

# **EDITORIAL BOARD**

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#### **EDITOR**

ASST.PROF. SAVITA UPASANI

#### **STUDENT EDITORS**

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MR. BHUPENDRA SHIRKE

MR. UMESH PAWAR

#### FRONT AND BACK COVER PAGE

ASST.PROF. KETAN KAMBLE MR.BHUPENDRA SHIRKE

# **MESSAGES FROM**

## FOUNDER CHAIRMAN'S MESSAGE



My heart brims with great joy and happiness on seeing that Dnyan Ganga Education Trust's, College of Education (B.Ed.), Thane has released its very first college magazine Dnyan Ganga Sanskriti 2017-20. In the true spirit of the team it really offers a great inspiration to students and faculties who have great urge to express their views. It is a platform for the student to explore their inner talent. The magazine is not only informative but also has great educational values. It contains rich literary articles accompanied with executive summary reports on various college activities along with well design cover page, which add a lot to its great quality.

I extend my heartiest congratulations to the Principal, Dr. (MRS.) Anjana Rawat (Chairperson and Editor-in-Chief of magazine committee), Asst.Prof. Ketan Kamble (Managing Editor), Asst. Prof. Savita Upasani (Editor), Faculty and student member of editorial board on their outstanding achievement.

With Best wishes....

**PROF : B.D.PATIL** 

#### FOUNDER CHAIRMAN OF DGET

M.A. Geography, M.A. Economics, B.Ed., M. Phil

### DIRECTOR'S MESSAGE



The first college magazine of Dnyan Ganga Education Trust's, College of Education (B.Ed.), Thane is an eloquent expression of the progress and outstanding achievements that a college has to its credit in last three years i.e. 2017-20. Magazine highlights quality of education and extracurricular activities that a college undertakes to develop all round personality of student-teachers. I am very sure that student-teacher of B.Ed. college will be benefited to a large extent by the contents of the magazine. The readers would be greatly benefited as the content are going to unfold myriad literary articles and poems.

I heartily congratulate B.Ed. college Principal and Editorial board who have taken pains to bring out this magazine and adding one more feather on the cap of DGET College of Education.

MRS. ANITA PATIL MORE DIRECTOR OF DGET M.Sc. (Physics), M.Ed., PGDME, DSM, ICT, LLB

## **MANAGEMENT TRUSTEES MESSAGE**



A deep sense of appreciation, gratitude and joy comes through my heart as I greet through this first ever college magazine. Publishing a magazine today is certainly tedious and herculean task. In recent years students are more concerned about their academic excellence, they have to be coaxed, persuaded and encouraged to exhibit their writing talents.

The Editorial Board has their responsibilities neatly and systematically, besides of course, editing the entire magazine considering last three years.

I congratulate the members of editorial board for their tired less efforts and also to our budding talent who have generously contributed to this magazine.

With good wishes...

#### MRS. RANJANA B. PATIL

#### MANAGEMENT TRUSTEE OF DGET

#### CHAIRPERSON AND EDITOR-IN-CHIEF'S MESSAGE



I am very happy that our college publishing first issue of Dnyan Ganga Sanskriti 2017-20. This magazine is of the student, by the student and for the student. It aims at providing a platform to students to explore their latent capabilities and talents to express their creativity and develop their writing skills.

As you scan through the pages of magazine, it will enlighten you with the important milestones the college has achieved in last three years. I heartily congratulate Asst. Prof. Ketan Kamble, Managing Editor, Asst. Prof. Savita Upasani, Editor and Student Editors Mr. Bhupendra Shirke and Umesh Pawar and also members of Editorial Board who have worked to bring out this magazine and adding glory to DGET College of Education.

Wishing DGET College of Education first magazine an ever lasting success.

DR. (MRS.) ANJANA RAWAT, I/c PRINCIPAL -DGET, B.Ed. COLLEGE Ph.D., M.Sc. Environmental Science, M.Ed., PGDME, DSM

#### MANAGING EDITOR'S MESSAGE



It is matter of great pride and privilege for me being part of college triennial magazine "Dnyan Ganga Sanskriti 2017-20". DGET College of Education, Thane always tries to provide a platform for every student to develop their teaching learning skills. The main thrust of the college is to develop intellectually, physically and emotionally, adapt to the dynamic global environment and motivate them to continue lifelong learning. The college strives to achieve afore mentioned mission by imparting permeable academic environment along with emersion in co-curricular and extra curricular activities accompanied by strong social and ethical values.

One of such activities is to unleash literary latent skills of students by providing them our own college platform through published magazine. Through this magazine students and faculty have tried to express their viewpoints, imaginations and shared informative contents.

Editorial Board have reported achievements and activities of college in summarized form which will help reader to have quick glance of all endeavors in last triennial.

I expressed my heartfelt thanks to DGET Trust and Principal Dr. (Mrs.) Anjana Rawat for guiding me and my team at every developmental stage of magazine and entrust me to work on this creative piece which shall be reference document of 2017-20 in years to come. I cannot afford forgetting to express my deepest thanks form core of my heart to Asst.Prof. Savita Upasani and Asst.Prof. Pratibha Kambli for helping me in collecting records for college report. I thanks a ton to my Student Editors Mr. Bhupendra Shirke and Umesh Pawar and Editorial Board's faculty and student members for their perspiration, cooperation, support and putting their best in bringing out the first issue of our college magazine.

#### ASST.PROF.KETAN KAMBLE

M.Sc. Biotechnology, M.Ed., NET- Education, M.Phil. Education.

## **EDITOR'S MESSAGE**



I am happy to announce that the Dnyan Ganga Education Trust's College of Education, (B.Ed.) is bringing out it's first issue of college magazine "Dnyan Ganga Sanskriti"

The college magazine plays an important role in highlighting the achievements of the college. It provides an ample opportunities to the students to exhibit their literary talents through the columns of such magazine.

I wish the venture good luck and congratulations to all those who have contributed their ideas, thoughts and themes for this magazine.

I wish the year 2017 to 2020 to redeem the expectations and aspirations of everyone around us .

With gratitude,

ASST.PROF.MRS. SAVITA UPASANI M.A. English, M.Ed., SET - Education.

### **STUDENT EDITORS' MESSAGE**



Mr. Umesh Pawar



Mr. Bhupendra Shirke

The College, after twelve years of inarticulate existence, at last possesses a Magazine. That we should have waited so long for what is found in practically every institution of the same standing as our is, it is truly a matter of surprise. A college Magazine serves more than one purpose. By giving continuous records of happenings and event, it makes our college life in itself continuous.

Not all of us are sure as to what purpose a college magazine actually servers : it does not belong to the genre of glossy-covered, coloured publication that one finds on the stalls or in the doctor's waiting room, nor it can be classified as a material for scholastic reference, nor is it somewhere in-between.

First and foremost, it is a forum for students, for young adults who want praise, to be creative or critical about anything they like. Through the college magazine one can also evaluate academic standards, not just performance in the examinations but also academic interest, if any. It also indirectly captures the spirit of the times, be it through insights on public and private issues or through changes in the language.

Given the opportunities and wide scope a magazine like "DNYAN GANGA SANSKRITT" offers, people ought to be clamoring to get their works selected and published .We talk now-a-days of lack of freedom of expression, of limited room for questioning and debates, yet it is more than ironical that in an institution like ours, freedom of expression is occasionally likely to be understood as scribbling words, writing detailed, messages and many.

Apart from these passionate expressions of grief or sorrow; of course a consolation in the fact that some of the contributions to this year's issue are indeed well thought-out and original in content.

The year gone by has been a memorable one and we may have good reasons for feeling a sense of satisfaction. But there is no place for uncritical satisfaction with one self. Every year brings with it fresh challenges, but beyond that there are new territories to be explored. In today's competitive world, the mantra has changed. We have to strive beyond our reach.

With these words we introduce our readers to the first number of "DNYAN GANGA SANSKRITI"

MR. UMESH R. PAWAR MR. BHUPENDRA SHIRKE

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### ABOUT DNYAN GANGA EDUCATION TRUST



Dnyan Ganga Education Trust (DGET) was established in the year 1987 with an aim to disseminate quality, productive, skill and value education from KG to PG. First fruit of trust is Dnyan Ganga Education Trust's School and Junior College established in the year 1989 and 1996 respectively in Kandivali, Mumbai. Gradually trust expanded its roots in Thane in the form of Dnyan Ganga Education Trust Campus, Thane. DGET campus in Thane started with D G International School in 2004. Trusts advanced by establishing Dnyan Ganga Junior and Degree College in year 2004 and 2007 respectively. DGET didn't rest here rather progressed to bear a new fruit named Dnyan Ganga Education Trust's, College of Education (B.Ed.) in year 2008.

DGET is determined to run the institutions which are professional with modern advancements in academics and technology to render students as global citizens with Indian values. DGET emphasizes on knowledge and wisdom augmented with social, ethical and moral values, in all to liberate society from evil forces and establish firm footings of SOVEREIGN, SOCIALIST, SECULAR, DEMOCRATIC and REPUBLIC of India with justice, liberty, equality and fraternity.

## DNYAN GANGA EDUCATION TRUST'S, COLLEGE OF EDUCATION (B.ED.)



Dnyan Ganga Education Trust's, College of Education (B.Ed.) was established in year 2008 under Dnyan Ganga Education Trust. DGET College of Education is affiliated to University of Mumbai, approved by National Council of Teacher Education and recognized by Government of Maharashtra. At present college runs B.Ed. Course (English medium, Co-Education) with 2 basic units and intake capacity of 100 Students.

College has competent, experienced qualified faculty. Infrastructure wise college has well ventilated and spacious classrooms, Auditorium for academic and cultural activities, well- furnished library, curriculum-cum-pedagogy lab, Art & craft room, Computer Lab, separate Boys and Girls Common room, Cafeteria, Gymkhana, Yoga room and Playground. College is located near lush green, serene and hilly terrain which creates conducive environment for learning.

Every time college tries its best to create teachers who shall fulfill demands of 21st century society both at local and global level.

## <u>VISION</u>

- To be a national leader in transforming lives through an innovative, rigorous and compassionate approach to education.
- To be known nationally as an institution that ' makes a difference
- To strive continuously to innovate finding new and more effective ways to educate and serve students.

### MISSION

- DGET College inspires, prepares and empowers student to succeed in changing world.
- To inspire students to learn and to develop intellectually, physically and emotionally i.e. holistically.
- To inspire students to continue learning throughout life.
- To prepare and empower students to be successful by helping them to develop their knowledge, skills and abilities needed to adapt and thrive in our increasingly diverse and ever changing global world.

### **OBJECTIVE**

• Spread of education, relief to poor, medical relief and welfare of the society.

