bone area) as gentle cool Vibrations. The word fontanel itself means "little fountain" which shows again the ancient knowledge about this phenomenon of Self-Realization.

In H. H. Shri Mataji Nirmala Devi's own words, "Self-Realization is the first encounter with Reality". "We have the Mother within ourselves, in our hearts, and if she is awakened, She is going to look after us. She is going to give all the protection

that is needed. And there is nothing to be frightened of anything. Kundalini cures you, she improves you, and she bestows all the blissful things upon you. She takes you away from the worries of the grosser level", says H. H. Shri Mataji Nirmala Devi. The manifestation of the Kundalini energy is called vibrations, which is an approximate translation of the Sanskrit term *Chaitanya*.



Reference: www.sahajayoga.org,in

Mrs. Pournima Vinchurkar DGET S.Y. B.Ed. (2022-2023)



"ख़त"

या व्यग्न मनाची व्यथा मी साँगू कशी कुणाला माझी व्यथा कळेल असा मज कुणी मिळेना असतील सगळे लोक पण आहेच सर्व व्यर्थ पण मज समजू शकेल असे या भुमी मिळेना इथे सर्वच व्यक्ती स्वतः हात गुँतली दिसतात मग माझी व्यथा जाणावया वेळ कुणा मिळेल ? माझी व्यथा मला स्वतःलाच वेडविल हे जग मज वैरी परी भासे सर्व नाती गोती देखाव्यापरी वाटे माणसाची जन्मी आलो त्याचा आस्वाढ घ्यावा पण मनातील इच्छा तशीच स्तब्ध राहे जन्मासी एकटासी आलो जाणार एकटासी आहे मज समजून घेतले नाही फक्त विषाढ एवढाची वाटे

> Mrs. Shubhangi Shrirao DGET S.Y. B.Ed. (2022-2023)

Why Me?

If you have to ask Why me? When you're feeling really blue, When the world has turned against you And you don't know what to do, When it pours colossal raindrops And the road's winding mess, And you're feeling more confused Than you ever could express,

When the saddened sun won't shine, When the stars will not align, When you'd rather be Inside your bed, The covers pulled Above your head, When life is something That you dread And you have to ask Why me?...

Then when the world seems right and true, When rain has left a gentle dew, When you feel happy being you, Pease ask yourself, Why me? Then, too.

Ms. Pournima Vinchurkar

DGET S.Y. B.Ed. (2022-2023)

ACTUAL FULL FORMS

- NEWS North East West South
- CHESS Chariot Horse Elephant Soldiers
- COLD Chronic Obstructive Lung Disease
- AIM Ambition In Mind
- DATE Day And Time Evolution
- EAT Energy And Taste
- SMILE Sweet Memories In Life Forever
- BYE Be With You Every time

Ms. Sonali Achrekar DGET S.Y. B.Ed. (2022-2023)

जीवन अपना प्यारा न्यारा

जीवन अपना प्यारा न्यारा। सूरज जैसा सुँढर सुनेहरा

साथियोका आना जाना आते जाते खाना पीना मन की बाते कहना सहना स्नेहलता से दिल को छूना जीवन अपना प्यारा न्यारा सूरज जैसा सुंदर सुनेहरा। ||१||

रात दिन का सोना जागना कुछ ना कुछ तो सीखना लिखना कुछ चीजों का खोना पाना खामखा रोना धोना जीवन अपना प्यारा न्यारा सूरज जैसा सुँढर सुनेहरा। ||२||

खुशी और गम से हसना रोना विनम्रता का पहनो गहना याद रखिए अपनो को मनाना परिवार अपना प्यार से रहना जीवन अपना प्यारा न्यारा । सूरज जैसा सुंदर सुनेहरा ||३||

> Mrs. Anaghalakshmi Kapil Mahajan DGET S.Y. B.Ed. (2022-2023)

Eradication of Untouchability

अस्पृशांचे बाबा देवढूत बनूनी आले जातीभेद करणाऱ्यांना पराभूत केले || 1 ||

दलिताँनाही न्याय मिळावा हीच असे तळमळ हातही द्यावा दिनदुबळ्याँना हेच करी तनमन || 2 ||

केली घटना तयार त्यांनी केले संविधान अस्पूशाना मिळावे पाणी बाबांचे योगढान || 3 ||

व्यायशास्त्र अन अर्थशास्त्राचे होते अभ्यासक अध्यक्ष बनले घटनेचेही संविधानाचे जनक || 4 ||

समानताही ढिली महिलाँना तसेच आरक्षण सँपुस्टात आणले मागासवर्गी्याँचे शोषण || 5 ||

भारतरत हा मिळे बाबाँना मारणोत्तर पुरस्कार असे थोर महात्मा असती भारताचा आधार || 6 ||

> Mrs. Anaghalakshmi Kapil Mahajan DGET S.Y. B.Ed. (2022-2023)

MATH – YOU ARE GREAT!!!!

Why do we need Math? Because it puts us on a narrow path Even though it makes you spell up on wrath To most, Math just creates stress...

> But that's not the case... Its scientists' base Math is in every place Math doesn't have a realistic face

But when it is used It leaves remarkable trace... And I really want to say... MATH YOU ARE GREAT...

> Ms. Sonali Achrekar DGET S.Y. B.Ed. (2022-2023)
LAUGH OUT LOUD

FRIEND 1: What is the difference between a man and a donkey?
FRIEND 2: Brains, of course.

FRIEND 1: No, the answer is donkey, because you can call silly human a Donkey, but you cannot call a silly donkey a human.

FRIEND 1: Who is more intelligent? Man, or Horse?
FRIEND 2: Man
FRIEND 1: No, because thousands of men come to see a horse race but no horse

come to see a men's race.

- POLICEMAN : Why are you driving without switching on lights of your scooter at night?
 - MAN : Because there are street lights everywhere

POLICEMAN : Ok then! I will deflate your tyre.

MAN : Why would you do that?

POLICEMAN : Because there is air everywhere.

Ms. Sonali Achrekar DGET S.Y. B.Ed.(2022-2023)

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ITS UP TO YOU

One song can spark a moment,

One flower can bloom your mind,

One tree can start a forest,

One bird can herald a spring.

One smile can begin a friendship,

One handclasp lifts a sour,

One star can guide a ship,

One word can frame the goal.

One vote can change a nation,

One sunbeam can light a room,

One candle wipes out darkness,

One truth can make life worth.

One step must start each journey, One hope will raise your spirit, One laugh will conquer gloom, One touch can show you care.

One voice can speak with wisdom, One heart can know what's true, One life can make that difference, You see, it's up to YOU.

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Mrs. Leena Sonavane DGET S.Y. B.Ed. (2022-2023)



Flawless Dreams

Many people have a dream. I suppose mine's not unique, It's something that I feel inside, And may not often speak. Some dreams are about life, Some dreams are very light, A dream I dreamt last night. Some dreams are real & some are just imaginary In my dream I stood alone, Watching the sunset going gold to black, Saw the stars, turning dark night into peaceful night. A dream I dreamt last night. Days are passing quickly, Dreams are increasing the hopes, I opened my eyes, I'm staring at the day. Cotton clouds race hastily, Until they're out of the sight. A dream I dreamt last night. Walking head to head, And No ego clashes, Those friends & family members, I dream of those surrounding. A dream I dreamt last night. Walking with pride, Dreaming of happy faces, At times of Good & Bad, I 'm weaving a new dream.

> Ms. Charmi Dinesh Barbhaya DGET FY B.Ed (2022-23) Published in Euphoria (Snail N Shell Creations)

Mystery of Life

We all know we live in a mysterious world, There are too many problems & questions.

As we look up, celestial question arise The vastness of space & what it implies. As we look inward with spiritual eyes, A majestic intelligence that governs our lives.

The beauty of the colour of your eyes With one amazing powerful, sparkled glance I'm blind by your magical charm.

> As greatly said,"Life is a mystery, Comes from future, Runs in present & goes to history, Life is a mystery".

Life is a mystery but having a good essence of joy and sorrow.

Ms. Charmi Dinesh Barbhaya DGET FY B.Ed. (2022-23) Published in Feelings from Heart (SGSH Publications)



स्वप्नील!

प्रत्येकाच्या आयुष्यात एक तो असतो ज्याची जागा आपल्या आयुष्यात कायमची असते जशी एक ती असते हा आता काही मान्य करतात काही नाही काही जपून ठेवतात तर काही जाऊन ढेतात आयुष्याच्या एखाद्या वळणावर विसरून जातात .ज्याच्या त्याच्या इच्छेनुसार. तर माझ्या आयुष्यातील तो स्वप्लिल् अगढीच नावासारखा स्वप्नात् रमणारा अन सत्यात मनसोक्त जगणारा,आता यात गैरसमझ नसावा ,तो म्हणजे माझा प्रियकर नाही तर तो महणजे माझा सगळ्यात जवळचा मित्र ज्याने मला धसढसा रडताना पाहिलँय तर अगढी खिढलुन् हसताना ही पाहिलँय.आम्ही एकत्र एकमेकाँची बरीच सुख ढुझ्ख साजरी केलीत एकमेकाँच्या चुका सुधारल्यात अयुश्याच्या चाँगल्या वाईट वळणावर एकमेकाँना प्रोत्साहन् ढिलय.अगढीच जपलय आम्ही एकमेकाँना बऱ्याच वेळा.

आम्ह्याला एकमेकांचे मित्र होऊन तब्बल आठ वर्ष झालीत.सुरवात म्हणायची तर तो माझ्या मैत्रिणीचा भाऊ एकढा मैत्रिणीकडे तिच्या वाढढिवस साजरा करायला नेलो असता ओळख झाली ओळख म्हणजे तो जर परत कधी ढिसला तर ओळखताही येनार् नाही अस काहीस पण आमची मैत्री ही त्याचीच कृपा कारण तो जितका मनमिळावू तितकी मी कधी नव्हतेच अन नाही .मैत्रीण तर नेली नन्तर ढुसऱ्या ठिकाणी शिकायला पण तिचा हा भाऊ मात्र माझ्याच् वर्गात आला. म्हणजे तो पाहिला ढिवस आजही आठवतो मी ग्रंथालयातून बाहेर येत असताना कोणीतरी मला हात् केला अन तो एक मुलना होतो अन मी म्हंटल्या प्रमाणे मी न ओळखता हा कोन् असा म्हणून ढुर्लक्ष करून निघून नेले.पुढे तोच म्हणाला कधीतरी अन मी तुला आवाज ढिलेला तु ढुर्लक्ष करून नेलिस.अच्छा तर तो तु...