# **ACADEMIC COURSES**

COURSE	AFFILIATED UNIVERSITY	INTAKE Capacity
Bachelor of Education (B.Ed.)	University of Mumbai	100
Diploma in School Management (DSM) P10	Yashwantrao Chavan Maharashtra Open University, Nashik	120
Master of Arts in Education M.A. Education M62	Yashwantrao Chavan Maharashtra Open University, Nashik	50

# FACULTY & STAFF LIST

## Year 2017-18

Sr.No.	Teaching staff	Designation	Qualification
1.	Mrs. Anjana Rawat	I/C Principal	M.Sc., M.Ed., Submitted Ph.D. Thesis
2.	Mrs. Debaleena Roy	Asst. Prof.	M.A. Economics, M.Ed. NET
3.	Ms. Vrishali Kamble	Asst. Prof.	M.Com., M.Ed.
4.	Mrs. Dhanashri Repal	Asst. Prof.	M.A. Hindi, M.Ed., DSM
5.	Mrs. Savita Upasani	Asst.Prof.	M.A. English, M.Ed., SET
6.	Mr. Ketan Kamble	Asst. Prof.	M.Sc., M.Ed., NET, M.Phil
7.	Mr. Nilesh Gharat	Director of Physical education	M.P.Ed., NET, SET
8.	Mr. Vikas Srivastav	Performing Art Teacher	Sangeet Visharad
9.	Mrs. Akshata Joshi	Visual Art Teacher	Master of Fine arts
10.	Mrs. Ekta Thakkar	Librarian	M. Lib.Sci., SET, M.A. History

Sr.No.	Non-teaching staff	Designation	Qualification
1.	Ms. Pranali Mane	Lab Asst.	BCA
2.	Mr. Parag Padelkar	Office-cum-Acct Asst.	B.A. Economics
3.	Mrs. Prapti Patil	Office Asst cum Computer operator	B.A. History
4.	Mr. Prem Kamble	Store Keeper	HSC
5.	Mr. Pritam Shirke	Technical staff	Diploma in Hardware Networking
6.	Mr. Sushil Harkulkar	Peon	SSC
7.	Mr. Deepak Fufane	Peon	HSC

## FACULTY & STAFF LIST

## YEAR 2018-19

Sr.No.	Teaching staff	Designation	Qualification
1.	Dr. (Mrs.) Anjana Rawat	I/C Principal	M.Sc., M.Ed.,Ph.D., DSM
2.	Mrs. Debaleena Roy	Asst. Prof.	M.A. Economics, M.Ed. NET
3	Mrs. Savita Upasani	Asst.Prof.	M.A. English, M.Ed., SET
4.	Mr. Ketan Kamble	Asst. Prof.	M.Sc., M.Ed., NET, M.Phil
5.	Dr. (Mrs.) Paulmathi Lucas	Asst. Prof.	M.Ed., Ph.D., B.Com.
6.	Mrs. Ankita Kahti	Asst. Prof.	M.Sc., M.Ed., NET, M.Phil
7.	Mrs. Pratibha Kambli	Asst. Prof.	M.A. Marathi, SET, M.Ed.
8.	Mrs. Megha Raj Himanshu	Asst. Prof.	M.A. History, M.Ed.
9.	Mrs. Ekta Thakkar	Librarian	M. Lib.Sci., SET, M.A. History
10.	Mrs. Dhanashree Repal	Asst.Prof.	M.A. Hindi, M.Ed., DSM
11.	Ms. Vrishali Kamble	Asst. Prof.	M.Com., M.Ed.
12.	Mrs. Archana Singh	Asst.Prof.	M.A. English, M.Ed.
13.	Dr. Latha Venkat	Asst.Prof.	M.A. History, M.Ed. Ph.D., M.A. Political Science
14.	Mr. Nilesh Gharat	Physical & Education Director	M.P.Ed., NET, SET
15.	Mr. Vikas Srivastav	Performing Art Teacher	Sangeet Visharad
16.	Mrs. Akshata Joshi	Visual Art Teacher	MFA

Sr.No.	Non-teaching staff	Designation	Qualification
1.	Ms. Pranali Mane	Lab Asst.	BCA
2.	Mr. Parag Padelkar	Office-cum-Acct Asst.	B.A. Economics
3.	Mrs. Prapti Patil	Office cum Asst-cum- Computer operator	B.A. History
4.	Mr. Prem Kamble	Storekeeper	HSC
5.	Mr. Pritam Shirke	Technical staff	Diploma in Hardware Networking
6.	Mr. Sushil Harkulkar	Peon	SSC
7.	Mr. Bhumesh Nadge	Peon	HSC

## FACULTY & STAFF LIST

## YEAR 2019-20

Sr.No.	Teaching staff	Designation	Qualification
1.	Dr. (Mrs.) Anjana Rawat	I/C Principal	M.Sc., M.Ed., Ph.D., DSM, PGDME
2.	Mrs. Savita Upasani	Asst.Prof.	M.A. English, M.Ed., SET
3.	Mr. Ketan Kamble	Asst. Prof.	M.Sc., M.Ed., NET, M.Phil
4.	Dr (Mrs). Paulmathi Lucas	Asst. Prof.	M.Ed., Ph.D., B.Com.
5.	Mrs. Ankita Kahti	Asst. Prof.	M.Sc., M.Ed., NET, M.Phil
6.	Mrs. Pratibha Kambli	Asst. Prof.	M.A. Marathi, SET, M.Ed.
7.	Dr. Latha Venkat	Asst.Prof.	M.A. History, M.Ed. Ph.D., M.A. Political Science
8.	Mrs. Megha Raj Himanshu	Asst. Prof.	M.A. History, M.Ed.
9.	Mrs. Sandhya Gohil	Asst. Prof.	M.A. Hindi, M.Ed., M.Phil.
10.	Mrs. Dhanashree Repal	Asst.Prof.	M.A. Hindi, M.Ed., DSM
11.	Mrs. Ila Sant	Asst. Prof.	M.A. Psycho., NET
12.	Mrs. Ekta Thakkar	Librarian	M. Lib.Sci., SET, M.A. History
13.	Mr. Nilesh Gharat	Director of Physical Education	M.P.Ed., NET, SET
14.	Mrs. Akshata Joshi	Visual Art Teacher	MFA
15.	Mrs. Manjusha Mekal	Performing Art Teacher	M.A. Indian Music

Sr.No.	Non-teaching staff	Designation	Qualification
1.	Ms. Pranali Mane	Lab Asst.	BCA
2.	Mr. Parag Padelkar	Office-cum-Acct Asst.	B.A. Economics
3.	Mrs. Priyanka Desai	Office Asst-cum- Computer operator	B.Sc.
5.	Mr. Pritam Shirke	Technical staff	Diploma in Hardware Networking
4.	Mr. Prem Kamble	Storekeeper	HSC
6.	Mr. Sushil Harkulkar	Peon	SSC
7.	Mr. Pravin Bonya	Peon	SSC
8.	Mrs. Kanti Devi	Peon	SSC

# **STUDENT COUNCIL 2016-2018 BATCH**

SR.NO.	NAME OF THE MEMBER	DESIGNATION
1.	Paradkar Rupali Sandeep	General Secretary
2.	Modi Ruchi Hiralal	Class Representative
3.	Preeti Sharma	Cultural In charge
4.	Sheetal Mathew	Sports In charge
5.	Maneesha N.	Anti-Sexual Harassment Cell Student member
6.	More Sharon Sanjay	Visit In charge
7.	Sandhyrani	Anti-Ragging Cell Student member
8.	Das Arpita Achinta	Grievance In charge

# **STUDENT COUNCIL 2017-2019 BATCH**

SR.NO.	NAME OF THE MEMBER	DESIGNATION
1.	Amutha konnar	General Secretary
2.	Zara Khan	Class Representative
3.	Sanchita Jana	Cultural In charge
4.	Rajni Kumari	Sports In charge
5.	Pamela Chatterjee	Anti-Sexual Harassment Cell Student member
6.	Sonali More	Visit In charge
7.	Deepali Satpute	Anti-Ragging Cell Student member
8.	Rekha Sharma	Grievance In charge
9.	1. Amutha konnar 2. Deepali Satpute	DLLE Student Manager

## **STUDENT COUNCIL: 2018-20 BATCH**

SR. NO.	NAME OF THE MEMBER	DESIGNATION
1.	Mrs. Shweta Kamath	General Secretary
2.	Ms. Shruti Tushir	Class Representative
3.	Ms. Nagma Khawra Ms. Anusha Bansode	Cultural In charge
4.	Ms. Tasibunnisa Shaikh	Sports Committee In charge
5.	Ms. Anjali Raghunath	Visit In charge
6.	Ms. Fauzia Khan	Grievance In charge
7.	Mr. Sameer Musale	Anti-Ragging Cell Student member
8.	Mrs. Shraddha Modi	Anti-Sexual Harassment Cell Student member
9.	Mrs. Meenakshi Singh	Women's Cell Representative
10	1. Mrs.Mikky Singh 2. Mrs. Shweta Kamath	DLLE Student Manager



# **ROLL OF HONOUR**

# Academic Toppers of Batch 2016-18

Sr. No.	Name of Student-Teacher	CGPA on scale of 7
1	SINGH SUDHA	6.97
2	DAS ARPITA	6.83
3	SHEETAL MATHEW	6.83
4	MOOPANAR SUBULAXMI	6.80
5	SINHA ADITI	6.80
6	SANDHYA RANI KONDEPPU	6.80
7	SHYAMLAXMI	6.78
8	SINGH SUSHMA	6.78
9	MANEESHA N.	6.75
10	MODI RUCHI	6.68
11	KHIRWAVL SAPNA	6.15
12	SHARMA PREETI	6.63
13	TRIPATHI MEENAKSHI	6.55
14	SAMANTHA SMRUTISIKTA	6.52

# Academic Toppers of Batch 2017-19

Sr. No.	Name of student-teacher	CGPA on scale of 10
1	PATANKAR MANASI	9.31
2	RAJANI KUMARI	9.25
3	BASU SANCHITA	9.25
4	SAKURE NEHA	9.25
5	NADAR LEYAL	9.22
6	KAIMAL SWATHY	9.11

# Academic Toppers of Batch 2018 - 20

Sr. No.	Name of student-teacher	CGPA on scale of 10
1	KAMATH SHWETHA	9.72
2	SHAH AMINA	9.72
3	FERNANDO MARY SHARAMILA	9.66
4	SINGH MEENAKSHI	9.66
5	AGARWAL NOOPUR	9.41
6	THAKKAR ARPITA	9.33
7	MALYATH PRIYA	9.28
8	SINGH MIKKY	9.27
9	KHAN FAUZIA	9.22
10	GADKARI TANVI	9.14
11	SHRUTI TUSHIR	9.11
12	GHARAT KANCHAN	9.05
13	MORE SAPNA	9.00

# **ACADEMIC RESULT ANALYSIS OF BATCH 2016-18**

Semester	Total Appeared	Failed	Passed	Passing Percentage
1	30	11	19	63.5%
2	22	7	15	68.18%
3	23	2	21	91.30%
4	25	5	20	80%



# **ACADEMIC RESULT ANALYSIS OF BATCH 2017-19**

Semester	Total Appeared	Failed	Passed	Passing Percentage
1	57	07	50	87.71
2	57	06	51	89.47
3	53	07	46	87.00
4	56	02	54	96.42



# **ACADEMIC RESULT ANALYSIS OF BATCH 2018-20**

Semester	Total Appeared	Failed	Passed	Passing Percentage
1	90	07	83	92.2%
2	87	03	84	96.55%
3	87	02	85	97.70%
4	94	00	94	100%



# **COLLEGE PLACEMENT**



# **COLLEGE PLACEMENT**

BATCH	RECRUITING SCHOOLS
	<ul> <li>D.G. International School, Thane</li> </ul>
~	<ul> <li>Narayana Educational Institute, Thane.</li> </ul>
9-18	<ul> <li>Euro School, Thane.</li> </ul>
2016-18	New Horizon Scholars School, Thane.
Ň	Solution Of Science and Commerce, Thane.
	Universal English Medium High School, Thane.
	Solution College of Science and Commerce, Thane.
	<ul> <li>Smt. Sulochanadevi Singhania School, Thane</li> </ul>
	Euro School, Thane.
	<ul> <li>Vasant Vihar High School and Junior College, Thane</li> </ul>
	Divine English School and Jr. College, Kasheli, Thane
61	St. Xavier's English High School & Junior College, Thane
2017-19	New Horizon Scholars School, Thane.
20]	Witty International School, Malad branch, ICSE Head
	<ul> <li>Sri Ravishankar Vidya Mandir (SSRVM), Mulund</li> </ul>
	${f \diamond}$ Saraswathi Vidyalaya and Junior College of Science and
	Commerce, Thane.
	D.G. International School, Thane
	Universal English Medium High School, Thane.
	Smt. Sunitidevi Singhania School
	Rainbow International School, Brahmand, Thane
	D.G. International School, Thane
0	<ul> <li>J. D. Somani, Mumbai</li> </ul>
8-2	<ul> <li>Gopi Birla School, Mumbai</li> </ul>
2018-20	<ul> <li>Euro School, Thane.</li> </ul>
	Holy Family High School
	Aarna School, Yashodhan Nagar, Thane
	<ul> <li>Sanskar Public School</li> </ul>

# **SCHOOL INTERNSHIP**



## ACADEMIC YEAR: 2017-18

Semester	2		
Duration	3 weeks		
Date	19th February 2018-10th March 2018		
Internship			
Program In-	Asst. Prof. Mrs. Debaleena Roy		
charge			
	Observation of school activities		
Internship	Observation of lessons given by s	school teachers.	
Activities	• Teaching lessons in Pedagogy of	school subjects.	
	Shadowing of school Teacher		
Sr No	Internship School	School Internship Incharge	
1	D. G. International School, Thane	Asst. Prof. Ketan Kamble	
2	DGET, Junior College of Science &	Asst. Prof. Ketan Kamble	
	Commerce, Thane		
3	Euro International School, Thane	Asst. Prof. Dr. Anjana Rawat	
4	Gujana Hindi Medium School, Thane	Asst. Prof. Debaleena Roy	
5	St. Joseph's English High School,	Asst Prof. Dhanashree Repal	
5	Thane		
6	Holy Trinity English Medium School,	Asst. Prof. Debaleena Roy	
0	Thane		
7	Happy Home English Medium School,	Asst. Prof. Vrishali Kamble	
	Thane		
8	Sanket English Medium School, Thane	Asst. Prof. Savita Upasani	

## ACADEMIC YEAR: 2017-18

Semester	3		
Duration	11 weeks		
Date	17 <sup>th</sup> July 2018-30 <sup>th</sup> September 2018		
Internship			
Program In-	Asst. Prof. Mrs. Debaleena Roy		
charge			
	26 lessons		
	• 2 lessons on theme-based learning	ng	
	• 3 Co-teaching lessons with school	ol Teachers.	
Internship	Report on records maintained in	the school.	
Activities	Blueprint & administration of test.		
	Reflective Journal on internship activities		
	Observation of school activities		
	Participation in co-curricular activities in school.		
Sr No	Internship School	School Internship In-charge	
1	D. G. International School, Thane	Asst. Prof. Vrishali Kamble	
2	DGET, Junior College of Science &	Asst. Prof. Savita Upasani	
	Commerce, Thane		
3	Euro International School, Thane	Dr. Anjana Rawat, I/c	
<b>、</b>		Principal	
4	Gujana Hindi Medium School, Thane	Asst. Prof. Debaleena Roy	
5	Happy Home English Medium School,	Asst. Prof. Dhanashree Repal	
5	Thane		

## ACADEMIC YEAR: 2017-18

Semester	4	
Duration	6 weeks	
Date	13 <sup>th</sup> November 2017 - 23 <sup>rd</sup> December 2	017
Internship Program In- charge	Asst. Prof. Mrs. Debaleena Roy	
Internship Activities	<ul> <li>Co-teaching with peers (8 lessons)</li> <li>Develop learning resources for the school.</li> <li>Prepare an anecdotal record of a school student.</li> <li>Organization of Co-curricular activities in school.</li> <li>Maintain Reflective on internship activities.</li> <li>Conduct a school-based Action Research.</li> </ul>	
Sr No	Internship School	School Internship In-charge
1	D. G. International School, Thane	Asst Prof. Debaleena Roy
2	DGET, Junior College of Science & Commerce, Thane	Asst Prof. Ketan Kamble
3	Euro International School, Thane	Asst Prof. Dr. Anjana Rawat
4	Gujana Hindi Medium School, Thane	Asst Prof. Savita Upasani
5	Happy Home English Medium School, Thane	Asst Prof. Dhanashree Repal

## ACADEMIC YEAR: 2018-19

Semester	2		
Duration			
	3 weeks		
Date	18 <sup>th</sup> February 2019 - 09 <sup>th</sup> March 2019		
Internship			
Program In-	Asst Prof. Ketan Kamble		
charge			
	Observation of school activities.		
	Observation of lessons given by pee	ers.	
Internship			
Activities	Shadowing of school Teacher.		
	<ul> <li>Teaching lesson in school subject Pedagogy.</li> </ul>		
Sr No	Internship School	School Internship In-charge	
1	D. G. International School, Thane	Asst. Prof. Savita Upasani	
2	DGET, Junior College of Science &	Dr. Anjana Rawat, I/c Principal/	
2	Commerce, Thane	Asst. Prof. Pratibha Kambli	
0	Shree Rajashree Shahu Vidyalaya, Thane	Asst. Prof. Dr. Paulmati Lucas/	
3		Debaleena Roy	
4	Gujana English Medium School, Thane	Asst. Prof. Megha Raj	
5	Shreemati Gujana Hindi School, Thane	Asst. Prof. Megha Raj	
6	Arna Foundation Hindi School, Thane	Asst. Prof. Ketan Kamble	
7	Happy Home English Medium School,	Asst. Prof. Ankita Khati /	
<b>/</b>	Thane	Asst. Prof. Debaleena Roy	
8	Arna Foundation School, Thane	Asst. Prof. Ketan Kamble	

## ACADEMIC YEAR: 2018-19

Semester	3		
Duration	11 weeks		
Date	16 <sup>th</sup> July 2018 - 29 <sup>th</sup> September 2018		
Internship			
Program In-	Asst Prof. Ketan Kamble		
charge			
	Teaching lessons in Pedagogy of scho	ol subjects.	
	Co-Teaching Lessons with school teac	hers.	
Internship	Theme based lessons.		
Activities	<ul> <li>Administration of Unit Test &amp; Analysis of results.</li> </ul>		
	Reflective Journal on Internship Activities.		
Sr. No.	Internship School School Internship In-charge		
1	D. G. International School, Thane	Asst. Prof. Megha Raj	
2	DGET, Junior College of Commerce, Thane	Dr. Anjana Rawat, I/c Principal	
3	DGET, Junior College of Science, Thane	Asst. Prof. Savita Upasani	
4	Holy Family English Medium School, Thane	Asst. Prof. Savita Upasani	
5	Happy Home English Medium School,Asst. Prof. Dr. Paulmati Lucas		
	Thane		
6	Shahu Vidyalaya, Thane	Asst. Prof. Dr. Lata Venkat	
7	Arna Foundation English School, Thane	Asst. Prof. Ketan Kamble	
8	Arna Foundation Hindi School, Thane	Asst. Prof. Ketan Kamble	
9	Euro International School, Thane	Asst. Prof. Ankita Khati	
10	St. Joseph's English High School, Thane	Asst. Prof. Ankita Khati	

## ACADEMIC YEAR: 2018-19

Semester	4	
Duration	4 weeks	
Date	07 <sup>th</sup> January 2019 - 3 <sup>rd</sup> February 2019	
Internship		
Program In-	Asst Prof. Ketan Kamble	
charge		
Internship Activities	Teaching lessons in Pedagogy of school subjects.	
	Co-Teaching Lessons with peers.	
	School based Action Research.	
	Reflective Journal on Internship Activities.	
	- Keneeuve journar on meethomp recivites.	
Sr. No.	Internship School	School Internship In-charge
1	D. G. International School, Thane	Dr. Anjana Rawat, I/c Principal
2	DGET, Junior College Of Science &	Asst. Prof. Ketan Kamble
	Commerce, Thane	
3	Divine English Medium School, Thane	Asst. Prof. Dr. Paulmati Lucas
4	Euro International School, Thane	Asst. Prof. Pratibha Kambli
5	Shreemati Gujana Hindi School, Thane	Asst. Prof. Savita Upasani
6	Arna Foundation Hindi School, Thane	Asst. Prof. Debaleena Roy
7	Happy Home English Medium School,	Asst. Prof. Megha Raj
	Thane	
8	St. Joseph's English High School, Thane	Asst. Prof. Ankita Khati
# **SCHOOL INTERNSHIP SUMMARY**

### ACADEMIC YEAR: 2019-20

Semester	2		
Duration	3 weeks		
Duration	24 <sup>th</sup> February 2020-13 <sup>th</sup> March2020		
	24 <sup>th</sup> February 2020-15 <sup>th</sup> March2020		
Internship			
Program In-	Asst Prof. Savita Upasani		
charge			
	Observation of school activities.		
<b>.</b>	Observation of lessons given by peers	S.	
Internship	• Shadowing of school Teacher.		
Activities			
	Teaching lesson in school subject Pedagogy.		
Sr. No.	Internship School	School Internship In-charge	
1	Dnyan Ganga Commerce College, Thane Asst. Prof. Savita Upasani		
	Dnyan Ganga Science Junior College,	Dr. Anjana Rawat, I/c Principal	
2	Thane		
3	D. G. International School, Thane	Asst. Prof. Ankita Khati	
4	Euro International School, Thane         Asst. Prof. Megha Raj		
5	Shahu Vidyalaya, Thane Asst. Prof. Dr. Lata Venkat		
6	Arna Foundation Hindi School, Thane Asst. Prof. Pratibha Kambli		
	Happy Home English Medium School,	Asst. Prof. Dr. Paulmati Lucas	
7	Thane		
8	Mewa's Vidyaniketan School, Thane	Asst. Prof. Sandhya Gohil	

# **SCHOOL INTERNSHIP SUMMARY**

### ACADEMIC YEAR: 2019-20

Semester	3	
Duration	11 weeks	
Date	15 <sup>th</sup> July 2019 - 28 <sup>th</sup> September 2019	
Internship Program In- charge	Asst Prof. Savita Upasani	
Internship Activities	<ul> <li>Teaching lessons in Pedagogy of school</li> <li>Co-Teaching Lessons with school teach</li> <li>'Nai Taleem' based Experiential Teach</li> <li>Theme based lessons.</li> <li>Administration of Unit Test &amp; Analysi</li> <li>Report &amp; Reflective Journal on Interr</li> </ul>	chers. ning- Learning. is of results.
Sr. No.	Internship School School Internship In-charge	
1	Dnyan Ganga Commerce College, Thane	Dr. Anjana Rawat, I/c Principal
2	Dnyan Ganga Science Junior College, Asst. Prof. Savita Upasani Thane	
3	D. G. International School, Thane	Asst. Prof. Megha Raj
4	St. Joseph's English High School, Thane	Asst. Prof. Ankita Khati
5	Shahu Vidyalaya, Thane	Asst. Prof. Dr. Lata Venkat
6	Arna Foundation Hindi School, Thane	Asst. Prof. Ketan Kamble
7	Happy Home English Medium School,Asst. Prof. Dr. Paulmati LucasThane	
8	Mewa's Vidyaniketan School, Thane	Asst. Prof. Pratibha Kambli
9	Arna Foundation English School, Thane Asst. Prof. Ketan Kamble	
10	Holy Family High School, Thane	Asst. Prof. Savita Upasani
11	Euro International School, Thane	Asst. Prof. Ankita Khati