मी त्याला भाई बोलायचे का तर माझ्या लहानपणी आमच्या बाजूला एक ढाढा राहायचा त्याच नाव स्वप्नील त्याला संगळी भाई बोलायची म्हणून हा सुद्धा भाई ! तर काहींना अस वाटायचं मी त्याला भाऊ म्हणून भाई बोलते पण ते तस् कधी नव्हतच्.तर कॉलेज मध्ये नोट्स मागण्यापासून सुरुवात झाली म्हणजे माझी कॉलेज मध्ये ओळख म्हणजे एक खडूस मुलगी जी कधी हसत नाही या उलट स्वप्नील म्हणजे सगळयाँचा लाडका नेहमी हसरा,तर एक हुशार मुलगी म्हणून नोट्स मागायचं तर हिच्याकडे कोण मागनार् तर स्वप्निल् कारण ही फक्त त्याच्याशी तेवढं नीट बोलते मग तिथून झालेली ही मैत्रीची सुरुवात. त्या नन्तर बऱ्याच जणांनी बरीच वेगवेगळी नाव् ठेवून झाली आमच्या नात्याला पन शेवट नाही हे मित्रच असू शकतात कारण इतके विरुद्ध आणी वेगळे एकत्र नाहीच .म्हणहे आमच कधी भाँडण झाल तर ते पूर्ण वर्गाला माहित पडायच अन का ग भाँडते बोल ना त्या पासून तर

नंतर नंतर अरे हे दोघ खोट खोट भाँडतात घरी जाताना बघा बरोबर बोलत बोलत जातील आणी हे बऱ्याचढा खर देखील व्हायच.

कधी कधी भाँडण इतक टोकाच व्हायच की बऱ्रयाचढा वाटायच आता हे कधीच बोलणार नाहीत ज्याने बरीच जन मनातल्या मनात आनंदी देखील झालेलें पाहिलेंय पण असो,तर एकढा अस झाल की याच्या भावाला माझ्या मुळे त्याच्या पहिली वाली तिच्याबढूल समझल् अस त्याच म्हणणं पण तर यावरून त्याने माझ्याशी केलेलें भाँडण ते तु माझ्या गर्लफ्रेंड ला मंद का बोलते आणी अस खुप् काही.तरीही त्याच्या तिच्या कडून तु तुझ्या त्या मैत्रिणी सोबत का बोलतो यावरून झालेलें ब्रेकअप पर्यंत मी होतेच .त्यांनतर् माझ्या बॉयफ्रेंड ने तुला अग तोच आवडतो मी नाही ,इथपर्यंत .आमच्यात अस तिसऱ्या कोणाला जागा कधी नव्हतीच.आणी नाही.

कॉलेग संपल अन मग वाटल आता कायू सगळयांचे रस्ते वेगवेगळे आजही आठवत हा शेवटच्या दिवश्ी देखील माझ्याशी रुसून बसलेलेला अन् मी पण मुद्दाम आवाज न কাব্রুন एकमेकाँचा फोटो ढिलेला पण एक एक नक्कीच ठेवलेला. पण तरीही असत ना की काही नाती ही विधिलिखित असतात अन ती कायमची असतात आमचहि तसाच म्हणजे आज पाच् वर्ष झाले कॉलेज संपून तरीही स्वप्नील ची bestie पूजा क्हणूनच ओळखली जाते .अरे हो ते राहिलँच त्याच झालेलँ ढुसर ब्रेकअप त्यातही ' याला ना जगात त्या पुजाला सोडून कोणीच दिसत नाही ,अगढीच कोणी नाही.'हे ऐकायला भारी वाटायच .पण त्या नंतर पूजा जाऊदे तूच कर् ग लग्न माड्याशी कोणी टिकत नाही मला रुथपर्यंत त्याच ऐकावं लागायच.

आजही आम्ही एकत्र आहोत म्हणजे मला कोणी ये वा फोटो काढू म्हँटल की ये नको क्हणणारी की स्वप्नील च्या एका हाकेवर फोटो काढायला तयार होते आता सगळयाँना अस वाटत की बेस्टी आहे त्याचंच ऐकणार तर अस काही नसत ते आमचं आम्हाला माहित वाईट आहे तो मी फोटो नाही काढले तर घाणेरडे फोटो अपलोड करतो त्यापेक्षा चाँगले काढलेले बरे.आम्हि एकमेकाँचे वाढदिवस नाही साजरे करत पण चॉकोलेट डे आवर्जून साजरा करतो.अन हो माझ्या वाढदिवस हा मला साधारण दिवस वाटतो पण त्याच्या साठी तो दिवस म्हणजे त्याच्या आयुष्यातील सगळ्यात गोङ व्यक्ती त्या दिवशी जन्माला आली म्हणून तो प्रचंड खुश असतो .पागल आहे.मला गोड म्हणने म्हणजे कारल्याला गाजर म्हणण्या सारखँच,कारण गोड की आहे हे अस फक्त त्यालाच वाट्ट शकत.तर एक मुलगा आणी एक मुलगी हे चाँगले मित्र नसू शकतात तर हे आगढिच् खोट आहे,मैत्रीसारखं सुंदर नात जगात नाही,आपल्याला जगात जर कोणी नीट ओळखत असेल

तर तो आपला मित्रच.जगात जे काही नैराश्यात येऊन लोक आत्महत्या करतात ना त्यांना कदाचित असा कोणी मित्र नसावा कारण मित्र जगायला शिकवतो प्रत्येक अडचणीतून बाहेर यायला मदत करतो .मित्र जीव लावायला शिकवतो मग जीव द्यायचा विचार येन अशक्यच.म्हणून एक मित्र असा असावाच,ज्याच्या बोलताना आपण काय बोलतोय याचा

विचार करावा लागणार नाही.आणी असा जर कोणी असेल तर त्याला जपून ठेवा . **पूजा चौधरी**

DGET FY B.Ed. (2022-23)

असंख्य वेढ्ना जेव्हा एकत्र येतात, भावना जेव्हा अनावर होतात,डोळ्यातून वहाणारे पाणी आणी कळत नाही की आपण नक्की का रडतोय, आणी अचानक हसू येत,स्वतःवरच.