# **SCHOOL INTERNSHIP SUMMARY**

### ACADEMIC YEAR: 2019-20

Semester	4	
Duration	5 weeks	
Date	13 <sup>th</sup> January 2020 -14 <sup>th</sup> February 2020	
Internship		
Program In-	Asst Prof. Savita Upasani	
charge		
	Teaching lessons in Pedagogy of scho	ool subjects.
<b>.</b>	• 'Nai Taleem' based Experiential Teach	ning- Learning.
Internship	• Co-Teaching Lessons with peers.	8
Activities		
	Reflective Journal on Internship Activ	vities.
Sr. No.	Internship School	School Internship Incharge
1	Dnyan Ganga Commerce College, Thane	Dr. Anjana Rawat, I/c Principal
2	Dnyan Ganga Science Junior College,	Asst. Prof. Savita Upasani
2	Thane	
3	D. G. International School, Thane Asst. Prof. Megha Raj	
4	St. Joseph's English High School, Thane	Asst. Prof. Sandhya Gohil
4		
5	Shahu Vidyalaya, Thane	Asst. Prof. Dr. Lata Venkat
6	Arna Foundation Hindi School, Thane Asst. Prof. Ketan Kamble	
7	Happy Home English Medium School,	Asst. Prof. Dr. Paulmati Lucas
7	Thane	
8	Mewa's Vidyaniketan School, Thane Asst. Prof. Pratibha Kambli	
9	Arna Foundation English School, Thane	Asst. Prof. Ketan Kamble
10	Euro International School, Thane	Asst. Prof. Ankita Khati

### **STUDENTS' ACHIEVEMENT**



### **STUDENT ACHIEVEMENT**

### **YEAR 2017-18**

SR. NO.	NAME OF THE WINNER	RANK	COMPETITION/ EVENT	ORGANIZER	DATE
1	<ul> <li>Aarti Sher</li> <li>Leyal Nadar</li> <li>Neha Sakure</li> <li>Priya Nair</li> <li>Priyanka Jangid</li> <li>Rupali Nikam</li> <li>Rupali Paradkar</li> <li>Sanchita Basu</li> <li>Shilpa Nambiar</li> </ul>	Course completed	Pedagogy for effective use of ICT for school teacher	IIT Bombay IIT Madras	26 <sup>th</sup> July 2018 to 7 <sup>th</sup> Sept 2018
2	<ul> <li>Mrs. Sudha Singh</li> <li>Ms. Amutha Konar</li> </ul>	Paper presented	National Seminar on Activity based Learning	Dnyan Ganga Education Trust's, College of Education (B.Ed.), Thane	14 <sup>th</sup> Dec 2017

### **STUDENT ACHIEVEMENT**

### **YEAR 2018-19**

SR. NO.	NAME OF THE WINNER	RANK	COMPETITION/ EVENT	ORGANIZER	DATE
1	Mrs. Archana Katkar	Title of Mrs. Maharashtra	Mrs. Maharashtra	DIVA Pageants	25 <sup>th</sup> Nov 2018
2	Mrs. Archana Katkar	1 <sup>st</sup> Runner- up 2018	Mrs. Maharashtra Style Icon	DIVA Pageants	25 <sup>th</sup> Nov 2018
3	Mrs. Sudha Singh	Paper Presentation	National Seminar on Assessment in Teaching and Learning	Dnyan Ganga Education Trust's, College of Education (B.Ed.), Thane	24 <sup>th</sup> Nov 2018
4	<ul> <li>Meenakshi Singh- DGET, B.Ed College</li> <li>Amina Shah - DGET, B.Ed College</li> <li>Sameer Musale- DGET, B.Ed College</li> <li>Shruti Tushir - DGET, B.Ed College</li> <li>Shikha Kumari - SSN B.Ed. College</li> <li>Sreeja Vinod Nair - Devata B.Ed. College, Kalva</li> <li>Madonna Ferreira Suraju Singh B.Ed. College. Kalyan</li> </ul>	1st 2nd 3rd 3rd Consolation Consolation Consolation	Inter-collegiate Poster cum Exhibition on Transgender	Dnyan Ganga Education Trust's, College of Education (B.Ed.), Thane	23 <sup>rd</sup> March 2019

### **STUDENT ACHIEVEMENT**

			AK 2019-20		
SR. NO.	NAME OF THE WINNER	RANK	COMPETITION/ EVENT	ORGANIZER	DATE
1	Kanti Yadav	1 <sup>st</sup>	Poster Making Competition on Yoga Asanas	Achiever's College of Commerce and Management	Friday 26 <sup>th</sup> June 2020
2	<ul> <li>Bhupendra Shirke</li> <li>Simran Gabeja</li> <li>Remya Londhe</li> <li>Jyoti Prajapati</li> <li>Pallavi Kumari</li> <li>Nivedita Sangal</li> <li>Fauzia Khan</li> <li>Sangeeta Yadav</li> <li>Priya Malyath</li> <li>Shubhangi Kalse</li> </ul>	3rd	Street-play Competition on Transgender	UDAAN 2020 – DLLE, University of Mumbai	Friday 31st Jan 2020
3	<ul><li>Kanti Yadav</li><li>Romi Kumari</li></ul>	Consolation	Poster Making	UDAAN 2020 – DLLE, University of Mumbai	Friday 31 <sup>st</sup> Jan 2020
4	Bhupendra Shirke	Special Prize	Anchor in UDDAN	UDAAN 2020 – DLLE, University of Mumbai	Friday 31 <sup>st</sup> Jan 2020
5	Kanti Yadav	1 <sup>st</sup>	Poster Making	RAINBOW 2019-20, S.K. College of Education and Research, Ghansoli	Friday 20 Dec 2019
6	Manita Maheshwari Zarin Shaffi	2 <sup>nd</sup>	Hindi and English Elocution	FELIZIA, University of Mumbai, Thane sub campus and Pillai College of Education and Research, Chembur	Friday 22 <sup>nd</sup> Nov 2019
7	Manita Maheshwari	<b>1</b> <sup>st</sup>	Parlamentary Debate Hindi	KHWAISH, Intercollegiate Fest,	Jan
8	Zarin Shaffi	<b>1</b> <sup>st</sup>	Parlamentary Debate English	University of Mumbai, Thane subcampus	2020
9	B.Ed. F.Y 2018-19 batch students	1st	Fashion show competition	URJAA 2020,	7th Ion
10	Ms. Sheetal Sharma	1 <sup>st</sup>	Drawing inter collegiate competition	DGET Degree College, Thane	7 <sup>th</sup> Jan 2020

#### **YEAR 2019-20**

#### **SEMINAR / WEBINAR / CONFERENCE / WORKSHOP**



### **SEMINAR / WEBINAR/ CONFERENCE / WORKSHOP**

### **YEAR 2017 - 18**

	National level seminar on "NEW VISTAS IN ACITVE
Event	LEARNING STRATEGIES: THEORY, PRAXIS, ISSUES AND
	TRENDS"
Day, Date & Time	Thursday – 14 <sup>th</sup> Dec 2017, 10.00 a.m. to 05.00 p.m.
	• Prof: B.D. Patil (Founder and Chairman of the DGET)
Patrons	• Mrs. Ranjana B. Patil (Trustee of DGET)
	• Mrs. Anita Patil More (Director of DGET)
Organizing Secretary	• Dr. (Mrs.) Anjana Rawat, I/C Principal
Organizing Secretary	DGET's, College of Education (B.Ed.), Thane
Convenor	• Asst. Prof. Mrs. Debaleena Roy
Convenor	DGET's, College of Education (B.Ed.), Thane
Coordinator	<ul> <li>Asst. Prof. Mrs. Savita Upasani</li> </ul>
	DGET's, College of Education (B.Ed.), Thane
Editor in-chief	Asst. Prof. Mr. Ketan Kamble
	DGET's, College of Education (B.Ed.), Thane
	Asst. Prof. Dhanashree Repal
Organizing Committee	Asst. Prof. Vrishali Kamble
Organizing Committee	Mr. Parag Padelkar
	Mrs. Veena Gode
	Chief guest and keynote speaker –
	• Dr. Mrs. Shobha Samuel Daniel (Founder and Director of
	Divine English School and Jr. College, Life education and
	Charitable Trust)
Chief Guest/Resource	Resource Persons:
person	Asst. Prof. Apurva Panshikar (Department of Special
	Education, SNDT Women's University, Mumbai)
	• Asst. Prof. Rekha Chavhan (Department of Education, SNDT
	Women's University, Mumbai)
	Asst. Prof. Dr. Nivedita Deshmukh
No. of Seminar papers presented	12
	Published by Scholarly research journal
Proceeding Details	ISSN: 2278-8808
	Volume 5; Issue: 50, March-April 2018

Event	Workshop on Art and Craft		
Day, Date & Time	5 <sup>th</sup> & 6 <sup>th</sup> January 2018, 12 p.m. to 5 p.m.		
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>		
Convenor	<ul> <li>Dr. (Mrs.) Anjana Rawat, I/c Principal, DGET's, College of Education (B.Ed.), Thane</li> </ul>		
Coordinator	• Asst Prof. Debaleena Roy DGET's, College of Education (B.Ed.), Thane		
Chief Guest/Resource person	<ul> <li>Resource Persons</li> <li>Mrs. Dhanashri Kulkarni</li> <li>Mrs. Aditi Junnare</li> </ul>		
No. of Participants	27		

Event	Workshop on Yoga	
Day, Date & Time	19 <sup>th</sup> January 2018; 3 p.m. to 4 p.m.	
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>	
Convenor	<ul> <li>Dr. (Mrs.) Anjana Rawat, I/c Principal, DGET's, College of Education (B.Ed.), Thane</li> </ul>	
Coordinator	<ul> <li>Asst. Prof. Debaleena Roy DGET's, College of Education (B.Ed.), Thane</li> </ul>	
Chief Guest/Resource person	Resource Persons         • Ms. Ekta Thakkar	
No. of Participants	23	

Event	Workshop on Preparing to Face School Teacher Interview		
Day, Date & Time	Saturday, 7 <sup>th</sup> April 2018; 2 p.m. to 5 p.m.		
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>		
Convenor	• Dr. (Mrs.) Anjana Rawat, I/c Principal, DGET's, College of Education (B.Ed.), Thane		
Coordinator & Resource Person	• Asst. Prof. Ketan Kamble DGET's, College of Education (B.Ed.), Thane		
No. of Participants	44		

### SEMINAR / WEBINAR/ CONFERENCE / WORKSHOP

### **YEAR 2018 - 19**

Event	National level seminar on ASSESSMENT IN TEACHING LEARNING PROCESS ACROSS DIVERSE CONTEXTS	
Day and Date	Saturday, 24th November 2018	
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>	
Convenor	• Dr. Anjana Rawat, I/C Principal DGET's, College of Education (B.Ed.), Thane	
Coordinator	• Asst. Prof. Mrs. Savita Upasani DGET's, College of Education (B.Ed.), Thane	
Editor in-chief	• Asst. Prof. Mr. Ketan Kamble DGET's, College of Education (B.Ed.), Thane	
Chief Guest/Resource person	<ul> <li>Chief guest and keynote:</li> <li>Dr. Vijay Dhamane, Associate Professor of Tilak College of Education, Pune</li> <li>Resource Persons</li> <li>Dr. Jayesh Jadhav, Assistant Professor of Chembur Sarvankash Shikshan Shastra</li> </ul>	
	<ul> <li>Mahavidyalaya,Chembur</li> <li>Mrs. Sunita Britto Mudshingikar, Eminent educationist</li> <li>Asst. Prof. Mrs. Debaleena Roy Dnyan Ganga Education Trust's, College of Education, Thane</li> </ul>	