की किती खोटे वागतो आपण चेहऱ्यावरील हसू सोबत किती गोष्टी लपवतो आपण, तसहि कोणाला काही फरक नाही पडत आपण हसतोय की रडतोय याने,पण तरीही आपण कणखर आहोत हा अट्टाहास.....किती तो खोटेपणा... त्यावेळी सूचलेल्या काही ओळी अश्या की,

> आश्रुंची चाढर बिछाव्याला, हास्याची शाल मीरवायला. सुंढर ते सगळे ढाखवयला, व्रण ते सगळे लपवायला. जिंकलेल्या सर्व गोष्टी राँगवायला अन, मी हरलो कुठे कुठे ते लपवायला. मी किती समजशील फिरायला पण, तेवढाच एकाकी जगायला...

> > -पूजा चौधरी. DGET FY B.Ed. (2022-23)

बऱ्याचढ़ा काही प्रश्न अर्धवट सोडली जातात अर्धवट उत्तर्शंसोबत प्रश्न असा नाही की उत्तर येत नाहीत भिति अशी की नवीन प्रश्न आता नको वाटतात. नात संपताना काही प्रश्न ही अशीच सोडली जातात झालेले बढल का झाले ? चुकी कोणाची ? माफी कोणाची ?आणि बर्रंच काही..... मग् वाटत की उत्तर मागण्या ऐवजी ती येऊ द्यावीत न मागता कढाचित तेव्हा तरी ती खरी असावीत काहीशी अपेक्षित.

> तर काहीश्या अश्याच नात्यांसाठी....की, स्पर्शाने कळतात काही काही नजरेनी सोडवली जातात पूर्ण होऊनही काही अपूर्ण काही अपूर्णहि पूर्ण होतात.

> > वेळेवर सुटतात काही काही वेळेवर सोडली जातात नाती ही काहीशी अशीच आजकालची..... अपेक्षित....

> > > पूजा चौधरी DGET FY B.Ed. (2022-23)



कविता - गर्जा महाराष्ट्र

मातृभूमी माझी जय महाराष्ट्र माझा तुज मानाने नमितो गर्जा महाराष्ट्र माझा सप्तसूर हे इथे जन्मले, वेद गीतेचे जन्मही इथले संस्कृतीच्या मुळारंभाने मराठमोळी पाऊल सजले पवित्रता भक्तीची, पवित्रता शक्तीची, श्रद्धेने, कष्टाने उमलली शिवशँभूच्या प्रतापाने मराठमाती सुंदर सजली समर्थ वाणीने गर्जला अवघा महाराष्ट्र माझा हर्षाने नमितो तुजला गर्जा महाराष्ट्र माझा या संतभूमीचे सामर्थ्य अफाट, मराठेंच्या मनाचे प्रेम विराट बाहेरूनी पाँचरुनी शाल कणखर, प्रेमळतेचा झरा अँतरी खळाळतो प्रखर सह्याद्वीच्या रांगांतूनी मराठी स्वराज्य निर्मिले, उमलले, प्रफुल्लित झाले ताठ कण्याने, मोठ्या मनाने सर्व धर्मियांना स्वतःत सामावले असंख्य संस्कृतीची माया हा महाराष्ट्र माझा तुज प्रेमाने नमितो गर्जा महाराष्ट्र माझा संतांची ही पुण्यभूमी क्वांतिवीरांच्या त्यागाने घडली सुजलाग्-सुफलाग् म्हणत अवघा महाराष्ट्र बहरली कुलदैवत नि अष्टविनायक ही आपुली भक्ती मराठी मनगट पिळूनी घडली नवी युवाशक्ती जाणता राजा ही म्हणतो आदर्श महाराष्ट्र माझा तुज गर्वाने नमितो गर्जा महाराष्ट्र माझा या भूमीच्या कुशीतनी जन्मली मुक्ता, जना, वेणा आयुष्यात संघर्षावर मात करुनी आदर्श दिला जनाँ ज्ञानोबा - तुकोबाँनी दिले आम्हाँ ज्ञानाचे अमोल भाँडार विद्या, ऐश्वर्या, जिव्हाळ्याने इथले जोडले, घडले सँसार एकजुटीने एक दिलाने म्हणूया जय महाराष्ट्र माझा तुज मानाने नमितो गर्जा महाराष्ट्र माझा

Ms. Rashmee Pandav

DGET FY B.ED. (2022-24)

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नारी के रूप

सभी पर है भारी, ढुनिया की हर एक नारी, करती है हर पल बहुत सारे काम, मगर लेती नही कोई भी ढाम।

> सबसे पहले आता है, जुबान पर माँ का नाम, माँ से प्यारा ना कोई इस ढुनिया में, सबसे ज्याढा बच्चों के रहती है ढिल में।

बहन रहती है अपनी आँखों का तारा, नहीं है ढुनिया में उससे प्यारा ढोस्त हमारा।

पत्नी बनके करती है राज अपने पती के दिल पर, सुख हो या ढुख: हो, देती है साथ पती का हर पल।

बेटी बनके आती है,साथ बहुत सारी खुशियाँ लाती है, शाढी के बाढ़ अपनी, प्यारी प्यारी याढें छोड़ जाती है।

कोई नहीं जानता नारी के मन की बात, नारी सोचती है अपनी परिवार के बारे में, ढिन हो या रात।

नारी बड़े ही प्यार से निभाती है अपने हर एक रूप को, इसी लिए हर एक रूप में प्यारी है सबको।

> शुभदा जयंत यंकुळे DGET FY B.Ed. (2022-23)



A Guide to Studying Smarter (Let's be more organized this time!)