Event	Career Vision Workshop for B.Ed. students		
Day, Date & Time	19 <sup>th</sup> January 2019; 2.30 p.m. to 4.30 p.m.		
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>		
Convenor	<ul> <li>Dr. (Mrs.) Anjana Rawat, I/c Principal, DGET's, College of Education (B.Ed.), Thane</li> </ul>		
Coordinator	Asst Prof. Ketan Kamble     DGET's, College of Education (B.Ed.), Thane		
Chief Guest/Resource person	<ul> <li>Resource Persons</li> <li>Mr. Sachin Kadam, CSR Manager, Trailblazers Foundation, Thane</li> <li>Mr. Sachin Satha, Trailblazers Foundation, Thane</li> </ul>		
No. of Participants	42		

Event	Certificate Program on Stock Market Operations		
Day, Date & Time	19 <sup>th</sup> March 2019; 12.30 p.m. to 5 p.m.		
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>		
Convenor	• Dr. (Mrs.) Anjana Rawat, I/c Principal, DGET's, College of Education (B.Ed.), Thane		
Coordinator	<ul> <li>Asst Prof. Debaleena Roy DGET's, College of Education (B.Ed.), Thane</li> </ul>		
Chief Guest/Resource person	Resource Persons• Prof. Vinit Upadhyay• Prof. Jaimini Patel		
No. of Participants	30		

#### **SEMINAR / WEBINAR/ CONFERENCE / WORKSHOP**

### **YEAR 2019 - 20**

Event	Three days' Workshop on Self Defence for girls	
Day, Date & Time	13 <sup>th</sup> ,20 <sup>th</sup> , 27 <sup>th</sup> July 2019; 2 p.m. to 5 p.m.	
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>	
Convenor	<ul> <li>Dr. (Mrs.) Anjana Rawat, I/c Principal, DGET's, College of Education (B.Ed.), Thane</li> </ul>	
Coordinator	<ul> <li>Asst. Prof. Savita Upasani DGET's, College of Education (B.Ed.), Thane</li> </ul>	
Chief Guest/Resource person	Resource Persons <ul> <li>Mr. Hemant Shinde</li> </ul>	
No. of Participants	55	

Event	National Conference on Entrepreneurship Education		
Day, Date & Time	Saturday, 31 <sup>st</sup> August 2019; 9 a.m. to 5 p.m.		
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>		
Convenor	<ul> <li>Dr. Sunita Magre – Chairperson of Board of Studies in Education and I/c Director of University of Mumbai, Thane Sub Campus.</li> </ul>		
Organizing secretary	<ul> <li>Dr. Anjana Rawat, I/C Principal DGET's, College of Education (B.Ed.), Thane</li> </ul>		
Coordinator	• Asst. Prof. Ketan Kamble DGET's, College of Education (B.Ed.), Thane		
Editor in-chief	<ul><li>Dr. Sunita Magre</li><li>Dr. Anjana Rawat</li></ul>		
Organizing Committee	<ul> <li>Asst. Prof. Mrs. Savita Upasani</li> <li>Asst. Prof. Pratibha Kambli</li> <li>Asst. Prof. Dr. Mrs. Paulmathi Lucas</li> <li>Mr. Parag Padelkar</li> <li>Mrs. Priyanka Desai.</li> </ul>		
Chief Guest/Resource person	<ul> <li>Keynote speaker:</li> <li>Dr. Sandhya Khedekar Principal of Gokhale Education Society's College of Education, Sangamner</li> <li>Chief guest: <ul> <li>Dr. Hemlata Chari Former Director of IDOL University of Mumbai</li> </ul> </li> <li>Resource persons <ul> <li>Dr. Sarika Patel Principal - SSR College of Education, Silvassa</li> <li>Dr. Jayesh Jadhav, Associate Professor Chembur Sarwankash Shikshan Shastra Mahavidyalay</li> </ul> </li> </ul>		
No. of Seminar papers presented	29		
Proceeding Details	Amitesh Publication & Company ISBN: 978-0-359-96493-2; October, 2019		

Event	State level Workshop on Nai Talim- Experiential Learning		
Day, Date & Time	Friday, 4 <sup>th</sup> October 2019; 9 a.m. to 4 p.m.		
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>		
Organizing Committee	<ul> <li>Dr. Anjana Rawat, I/c Principal</li> <li>Asst. Prof. Mrs. Savita Upasani</li> <li>Asst. Prof. Mr. Ketan Kamble</li> <li>Mr. Parag Padelkar</li> </ul>		
Chief Guest/Resource person	<ul> <li>Chief guest: <ul> <li>Dr. Sunita Magre</li> <li>Chairperson of Board of Studies in Education and I/c</li> <li>Director of University of Mumbai, Thane Sub Campus.</li> </ul> </li> <li>Resource Person: <ul> <li>Dr. Prabhakar Banala</li> <li>Mahatma Gandhi National Council of Rural Education, Hyderabad.</li> </ul> </li> </ul>		
No. of Participants	29		

Event	National Level Webinar on Action Research		
Day, Date & Time	Saturday, 23 May 2020.		
Patrons	<ul> <li>Prof. B. D. Patil (Founder and Chairman of the DGET)</li> <li>Mrs. Ranjana B. Patil (Trustee of DGET)</li> <li>Mrs. Anita Patil More (Director of DGET)</li> </ul>		
Webinar Chairperson	<ul> <li>Dr. Anjana Rawat, I/C Principal DGET's, College of Education (B.Ed.), Thane</li> </ul>		
Webinar Convener	<ul> <li>Asst.Prof. Ketan Kamble DGET's, College of Education (B.Ed.), Thane</li> </ul>		
Webinar Coordinator	<ul> <li>Asst.Prof. Savita Upasani DGET's, College of Education (B.Ed.), Thane</li> </ul>		
Webinar Technical Assistance	<ul><li>Mr. Parag Padelkar</li><li>Mr. Bhupendra Shirke</li></ul>		
Webinar Host	• Mr. Raj Nalla, Rajrokers Studio		
Chief Guest/Resource person	<ul> <li>Resource persons</li> <li>Dr. Bhagwan Balani, I/c Principal of Bombay Teachers' Training College, Mumbai</li> </ul>		
Registration Form link	https://forms.gle/RwJvDP3n6keNrnWt8		
Telegram Group link	https://t.me/joinchat/H1RtCVKs9Y-OHrTnGZXU0w		
YouTube link	https://www.youtube.com/watch?v=bakPQVN1oLw		

## **Field Visits**











# **FIELD VISITS**

Sr. No.	Day & Date; Time	Place of Visit	Students	Coordinator
1.	27/09/2017; 12pm to 5 pm	National Stock Exchange India Ltd.	Economics and Commerce Pedagogies Students	Asst. Prof. Debaleena Roy
2.	8 <sup>th</sup> Feb 2018; 11 am to 5 pm	Kalaghoda Festival, Fort, Mumbai	B.Ed. F.Y and S.Y.	Asst. Prof. Savita Upasani
3.	24 <sup>th</sup> Feb 2018; 10 am to 4 pm	Nehru Science Centre, Mumbai	Science Pedagogy Students	Asst. Prof. Ketan Kamble
4.	22 <sup>nd</sup> Dec 2018	Yeoor Hills, Sanjay Gandhi National Park, Thane	Geography & Science Pedagogy students	Asst. Prof. Ketan Kamble
5.	5 <sup>th</sup> April 2019	Imagica Water Park, Khopoli	B.Ed. Students	Dr. Mrs. Anjana Rawat, I/c Principal

### **EXTENSION ACTIVITIES**











## **EXTENSION ACTIVITIES**

YEAR	NUMBER OF ENROLLED STUDENTS	INCHARGE TEACHER	ACTIVITIES AND ACHIEVMENTS
2 0 1 7 - 1 8	52 Students of F.Y.B.Ed. enrolled for Survey of Women's Status (SWS)	Asst. Prof. Savita Upasani	<ul> <li>DGET'S College of Education, (B. Ed) with Department of Lifelong Learning and Extension, University of Mumbai successfully organized 'UDAAN Festival-the flight of extension' on 16 January and 17 January 2017.</li> <li>26 Colleges, 32 Extension teachers, and 5 field coordinators participated in the UDDAN Festival.</li> <li>F. Y. B. Ed. students opted Survey of Women's Status (SWS) Extension activity and accordingly surveyed slum area of Thane suburb.</li> <li>Students performed street play at Aazadnagar, DGET campus and Lokmanya nagar.</li> </ul>
2 0 1 8 - 1 9	<ul> <li>52 Students of S.Y.B.Ed. enrolled for Population Education Club (PEC)</li> <li>66 Students of F.Y.B.Ed. enrolled for Annapurna Yojna (APY)</li> </ul>	Asst. Prof. Savita Upasani Asst. Prof. Debaleena Roy	<ul> <li>Students of DGET College of Education performed and participated in the Annual Festival Udaan 2018-19. the topic of the skit was Rights and Justice of Transgender in Indian society named as 'Naye Bharat Ki Nayi Pehchaan'</li> <li>At Care Foundation, Khar students of Population Education Club (PEC) perform skit on Menstruation.</li> <li>On International Women's Day students performed skit on theme menstruation in slum area near Thane mental hospital in association with Khushiyan Foundation.</li> <li>The First-year student of B.Ed. College enrolled for Annapurna Yojna (APY) activity.</li> </ul>

## **EXTENSION ACTIVITIES**

YEAR	NUMBER OF ENROLLED STUDENTS	INCHARGE TEACHER	ACTIVITIES AND ACHIEVMENTS
2 0 1 9 - 2 0	69 Students of S.Y.B.Ed. enrolled for Population Education Club (PEC) 57 Students of F.Y.B.Ed. enrolled for Annapurna Yojna (APY)	Asst. Prof. Savita Upasani Asst. Prof. Ketan Kamble	<ul> <li>As the part of PEC, students went for community work from 10-02-2020 to 15-02-2020 through different NGOs i.e. Aarna Foundation, Thane; Khushiya foundation, Thane; Peoples Foundation, Thane; Vishwakalyan Samajik Sanstha, Thane; and Navnirmiti Eduquality, Mumbai were they executed their lesson plans of Population Education Club (PEC) and conducted awareness program on Literacy, Banking, community Health, and Education.</li> <li>On occasion of International Women's day DLLE department of college organize poster making and essay writing competition on 13 different topics related to women. 80 students participated in the competition.</li> <li>The First-year student of B.Ed. College enrolled for Annapurna Yojna (APY) activity and organized KHAVAYEGIRI - food fiesta to provide a platform to develop basic entrepreneurial skills.</li> <li>The students participated in the Annual festival UDDAN-2020 in competitions like Streetplay, Poster making and anchoring.</li> <li>F.Y. B. Ed. Student Bhupendra Shirke won the 1<sup>st</sup> prize in anchoring category.</li> <li>In the street play category, our students performed street play on "TRANSGENDER" and bagged 3<sup>rd</sup> prize.</li> <li>In the poster painting competition, our students Kanti Yadav and Romi Kumari got consolation prize in it.</li> </ul>