Let's be honest: how many of us felt lost and overwhelmed this semester just looking at the sheer number of things we had to do?

B.Ed. course is definitely a challenging one, especially for those who also have to balance their personal and professional lives alongside studying, but it doesn't have to be a heavy and burdensome chore that we all carry on our backs like downtrodden mules!

Let us look at some tips that would help you organize yourself more effectively, and thus ultimately reduce the stress of having to look for answers at the last moment:

1. Talk to your classmates regularly.

Remember, we are all going to be together in this course for a while, and would want help from each other time and again. Having an open line of communication with classmates will help you stay updated on what is happening in the course, and who knows, you may even gain some lifelong friends too this way!

2. Keep a track of all assigned work as well as what is going on in the class. A major tip for not feeling stressed out as the deadlines come closer is to be on top of the assigned work right from the start. Always keep a separate written record of the topics, questions and any instructions that are given. Even when you feel confident at the time that you will remember them, it is always good to have written instructions that you can refer to at any time. Keep track of any information shared on the WhatsApp group, both official and unofficial. You can start the important messages, and download and save all relevant circulars that are shared.

3. Try to attend the maximum number of lectures.

To add to the above point, the best way of keeping track of what is going on in the course is to attend the lectures. While attending them in person is generally ideal, even attending the classes through online mode is very useful for getting to know important information and we can also get any doubts cleared then and there.

Also, our teachers are experts in the subjects they are teaching, so even just attending the lectures regularly could be a major help in understanding the topics being taught, thus reducing the time you may have to otherwise spend in reading and trying to grasp

the concepts on your own. Being attentive and keeping running notes of the lectures would also help with the final exam studies.

4. Be patient, and listen to what is being communicated.

It is very tempting to just ask whatever questions are in your mind and want immediate answers, since many of us are working professionals and/or have so many things to do! However, please keep in mind that to those who you are asking the questions, may also be busy, or may not even know the answers themselves. Additionally, before asking something, it is generally a good idea to check and see if your question has already been answered, since most of the given instructions tend to clear and concise enough that you would know the details after reading them properly.

5. Keep taking your notes right from the beginning. You may want to ideally have the notes of the topic written down properly within a few days of each topic being covered in the class. This will help reinforce the concepts in your mind, and also help you to prepare the notes while the topic is still fresh in your mind. Also, having organized and ready notes likely reduce the mental stress greatly, that happens when we try to do last minute revision before the exam.

6. Finally, the process of studying, rather than being a burden, could actually be a unique and wonderful learning experience. In the process of trying to memorize all these different ideas and concepts, we shouldn't forget that what we learn today will help us be better teachers for our future students. Let us all enjoy this time of learning without worrying too much about the scores; as Rancho has very rightly pointed out in the movie Three Idiots:

"Kaamyaab hone ke liye nahin, Kaabil hone ke liye padho!"

Ms. Nikita Sutrave DGET FY B.Ed. (2022-23)





Ms. Vanshika Joil DGET FY B.Ed. (2022-23)



Life Unfiltered

In one of the episodes of the popular Netflix series Mismatched, I recall a scene where Zeenat, a woman aged 40, studying an app development course is talking to her professor (aged 36). She has pitched an idea about a dictionary app which can give you expansions of the newest abbreviations in tech language, say for instance LOL, TTYL etc. It goes like this:

Professor: Why don't you add the feature of converting stickers and emojis into the words they are trying to convey?

Zeenat: Nahi sir, stickers or emojis woh use kar rahe hein, kyun ki shabdon se baat karna unko itna mushkil hai. Then why again translate them into words?

One of the leading characters in the same series is Dimple, who finds coding language much simpler and less complicated than human interactions.

As teachers and to-be-teachers, reading the above two instances, do you see yourself asking the same question that I do right now? 'Does communication need to be redefined as years pass by?

'Change is the only constant' is a very popular saying. Human interaction has evolved a lot the last ten or twenty odd years. The primary job of teachers involves communicating- be it any form. But teachers who were born before 90's would feel the stark difference in students' mingling, from what it was some years ago. It is a big task at hand to rekindle empathetic and meaningful conversations.

Reel versus real life is a much-discussed topic, yet it never loses significance. We see numerous incidents of children as young as seven or eight get addicted to the newest social media and fall into its deadly trap. They can see themselves only through filters. They love the polished, airbrushed, picture-perfect image of their selves. Parents of these Gen Z kids are trying to catch up to the rapid evolution, but not all parents win the race. Some parents are not even in the race yet, and many others are not aware of such a race at all. All this can be pinned down to the huge concern of children's emotional quotient. Life needs to be tasted raw and unfiltered.