#### **COMMUNITY WORK**



### YEAR: 2017-18

Semester	1
Duration	1 week (Per day 6 hours service)
Date	13/11/2017 TO 18/11/2017

Sr. No.	Community Work Centre	Centre Teacher In-charge	No. of students
1	<ul> <li>AHAVA FOUNDATION OF DEVELOPMENT SERVICES</li> <li>Activities done - <ul> <li>Day 1-13/11/2017 - Orientation of community wok, helped community kids in studies and planned program schedule for week.</li> <li>Day 2 -14/11/2017 - Drawing and dance program for community kids.</li> <li>Day 3-15/11/2017 - Origami activity for community kids</li> <li>Day 4-16/11/2017 - Best from waste activity using newspaper.</li> <li>Day 5-17/11/2017 - street play on EDUCATED WOMEN V/S UNEDUCATED WOMEN for community awareness.</li> <li>Day 6-18/11/2017 - Cleanliness drive and awareness in community</li> </ul> </li> </ul>	Asst. Prof. Savita Upasani	20
2	<ul> <li>SAKSHAM COMMUNITY CENTER (UDAAN FOUNDATION).</li> <li>Activities done –</li> <li>Day 1-13/11/2017 students were briefed about various activities and services offered and conducted by Saksham at Saksham Community Centre and introductory speech for guidance and tasks expected during the community work was given by Dr. Luniya.</li> <li>Day 2 -14/11/2017, Children day was celebrated at centre with the nearby slum children.</li> <li>Day 3-15/11/2017, brain storming session on street plays to be performed was conducted and practice for the same was done.</li> <li>Day 4-16/11/2017, street play was conducted at various places in nearby areas to spread awareness of Dengue, oral hygiene and medical services offered at Saksham health center.</li> <li>Day 5-17/11/2017, pamphlet distribution for</li> </ul>	Asst. Prof. Debaleena Roy	20

			,
	<ul> <li>Saksham community center was done at Manorama nagar.</li> <li>Day 6-18/11/2017, teaching sessions were conducted for the school children from Azad Nagar. pamphlet distribution was also done at Azad nagar slum area.</li> </ul>		
	AARNA FOUNDATION		
3	<ul> <li>Activities done -</li> <li>Day 1-13/11/2017 - briefed about our schedule for the week and students' volunteers duly collected clothes from their localities and submitted it to the foundation.</li> <li>Day 2 -4/11/2017 Data collection on awareness/use of sanitary napkins in slum area of Wagle Estate, Thane.</li> <li>Day 3-15/11/2017- Fund collection to provide snacks for underprivileged children.</li> <li>Day 4-16/11/2017 - Meeting with the founder of Aarna- Shweta Saroj Ma'am. allocation of various duties on the day of their upcoming charity event</li> <li>Day 5-17/11/2017- The pupil teachers went slum area near Wagle Estate where they were instructed to teach the underprivileged kids.</li> <li>Day 6-18/11/2017- The pupil teachers went slum area near Wagle Estate where they were instructed to teach the underprivileged kids.</li> </ul>	Asst. Prof. Ketan Laxman Kamble	20

### YEAR: 2018-19

Semester	4
Duration	1 week (Per day 6 hours service)
Date	04.02.2019 - 09.02.2019

Sr. No.	<b>Community Work Centre</b>	entre Centre Teacher In-charge	
1	AARNA FOUNDATION	III-charge	students
1	<ul> <li>04.02.2019 – Orientation of community work, Aarna membership process, collected old clothes from local area for orphans, scheduled for week.</li> <li>05.02.2019 – Data collection on awareness/use of sanitary napkins in slum area and distribution of the same.</li> <li>06.02.2019 – Fund collection to provide snacks</li> </ul>	Asst. Prof. Ketan Laxman Kamble	30
	<ul> <li>for underprivileged children</li> <li>07.02.2019 –Bought and distributed snacks for underprivileged children from funds collected.</li> <li>08/02/2019 – Preparation of Annual Charity Event.</li> <li>09.02.2018 –Assisted in Annual Charity Event.</li> </ul>		
2	KHUSHIYA FOUNDATION		
	04.02.2019 – Orientation of community work and navigation of TMC school, assisted school teachers in teaching and serving mid day-meal.		
	<ul> <li>05.02.2019 - assisted school teachers in teaching and yoga session.</li> </ul>		
	<ul> <li>06.02.2019 - assisted school teachers in teaching and conducted cleanliness and hygiene session for students.</li> </ul>	Asst. Prof. Mrs. Ankita Khati	31
	O7.02.2019 – Fund collection for eco-friendly sanitary napkins.		
	<ul> <li>08.02.2019 - assisted school teachers in teaching and organized cultural activities for students.</li> </ul>		
	<ul> <li>&gt; 09.02.2018 – Collected and donated old toys and clothes for NGO.</li> </ul>		

### YEAR: 2018-19

Semester	1
Duration	1 week (Per day 6 hours service)
Date	10.12.2018 - 15.12.2018

Sr. No.	Community Work Centre	Centre Teacher In-charge	No. of students
1	<ul> <li>ARNA FOUNDATION</li> <li>10.12.2018 - Orientation of community work and assisted in teaching students of Arna foundation school working for underprivileged children.</li> <li>11.12.2018 - Assisted in teaching in Arna foundation School.</li> <li>12.12.2018 - Conducted carrier guidance session for school students and assisted school annual function preparation.</li> <li>13.12.2018 - Conducted personal hygiene and cleanliness awareness session for school students.</li> <li>14.12.2018 - Conducted drawing and sports competition for School students.</li> <li>15.12.2018 - Cleanliness drive in Railadevi lake, Padval nagar Thane.</li> </ul>	Asst. Prof. Ketan Laxman Kamble	30
2	<ul> <li>KHUSHIYA FOUNDATION</li> <li>10.12.2018 - Orientation of community work planning for week and assisted Waghbil Thane TMC school teachers in teaching.</li> <li>11.12.2018 - Assisted in teaching by play way method.</li> <li>12.12.2018 - Conducted athletics for TMC school students.</li> <li>13.12.2018 - Conducted drawing competition for TMC school students.</li> <li>14.12.2018 - Conducted teaching learning process by brain storming.</li> <li>15.12.2018 - Assisted in Roti ghar activity of Khushiya foundation (distribution of nutritious meal for underprivileged slums in school.</li> </ul>	Asst. Prof. Mrs.Ankita Khati	28

Sr. No.	Community Work Centre	Centre Teacher In-charge	No. of students
110.	NAVNIRMITI EDUQUALITY	III-chui Sc	students
3	<ul> <li>10.12.2018- Training Durgadevi Sharma Marathi Medium school students for Science fair.</li> <li>11.12.2018 - Conducted sign language activity session for school students with facilitators of Navnirmiti Eduquality.</li> <li>12.12.2018 - Conducted Maths activity session for school students with facilitators of Navnirmiti Eduquality.</li> <li>13.12.2018 - Volunteered Maths fair organized by Navnirmiti Eduquality.</li> <li>14.12.2018 - Volunteered Science fair organized by Navnirmiti Eduquality.</li> <li>15.12.2018 - Volunteered Language fair organized by Navnirmiti Eduquality.</li> </ul>	Asst.Prof. Savita Upasani	2
4	<ul> <li>SAKSHAM COMMUNITY CENTRE</li> <li>&gt; 10.12.2018- Orientation of community work and Saksham Tejaswini program (STP).</li> <li>&gt; 11.12.2018 – Door to door campaign of STP in vicinity slum.</li> <li>&gt; 12.12.2018 – Door to door campaign of STP in vicinity slum.</li> <li>&gt; 13.12.2018 – Door to door campaign of STP in vicinity slum.</li> <li>&gt; 14.12.2018 – Door to door campaign of STP in vicinity slum.</li> <li>&gt; 14.12.2018 – Door to door campaign of STP in vicinity slum.</li> <li>&gt; 15.12.2018 – Assisted and participated in Saksham Tejaswini program for woman and Saksham kilkari program for children.</li> </ul>	Asst.Prof. Savita Upasani	3
5	<ul> <li>SAMARTH BHARAT PEETH</li> <li>10.12.2018 - Orientation of community work helps students in their studies and played games with street children.</li> <li>11.12.2018 - Organized donation program for items like soap, toothbrush and tooth paste and conducted computer learning sessions.</li> <li>12.12.2018 - Conducted story telling sessions for children and serve lunch.</li> <li>13.12.2018 - Conducted computer learning session for children.</li> <li>14.12.2018 - Taught maths and conducted story telling session for childrens.</li> <li>15.12.2018 - Taught children importance of personal hygrines and good habits and conducted cleanliness drive.</li> </ul>	Asst. Prof. Debaleena Roy	35

### YEAR: 2019-20

Semester	1
Duration	1 week (Per day 6 hours service)
Date	16.12.2019 - 21.12.2019

Sr. No.	Community Work Centre	Centre Teacher In-charge	No. of students
1	<ul> <li>VISHWAKALYAN SAMAJIK SANSTHA</li> <li>16.12.2019 – Orientation and planning of community work and fund collection for buying cereals for underprivileged slum population.</li> <li>17.12.2019 – Fund collection for buying cereals for underprivileged slum population.</li> <li>18.12.2019 – Fund collection for buying sanitary pads for underprivileged slum womans.</li> <li>19.12.2019 – Fund collection for buying sanitary pads for underprivileged slum womans.</li> <li>20.12.2019 – Survey of TMC school students to know their living, food , family conditions.</li> <li>21.12.2019 – Survey of underprivileged local slum to know their living, food , family conditions.</li> </ul>	Asst. Prof. Savita Upasani Asst. Prof. Mrs. Pratibha Kambli	24
2	<ul> <li>THE PEOPLE'S FOUNDATION</li> <li>16.12.2019 – Orientation of community work and career interest of school students.</li> <li>17.12.2019 – Learned and Worked on Johari Window module for self exploration.</li> <li>18.12.2019 – Resource mapping and survey on people involved in productive work in Manorma Nagar, Thane.</li> <li>19.12.2019 – Comprehensive career guidance and counselling of Sainath nagar and Jijamata nagar TMC school students.</li> <li>20.12.2019 – Visit to TMC school to observe and do survey on school students to know their daily routine.</li> <li>21.12.2019 – Visit to Dongri pada area to observe and do survey on unprivileged children to know their daily routine.</li> </ul>	Asst. Prof. Mrs. Latha Venkat Asst. Prof. Mrs. Paulmathi Lucas	25

Sr. No.	Community Work Centre	Centre Teacher In-charge	No. of students
3	<ul> <li>ARNA FOUNDATION</li> <li>16.12.2019 - Orientation and planning of community work.</li> <li>17.12.2019 - Assisted in teaching underprivileged children of Arna foundation school.</li> <li>18.12.2019 - Food distribution in slum area of road no.22, Thane.</li> <li>19.12.2019 - Conducted counselling session for woman related to menstruation hygiene and distribute sanitary pads.</li> <li>20.12.2019 - Conducted counselling related to health issues, sexual harassment, domestic abuse and unemployment for woman of slum.</li> <li>21.12.2019 - Cleanliness drive at Railadevi lake, Waghle estate Thane.</li> </ul>	Asst. Prof. Ketan Laxman Kamble	25
4	<ul> <li>KHUSHIYA FOUNDATION</li> <li>16.12.2019 - Orientation and planning of community work.</li> <li>17.12.2019 - Distributed free meals for underprivileged slum children under Roti ghar scheme.</li> <li>18.12.2019 - Importance of menstrual hygiene and sanitary pads awareness programs for locals slum woman.</li> <li>19.12.2019 - Cleanliness drive at TMC school Waghbil, Thane.</li> <li>20.12.2019 - Conducted Science and Maths activities for TMC school students.</li> <li>21.12.2019 - Christmas celebration for TMC school students.</li> </ul>	Asst. Prof. Mrs. Ankita Khati	25