Due to lack of empathy, emotion, and true feelings, a large percentage of the youngsters find it hard to be honest to themselves, and others about what they are going through. Behind fake smileys and laughing GIFs and stickers, could be a person who is fighting severe psychological issues. They conveniently put up a screen in front

of them and show out only the best versions of their selves. What they need to know is that, nobody is the best! Everyone is flawed. People have bad days, weeks, months etc. One must learn to own it, and own themselves- the truest version of themselves. Our duty as teachers is to make sure we educate children to grow up into good human beings. Technology can teach you facts and give you any and every information at your fingertips. However, they cannot tell you how to be a 'human.' We are seeing right in front of us, how we are getting one step closer to becoming machines with each passing day. It makes life so effortless. But feelings take effort. Honesty takes effort. Love takes effort. We as teachers, shall try to take that effort and handhold our students to do it too.

Ms. Jansi Jacob YCMOU DSM (2022-23)

Balance it, is the catch

You will have clouds in the sun, Also pricks and burns But do exchange, sorrows for fun. Balance it, is the catch.

Days are sure to follow night, Happiness is sure to bring fright Let it(delight) lose don't hold it tight Balance it, is the catch.

Everything is carefully plotted in stealth Lord creates life to be followed by death but continues infusing breath after breath Balance it, is the catch One following it, has no match.

> Mrs. Preetika Nitin Das YCMOU DSM (2022-23)

शिल्पकार मी......

प्रत्येकाच्या आयुष्यात आपल्या बालवयात आपण चालताना पडतो, अनेकढा धडपडतो तेव्हा जे बोट धरून व हात पकडून आपल्याला चालायला शिकवतात, बोलायला शिकवतात तेच आपले पहिले 'गुरु' म्हणजे आपले जल्मढाते 'आई आणि बाबा ' हे तर सर्वानाच माहित आहे. सध्यस्थितीत असे अधिकतर असे निढर्शनास येते कि,आजचे पालक इतके अतिउत्साही आहेत की ते मुलाँना खाली पडायच्या आधीच उचलतात आणि काही शिकवायच्या आधीच स्वतःच स्पर्धेत उतरवतात. पण काही गोष्टी शिकण्यासाठी वेळेच्या मर्याढा असतात याचे पालकाँनी भान ठेवणे गरजेचे आहे . मुलँ बिचारी गोंधळून जातात .त्याँना आपल्याला काय येतैय आणि काय येत नाही यातला फरकही काळात नाही. यावेळी त्याला खरी गरज असते ती 'शिक्षकाची' जो त्याँच्या बालमनाचा विचार करून त्याच्या क्षमतेचा अभ्यास करून त्याला योग्य मार्गढर्शन करतो.

विध्यार्थी जेव्हा कुटूँबातील वातावरणातून शालेय वातावरणात प्रवेश करतो तेव्हा तो हळूहळू शालेय वातावरणात मिसळून जातो. तो कुठे चुकतो, त्याला चाँगले काय जमते, तो प्रयत्न केल्यावर काय करू शकतो तसेच इतर अनेक गोर्ष्टींबद्दल त्याला त्याच्याबद्दल शिक्षकाकडूनच कळते. ह्या विद्यार्थ्यांचा विश्वास इतका टठ होतो की,ते शिक्षकाँवर डोळे झाकून विश्वास ठेऊ लागतात. माझ्या Teacher बोललेत तेच बरोबर आहे म्हणून पालकाँबरोबर वाढ घालतात पण खरोखरच या विश्वासास आपण ' शिक्षक ' पात्र आहोत का ? हा प्रश्न आपल्याला भेडसावत नाही का ?

'गुरू' ह्या शब्दातच गहण अर्थ दङलेला आहे. त्यावर संपूर्ण विश्वाची श्रद्धा, विश्वास,निष्ठा व आदरभाव हढ स्वरूपाचा आहे . मग मी या पिढीचा दिशादर्शक म्हणून काही कार्य करतो का ? एका आदर्श शिक्षकाची गुणवैशिष्ट्ये माझ्यात आहे का? मी कुठे कमी तर नाही ना पडत ? अश्या स्वरूपाच्या अनेक प्रश्नांचे आपण आत्मचिंतन करतो की, फक्त नोकरी आहे म्हणून काम करतो......

डॉ. बाबासाहेब आंबेडकर शिक्षणासंबंधित बोलताना म्हणाले होते की, " शिक्षक हा विध्यार्थीनिष्ठ असावा विधार्थी ज्ञाननिष्ठ असावा ज्ञान समाजनिष्ठ असावे आणि समाज समतानिष्ठ असावा." त्यांच्या म्हणण्याचा अर्थ असा की, शिक्षक जर विध्यार्थीनिष्ठ असेल तर कळ्यांचे फुलात रूपांतर करू शकतो. पाठ्यपुस्तकांबरोबरच बाहेरील जगाचे पुस्तकही शिकवतो. चांगला विधार्थीनिष्ठ शिक्षक हा आपल्या सहवासातून, मार्गढर्शनातून, संवाढातून, विषयज्ञानातुन, आचरणातुन, चारित्र्यातुन मनाची श्रीमंती असेल तर कर्तब्राार

विध्यार्थी घडवू शकतो. अशा घडलेल्या अनेक विद्वानांचा समाज घडला तर नवं-नवीन विचारांचे वारे समाजात निरंतर वाहत राहतील आणि समाजातील असमानता समुळ नष्ट होण्यास मढत हो.ईल. पर्यायाने संपूर्ण समाजाचा विकास होईल.

काळाची गरज ओळखून प्रत्येक शिक्षकाने निरंतर विधार्थी बनून सद्दैव अद्यावत ज्ञान ग्रहण केले तरच विध्यार्थ्यांच्या शंकांचे निरसन करू शकतो. विध्यार्थ्यांच्या क्षमता व कैशल्य ओळखुन त्यांना योग्य मार्गदर्शन देऊन विध्यार्थी व पालक त्यांच्या धेय्यापर्यंत पोहचण्यास मदत करू शकतो.शिक्षणाच्या नवीन धोरणानुसार विध्यार्थ्यांना प्रत्यक्ष अनुभुतीतून आणि जीवन कैशल्ये याचा उपयोग अध्यापनात केला तर त्यांचा आत्मविश्वास वृद्धिंगत होऊन प्रत्यक्ष जीवनात आलेल्या समस्यांना धीराने सामोरे जाऊ शकतो. विध्यार्थ्यांच्या मानसशास्ताचा अभ्यास करून त्यांचे निरीक्षण करून त्यांच्यातील सकारात्मक हष्टीकोन वाढवुन 'जीवनात हरलात तरी पुन्हा नेटाने प्रयत्न करा एक ना एक दिवस यश नक्की मिळेल' असा आशावाद त्यांच्या मनात खोलवर रुजवा.तरच जे विद्यार्धी आत्महत्या करताहेत त्यांना थांबवता येईल.

संपूर्ण समाजातील प्रत्येक लहान-मोठ्या स्तरातील विध्यार्थी आपल्याकडे ज्ञान संपादन करण्यासाठी येतात तेव्हा या समाजाला दिशादर्शक म्हणून एक महत्वपूर्ण भूमिका आपण शिक्षकवर्ग बजावत असतो हे आपण कधीही विसरून चालणार नाही. या स्पर्धेच्या युगात विध्यार्थी स्वः ताची अशी वेगळी ओळख समाजात तयार करतील अशा पद्धतीने त्यांना आपण घडविनाच सतत प्रयत्न केला तरच आपण त्यांच्या जीवनाचे खरे **'शिल्पकार'** बनु शकतो.

> सौ. छाया शशिकाँत शिंदे YCMOU DSM (2022 - 2023)



खाँब नाही मी जाहिरातींचा

घरातून बाहेर पडून थोड़ा मोकळा श्वास घ्यावा म्हणून जावे तर बिल्डिंगच्या गेटपासूनच नजरेस पडतात त्या जाहिराती. अनेक प्रकारचे बॅनर आणि पोस्टर त्यावर ... सेल सेल सेलत्वरा करायापेक्षा वेगळे काही नाही.जिथे जागा मिळेल तिथे जाहिराती लटकावतात.हि लोक मग रस्त्यालगतच्या झाडाँनाही सोडत नाहीत.त्याँच्या खोडावर अनेक प्रकारच्या जाहिरातींचे पोस्टर ,पाम्पलेट लटकावतात किंवा चिकटवतात.मी रोज शाळेत जाताना या रस्त्यावरसाच्या झाडाँना पाहते त्याँच्यावर नेहमीच नव-नवीन जाहिरातींचे पोस्टर लावलेले असतात.पालिकेने हि रस्त्यालगत झाडे लावण्यामाने हा उद्देश होता का ? जेव्हा हे जाहिरातदार येऊन त्याच्या खोडावर असँख्य खिळे ढोकतात तेव्हा त्याँना याची जाणीव होत नाही की, तोही एक सजीव आहे हा विचार माझ्या मनात नेहमीच येत असतो.

वर्षानुवर्षे हे वृक्ष एकाच ठिकाणी उभे राहून आपल्याला शीतल छाया ,फळे ,फुले ,स्वच्छ हवा सदैव देत असतात तेही मानावाकडून कोणतीही अपेक्षा न करता.काही झाडे हि आपण आवडीने घराच्या दारात, बागेत तसेच शेताच्या बाँधावर लावतो तेव्हा त्याँची आपण काळजीपूर्वक निगा राखतो पण या रस्त्यावरच्या झाडाँचा काय दोष त्याँना तर पालिकेने प्रदूषण नियंत्रण, सुशोभीकरण आणि स्वच्छ हवा याच उद्देशाने लावले होते.त्यातून सुशोभिकारणाच्या झाडाँना कधीकधी तरी पाणी दिले जाते पण रस्त्यावरच्या मोठ्या वृक्षांकडे कोणाचेही लक्ष नसते. जेव्हा कधी सृष्टीची कृपाहष्टी होते तेव्हा आकाशात ढग दाठून येतात आणि तेव्हा कुठे ते न्हाऊन निघतात. त्याँच्या भेटीला येतात ते फक्त हातात पोस्टर, खिळे, हातोडे, चिकणपट्ट्या व बाँधण्यासाठी वायरी घेऊन येणारे लोक ज्याँचा उद्देश फक्त जाहिरात झाडाला लटकावणे हाच असतो.त्याँच्या हष्टीने हा फक्त जाहिरातीचा खाँब आहे.

वर्षानुवर्षे रक्त्यावरच्या वाहनांनी सोडलेला धुराने त्यांचा हि जीव गुढ्मरत नसेल का? निरंतर खिळ्यांनी त्यावर केलेल्या जखमा कधी भरून निघणार ? लोकांना या वृक्षाच्या वेढनांची जाणीव होत नाही का? असे अनेक प्रश्न लोकांना सडेतोड विचारून मग या वृक्षाची विचारपूस करावी असे नेहमीच माइया अंतरमनात नेहमीच वाटत असते.या वृक्षांनाही वाटत असेल की, माइया शीतल सावलीत येऊन लोकांनी विसावावं. लोकांनी फळा-फुलांचा आस्वाढ घ्यावा आणि माझं कौतुक करावं आकाशात विहार करून थकल्यावर पक्ष्यानी माइया फांद्यांवर बसून किलबिलाट करावा तसेच पावसाच्या आधी त्यांनी घरटे बांधव . गुरंवासरानी पावसातून आसऱ्यास यावं. मुलांनी माइया फ्रांढीला

पाळणा बाँधून उँच झोक्याँचा आनंद घ्यावा, खोडाभोवती लपँडाव खेळावा. चैत्रपालवी असो पानझड हि ऋतूनुसार व्हावी.