### YEAR: 2019 - 20

Semester	4
Duration	1 week (Per day 6 hours service)
Date	10/02/2020 - 15/02/2020

Sr. No.	Community Work Centre	Centre Teacher In-charge	No. of students
1	<ul> <li>VISHWAKALYAN SAMAJIK SANSTHA</li> <li>&gt; 10.02.2020 – Orientation of community work and projects implemented by Vishwakalyan Samajik Sansth (VSS)</li> <li>&gt; 11.02.2020 – Distribution of Sanitary pads in Bhimnagar.</li> <li>&gt; 12.02.2020 – Advertise about women's day celebration in Bhimnagar and also asked local women to participate in the celebration.</li> <li>&gt; 13.02.2020 – Explained importance of education to local women and enlisted names of women who want to pursue further education.</li> <li>&gt; 14.02.2020 – Survey of vocational interest of local woman.</li> <li>&gt; 15.02.2020 – Fund collection for sanitary napkins to be distributed among under-privileged woman.</li> </ul>	Asst. Prof. Savita Upasani Asst. Prof. Mrs. Pratibha Kambli	30
2	<ul> <li>THE PEOPLE'S FOUNDATION</li> <li>10.02.2020 – Orientation of community work and career guidance workshop for higher secondary school students.</li> <li>11.02.2020 – Finalized activities for career guidance workshop for students.</li> <li>12.02.2020 – Scheduled entire program related to career guidance workshop in school.</li> <li>13.02.2020 – Identify, sort permission from School Principal and Finalized TMC school, Kajuwadi Thane for conducting career guidance workshop.</li> <li>14.02.2020 – Meeting with School Principal and planned career guidance workshop according to school time and requirements.</li> <li>15.02.2020 – Finally conducted career guidance workshop</li> </ul>	Dr. Anjana Rawat, I/c Principal	06

Sr.	Community Work Centre	Centre Teacher	No. of
No.	•	In-charge	students
3	<ul> <li>AARNA FOUNDATION</li> <li>&gt; 10.02.2020 – Orientation and planning of community work.</li> <li>&gt; 11.02.2020 – Teaching slum students importance of education and counselled them about their future carrier.</li> <li>&gt; 12.02.2020 – Made slums people aware about nutritious food and distributed bananas among slum children.</li> <li>&gt; 13.02.2020 – Beach cleaning at Uttan beach.</li> <li>&gt; 14.02.2020 – Counselling session for woman and girls about menstrual hygiene and sanitary pads.</li> <li>&gt; 15.02.2020 – Distribution of sanitary pads among the slum girls and report writing.</li> </ul>	Asst. Prof. Ketan Laxman Kamble Asst. Prof. Mrs. Ankita Khati	32
4	<ul> <li>KHUSHIYA FOUNDATION</li> <li>▶ 10.02.2020 – Orientation of community work, planning for week and assisted TMC Waghbil school teachers in teaching.</li> <li>▶ 11.02.2020 – Assisted TMC teachers in teaching and played games with TMC Waghbil school students.</li> <li>▶ 12.02.2020 – Conducted athletic competition for TMC Waghbil school students.</li> <li>▶ 13.02.2020 – Conducted drawing competition for TMC students.</li> <li>▶ 14.02.2020 – Conducted Teaching learning process by brainstorming among TMC students.</li> <li>▶ 15.02.2020 – Taught TMC students about</li> </ul>		27
5	<ul> <li>personal hygiene and cleanliness.</li> <li>NAVNIRMITI EDUQUALITY</li> <li>10.02.2020 – Orientation of community work and taught under-privileged BMC students Maths to increase their number sense.</li> <li>11.02.2020 – Celebrated National Science Day with BMC students.</li> <li>12.02.2020 – Taught BMC students Science and Maths by storytelling method</li> <li>13.02.2020 – Conducted T-shirt painting activity.</li> <li>14.02.2020 – Conducted frame making activity.</li> <li>15.02.2020 – Conducted cultural activity like dance and Yoga.</li> </ul>	Mrs. Megha Raj	02

### **CURRICULAR AND CO-CURRICULAR EVENTS**

















#### **CURICULAR AND CO-CURRICULAR EVENTS / ACTIVITIES:**

### **YEAR: 2017-18**

Faculty In-charge		<ul> <li>Asst. Prof. Debaleena Roy</li> <li>Asst. Prof. Savita Upasani</li> </ul>	
Sr. No.	Date	EVENT/ACTIVITY	
1.	01.07.2017	Orientation Program of S. Y. B. Ed. Semester -3	
2.	07.07.2017	Workshop on Blueprint and Test administration. S. Y. B. Ed. Semester -3	
4.	08.07.2017	Guru Poornima Celebration.	
5.	04.08.2017	Teaching Aids Exhibition and Rakhi Making competition	
6.	06.09.2017	Teachers' Day Celebration.	
7.	14.09.2017	Hindi Diwas Celebration	
8.	27.09.2017	Visit to National Stock Exchange, Mumbai	
9.	29.09.2017	Navaratri Celebration	
10.	03.10.2017	Cleanliness Drive (Poster wall competition and cleaning of campus)	
11.	14.10.2017	Greeting card, Diya and lantern making workshop	
12.	28.10.2017	Orientation Program of F. Y. B. Ed. Semester -1	
13.	03.11.2017	Student Council Election F. Y. B. Ed. Semester -1	
14.	06.11.2017	Guru Nanak Jayanti Celebration.	
15.	11.12.2017	Talent Search Competition of F. Y. B. Ed. Semester -1	
16.	14.11.2017	Children's Day Celebration	
17.	25.11.2017	ICT Workshop	
18.	06.12.2017	Dr. Bhimrao Ambedkar 61 <sup>st</sup> Death Anniversary.	
19.	14.12.2017	National Seminar on New Vistas in Active learning	
20.	23.12.2017	Christmas and New Year Party Celebration	
21.	05.01.2018 &	Art and Craft workshap	
21.	06.01.2018	Art and Craft workshop	
22.	12.01.2019	Makar Sankranti and Youth Day Celebration.	
23.	16.01.2018 &	UDDAN Festival (hosted by DGET 's College of Education, (B.Ed.)in	
23.	17.01.2018	Collaboration with Department of life- long learning and Extension.	
24.	22.01.2018	Yoga Workshop	
25.	26.01.2018	Republic Day Celebration	
26.	08.02.2018	Kala Ghoda visit	
27.	16.02.2018	Josh - Annual Sports Meet	
28.	03.02.2018	Orientation Programme of 2 <sup>nd</sup> Semester F. Y. B. Ed.	
29.	31.03.2018	Workshop on Preparing to face on school Interview	
30.	07.04.2018	Axis Bank Visit (Commerce Pedagogy Student)	
31.	24.04.2018	Annual Gathering, Convocation and Farewell	

#### **CURICULAR AND CO-CURRICULAR EVENTS / ACTIVITIES:**

#### YEAR: 2018-19

Faculty In-charge		<ul> <li>Asst. Prof. Ketan Kamble</li> </ul>	
Sr. No. Date		EVENT/ACTIVITY	
1.	02.07.2018	Orientation Program of S. Y. B. Ed. Semester -3	
2.	07.70.2018	Workshop on Blueprint and Test administration. S. Y. B. Ed. Semester -3	
3.	14.07.2018	S. Y. B. Ed. Semester -3 Book exhibition.	
4.	27.07.2018	Guru Poornima Celebration.	
5.	15.08.2018	Independence Day Celebration.	
6.	17.08.2018	Parsi New Year Celebration.	
7.	22-25.08.2018	Workshop on Research Methodology. ICSSR, University of Mumbai.	
8.	25.08.2018	Rakhi Making Competition	
9.	05.09.2018	Teachers' Day Celebration.	
10.	22.09.2018	Guest lecture by Dr. Geetha Venkant on Language Across Curriculum.	
11.	22.09.2018	Geography Pedagogy Field Visit – Yeoor Hills, Thane	
12.	29.09.2018	Guest lecture by Dr. Vishambhar Jadhav – Assessment for Learning.	
13.	29.09.2018	Hindi Diwas Celebration	
14.	01.10.2018	Cleanliness Drive at Yeoor Hills, Thane	
15.	13.10.2018	Orientation Program of F. Y. B. Ed. Semester -1	
16.	20.10.2018	Guest lecture by Asst. Prof. Ankita Khati on Childhood and Growing up.	
17.	27.10.2018	Talent Hunt Competition of F. Y. B. Ed. Semester -1	
18.	03.11.2018	Diwali card and Diya making competition.	
19.	03.11.2018	Student Council Election F. Y. B. Ed. Semester -1	
20.	14.11.2018	Children's Day Celebration	
21.	19.11.2018	Id- Milad- Ul- Nabi Celebration.	
22.	23.11.2018	Guru Nanak Jayanti Celebration.	
23.	24.11.2018	National Level Seminar in Assessment.	
24.	01.12.2018	Guest lecture by Asst. Prof. Chitra Nair on Gender and Society.	
25.	22.12.2018	Christmas and New Year Party Celebration	
26.	05.01.2019	Guest lecture by Dr. Ketki Satpute on Knowledge and Curriculum	
27.	14.01.2019	Makar Sankranti Celebration.	
28.	19.01.2019	Career Vision Program by Mr. Sachin Kadam	
29.	26.01.2019	Republic Day Celebration	
30.	02.02.2019	Orientation Program of F. Y. B. Ed. Semester -2	
31.	16.02.2019	Annual Sports Meet	
32.	23.02.2019	Lesson Plan Workshop	
33.	27.02.2019	Marathi Diwas Celebration	
34.	27.02.2019	Food Fiesta (Annapurna Yojna –DLLE activity)	
35.	08.03.2019	Woman Day Celebration.	
36.	09.03.2019	Guest Lecture by Mr. Chinu Kwatra on Environmental Education	
37.	16.03.2019	Workshop on Stock Market.	
38.	21.03.2019	Holi Celebration	
39.	23.03.2019	Exhibition on Transgender	
40.	30.03.2019	Guest lecture by Dr. Ketki Satpute on Language Across Curriculum	
41.	05.04.2019	Picnic to Imagica Water Park, Khopoli	
42	20.04.2019	Annual Gathering, Convocation and Farewell	