अशा एक ना अनेक गोष्टी या झाडाँच्या मनाला आनंद देऊन जाणाऱ्या आहेत आणि त्यांचा तोही आनंद इतरांना सुख देणारा आहे. इतरांच्या सुखात आपले सुख शोधणारा या विश्वात वृक्षांसारखा इतर कोणताही सजीव नाही हे आपण मानवजातीने विसरता काम नये. "फक्त झांडे लावा झांडे जगावँ "," वृक्ष संवर्धन भूमी संवर्धन " अशा घोषणा करून चालणार नाही जे वृक्ष वर्षानुवर्षे या भूमीवर आहेत त्यांचीही जोपासना होणे हीदेखील तितकेच गरजेचे आहे. म्हणूनच या जाहिरातदाताना मला सांगावेसे वाटते की,

" वृक्ष हे जाहिरातींचा खाँब नाहीत..... तर तेही सजीव आहेत. "

सौ. छाया शशिकांत शिंदे

YCMOU DSM (2022 - 2023)

ONLINE EDUCATION DURING COVID-19 PANDEMIC

"The whole purpose of education is to turn mirrors into windows." - Sydney J Harris

Thanks to Covid-19, today 'Windows' has mirrored the global education scenario! Until now it was opined that education should have no barriers of caste, creed, religion or gender Covid-19 and the ensuing lockdown has helped tide across all geographical barriers too, with the help of Online education. Technology has come to our rescue in all aspects of our life, be it e-commerce, business, industries, work from home, medical facilities, and so on. Education sector has also received a great impetus due to the internet services.

Online education has kept the ball rolling. Globally all students have been able to pursue their education without any breaks or gaps. The traditional approach to the teaching learning process has been replaced by the online mode. This mode of education offers innumerable advantages with respect to the learner. It has highlighted the importance of learners' abilities; skill sets and interest areas. Courses are now designed to suit the learners' individual needs. Self-paced learning modules have made

it possible for anyone to pursue courses of their choice. E-learning has brought education within the four walls of our homes. No more running around to universities/institutions. The time saved on travelling can be invested on developing new skills or gaining better insight.

Online learning has revamped the entire teaching learning process making it more activity oriented in an attempt to engage all the learners within the classroom. The onus is now on converting the passive learners into more active ones by engaging them and encouraging them to be more responsive. Educators resort to various means like videos, PowerPoint presentations, conference calls, chat groups, screen sharing, etc to interact with their students and make online learning more effective. The availability of varied online resources and their inclusion in delivery of curriculum improves the efficacy of the educators as well. The clever integration of games has demonstrated higher levels of engagement and motivation, especially among the school students. Children are no longer burdened with the problem of heavy oversized school bags!

However, there are some stumbling blocks. The picture is not all so rosy as it appears. The main barrier is in the form of technical difficulties and non-availability of devices and the internet. This can widen the disparity in education between the haves and have-nots. The health hazards associated with long hours of screen time are a major issue that cannot be overlooked. The online modules if not carefully planned and tailormade can have adverse effects especially on the young learners. Moreover, young students require constant adult supervision to keep them focussed and on the right track, which could be cumbersome. Also, the availability of a conducive learning environment may not be always possible for all learners within the confines of their homes. Also, the children will find themselves isolated and miss out on the aspect of social interaction and the development of their emotional quotient. Another glaring issue is that of the current assessment and evaluation practices, which needs a complete overhaul

Nevertheless, Covid or no Covid, online education is here to stay, for technology has left an indelible impact on the education sector. The future of education lies in the hands of technologists, educationists and people of long foresight. Life is not only about academics; hence the focus should be on the development of life skills - problem

solving, resilience, critical thinking, creativity, tolerance and positive outlook, are some of the soft skills that education needs to drive in.

> Mrs. Latha Murali YCMOU DSM (2022-23)

THE PANCHMAHABHUTA

The early shimmering rays, arose me to yet another day of awakening My feet sensed the ground, and I wished I were the Mother Earth Supporting all of life forms silently, upon her breast The splash of water cool, sent a shiver down my spine My thoughts swirled, and I wished I were the Flowing Water Unbaffled by the hurdles, selfless n pure, gargling away in joy. Push-ups n crunches, treadmills n skipping, abs and cardio My lungs battled for breath, and I wished I were the Air Invisible, yet all-pervading and invincible. Mom's call for my Hot chocolate, broke my cold reverie Igniting the Fire in me, and I wished I were the Fire, Wild when untended, yet coy and beautiful when tamed with love. Mug in hand and the news rolled under my arm, As I sank into my favourite corner, in solitude, I thought I'd found my Space, my very own, with no encroachment And then dawn it did upon me, I am the Wind (Air), whose dreams soar higher and higher I am the Fire whose zeal for excellence never dies I am the Water who quenches the thirst for knowledge I am the Earth who can sense everything around me I am the Space whose soul knows no boundaries and lives for eternity

I AM A HUMAN - THE PANCHMAHABHUTA!!

Mrs. Latha Murali YCMOU DSM (2022-23)