#### **CURICULAR AND CO-CURRICULAR EVENTS / ACTIVITIES:**

#### YEAR: 2019-20

Faculty In-charge		<ul> <li>Asst. Prof. Savita Upasani</li> </ul>	
Sr. No.	Date	EVENT/ACTIVITY	
1	29.06.2019	Orientation Program of S.Y. B.Ed. Semester 3	
2	13.07.2019	Workshop on Blueprint and Test administration. S. Y. B. Ed. Semester -3	
3	20.07.2019	Guru Poornima Celebration	
4	13.07.2019	Three days self-defense Workshop for Girl students.	
	20.07.2019		
	27.07.2019		
5	15.08.2019	Independence Day Celebration.	
6	17.08.2019	Parsi New Year Celebration.	
7	17.08.2019	Rakhi Celebration	
8	17.08.2019	Extempore Essay Writing Competition on Importance of cultural programs in B.Ed. Curriculum	
9	31.08.2019	National level Conference on Entrepreneurship	
10	07.09.2019	Ganapati Celebration	
11	14.09.2019	Hindi Diwas Celebration	
12	14.09.2019	Onam Celebration	
13	21.09.2019	Teachers' Day Celebration	
14	26.11.2019	Constitution Day Celebration	
15	28.09.2019	Cleanliness Drive	
16	28.09.2019	Pot Gardening Activity	
17	04.10.2020	One day State level workshop on Nai Taleem- Experiential Learning	
18	05.10.2019	Navratri Celebration	
19	09.11.2019	Eid- E- Milad & Guru Nanak Jayanti Celebration	
20	16.11.2019	Children's' Day Celebration	
21	20.11.2019	Orientation Program of F.Y. B.Ed. Semester 1	
22	23.11.2019	ICT Workshop	
23	30.11.2019	Student Council Election	
24	14.12.2019	Talent Hunt	
25	11.01.2020	Makar sankranti and Yuva Diwas Celebration	
26	25.01.2020	Action Research Workshop	
27	26.01.2020	Republic Day Celebration	
28	08.02.2020	Kreedotsav 2020- Intercollegiate sports Meet.	
29	22.02.2020	Lesson Plan Workshop	
30	29.02.2020	Food Fiesta – Annapoorna Yojana DLLE activity	
31	29.02.2020	Marathi Diwas Celebration	
32	01.03.2020 To 07.03.2020	StreeShakti International Women's Day Celebration Poster making competition Fashion show Lecture on Woman's Safety	
		Felicitation ceremony	

#### ACADEMIC AND CO-CURRICULAR AWARDS



#### ACADEMIC AND CO-CURRICULAR AWARDS

Special Awards 2016-18			
All Rounder student	Rupali Paradkar		
Best Academic Achievement	Sudha Singh		
Best Library User	Sandhyarani Kondeppu		
Best Intern	Moopanar Subulaxmi		
Highest Attendance Award	Smrutisikta Samantha		
Best Practicum Award	Maneesha N.		
Co-curricular and Extra Co-curricular Competition Awards			
Solo singing	Smrutisikta Samantha		
Solo Dance	Subhi Chauhan		
Group Dance	Subhi Chauhan, Shyama		
Art and Craft Making	Rupali Paradkar		
Rakhi Making	1 <sup>st</sup> : Preeti Sharma		
Rangoli Making	Maneesha N.		
Mehandi	Shyamlaxmi		
Poetry Writing and Recitation	Sujata Dubey		
Extempore Essay Writing	Sandhyarani Kondeppu		
Teaching Aids Competition Hindi Pedagogy	Rajani Singh		
Teaching Aids Competition Social Science Pedagogy	Shailaja Kotiyan		
#### **ACADEMIC AND CO-CURRICULAR AWARDS**

Special Awards 2017-19		
All Rounder student	Sanchita Basu	
Best Academic Achievement	Leyal Nadar	
Best Library User	Rupali Nikam	
Best Intern	Shilpa Nambiar	
Highest Attendance Award	Priya Nair	
Best Practicum Award	Mansi Patankar	
Best Leadership Award	Amutha Konar	
Best Co-curricular Participation	Priyanka Jangid	
Best Sportsperson	Priyanka Manoj Kumar	
Co-curricular and Extra Co-c	urricular Competition Awards	
Solo singing	1st: Grishma Penkar	
	2nd: Manimala Saha	
Solo Dance	1st : Remya Pallisseri	
Group Dance	Zara Khan	
	Deepalee Satpute	
	Rajani Kumari	
	Priyanka Jangid	
	Ujwala Nannaware	
Art and Craft Making	1 <sup>st</sup> : Nikita Agarwal	
	2 <sup>nd</sup> : Aditi Chatterjee	
Rakhi Making	1 <sup>st</sup> : Sanchita Basu	
	2 <sup>nd</sup> : Sonali More	
Rangoli Making	1 <sup>st</sup> : Deepalee Satpute	
	2 <sup>nd</sup> : Bhavya Venugopalan	
Mehandi	1 <sup>st</sup> : Manimala Saha	
Poetry Writing and Recitation	1 <sup>st</sup> : Amutha Konar	
	2 <sup>nd</sup> : Yasmin Miya	
Extempore Essay Writing	1 <sup>st</sup> : Leyal Nadar	
Teaching Aids Competition Hindi	1 <sup>st</sup> : Pooja Singh	
Pedagogy	1 <sup>st</sup> : Priyanka singh	
Teaching Aids Competition Science Pedagogy	1 <sup>st</sup> : Jitha K.P.	
Teaching Aids Competition Geography	1 <sup>st</sup> : Sanchita Basu	
Pedagogy	2 <sup>nd</sup> : Grishma Penkar	

#### **ACADEMIC AND CO-CURRICULAR AWARDS**

Special Awards 2018-20		
All Rounder student	Amina Shah	
Best Academic Achievement	Shweta Kamat	
Best Library User	Shubhangi Kalse	
Best Intern	Marry Sharmila	
Highest Attendance Award	Umesh Pawar & Shraddha Modi	
Best Practicum Award	Meenakshi Singh & Sameer Musale	
Best Leadership Award	Shruti Tushir	
Best Co-curricular Participation	Priya Malayath	
Best Sportsperson	Tasibunnisa Shaikh	
ICT Excellence	Mikky Singh	
Co-curricular and Extra Co-curricular Competition Awards		
Solo singing	1 <sup>st</sup> : Tulika Saxena	
Solo Dance	1 <sup>st</sup> Shruti Tushir	
Art and Craft Making	1 <sup>st</sup> : Bharti Jha	
Diya Decoration	1 <sup>st</sup> : Sheetal Sharma	
	2 <sup>nd</sup> : Arpita Thakar	
	3 <sup>rd</sup> : Mikky Singh	
Card Making	1 <sup>st</sup> : Aarti Yadav	
	2 <sup>nd</sup> : Priya Malayath	
	3 <sup>rd</sup> : Sameer Musale	
Rangoli Making	1 <sup>st</sup> : Neha Vaghela	
Drawing	1 <sup>st</sup> : Sheetal Sharma	
Mehandi	1 <sup>st</sup> : Nagma Khavra	
Best Garba Costume	1 <sup>st</sup> : Tulika Saxena	

## **SPORTS - ATHLETIC AND TEAM GAMES**



### **ATHLETIC AND TEAM GAMES**

#### YEAR: 2017-18

Facul	ty In-charge:	Asst. Prof. Savita Upasani	
Day, Date& Time: Saturday, 10		Saturday, 10 <sup>th</sup> January 2018; 9	a.m. to 5 p.m.
Scheduled:		<ul> <li>Inauguration of Annual sports meet JOSH: 2017-18</li> <li>Welcoming Chief-Guest: Dr. Anjana Rawat, I/c Principal</li> <li>Lighting of sports Torch by chief guest.</li> <li>Sports oath</li> <li>Inaugural speech by Dr. Anjana Rawat, I/c Principal</li> <li>Sport meet open for Games</li> <li>Prize distribution ceremony</li> <li>Vote of thanks – Asst. Prof. Savita Upasani</li> <li>National Anthem</li> </ul>	
		Sport Events	
Sr. No	Event Name	Winner/s	
1	7 stones	Winner  Sonali More (F.Y.B.Ed.)  Amutha Konar (F.Y.B.Ed.)  Zara Khan (F.Y.B.Ed.)  Pooja Naidu (F.Y.B.Ed.)  Priyanka (F.Y.B.Ed.)  Rajni Singh (F.Y.B.Ed.)	Runner up Team Arpita Das (S.Y.B.Ed.) Sandhyarani Kondeppu (S.Y.B.Ed.) Maneesha N. (S.Y.B.Ed.) Monika Singh (F.Y.B.Ed.) Bhavika Goswami (S.Y.B.Ed.) Bhavya Venugopalan (F.Y.B.Ed.)
2	Tug of war	<ul> <li>Priyanka Manojkumar (F.Y</li> <li>Rajni Kumari (F.Y.B.Ed.)</li> <li>Priya Nair (F.Y.B.Ed.)</li> <li>Priti Sharma (S.Y.B.Ed.)</li> <li>Amutha Konar (F.Y.B.Ed.)</li> <li>Maneesha N. (S.Y.B.Ed.)</li> <li>Monika Singh (F.Y.B.Ed.)</li> </ul>	.B.Ed.)
3	Dodge Ball	<ul> <li>Priyanka Manoj Kumar (F.'</li> <li>Rajni Kumari (F.Y.B.Ed.)</li> <li>Priya Nair (F.Y.B.Ed.)</li> <li>Priti Sharma (S.Y.B.Ed.)</li> <li>Amutha Konar(F.Y.B.Ed.)</li> <li>Maneesha N. (S.Y.B.Ed.)</li> </ul>	Y.B.Ed.)

Sr. No	Event Name	Winner/s
4	Relay Race	<ul> <li>1<sup>st</sup>: Rupali Paradkar &amp; Sheetal Mathew (S. Y. B. Ed.)</li> <li>2<sup>nd</sup>: Rajni Kumari &amp; Amutha Konar (F.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Sonali More &amp; Sanchita Basu (F.Y.B.Ed.)</li> </ul>
5	Three- Legged Race	<ul> <li>1st: Sheetal Mathew &amp; Rupali Paradkar (S.Y.B.Ed.)</li> <li>2nd: Sanchita Basu &amp; Priyanka (F.Y.B.Ed.)</li> <li>3rd: Rajni Singh &amp; Rinku Bhatia (F.Y.B.Ed.)</li> </ul>
6	Spoon - Marble	<ul> <li>1<sup>st</sup>: Sonali More (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Rinku Bhatia (F.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Rajni Singh (F.Y.B.Ed.)</li> </ul>
7	Spot skipping rope jump	<ul> <li>1<sup>st</sup>: Sonali More (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Amutha Konar (F.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Priya Nair (F.Y.B.Ed.)</li> </ul>
8	Shot put	<ul> <li>1<sup>st</sup>: Sonali More (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Rupali Paradkar (S.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Monika Singh (F.Y.B.Ed.)</li> </ul>
9	Chess	<ul> <li>Winner: Pamela Chatterji (F.Y.B.Ed.)</li> <li>Runner up: Sudha Singh (S.Y.B.Ed.)</li> </ul>
10	Carrom	<ul> <li>Winner: Priyanka Manoj Kumar (F.Y.B.Ed.)</li> <li>Runner up: Priya Nair (F.Y.B.Ed.)</li> </ul>

## **ATHLETIC AND TEAM GAMES**

Facul	aculty In-charge: Asst. Prof. Ketan Kamble		
Day, l	Day, Date & Time: Saturday, 16 <sup>th</sup> February 2019; 9 a.m. to 5 p.m.		
Scheduled:		<ul> <li>Inauguration of Annual sports meet JOSH: 2018-19</li> <li>Welcoming Chief-Guest: Dr. Anjana Rawat, I/c Principal</li> <li>Lighting of sports Torch by chief guest.</li> <li>Sports oath</li> <li>Inaugural speech by Dr. Anjana Rawat, I/c Principal</li> <li>Sport meet open for Games</li> <li>Prize distribution ceremony</li> <li>Vote of thanks – Asst. Prof. Ketan Kamble</li> <li>National Anthem</li> </ul>	
Sport Events			
Sr. No	Event Name	Winner/s	
1	Kho-kho	<ul> <li>Priyanka Manojkumar (S.Y.B.Ed.)</li> <li>Amina Shah (F.Y.B.Ed.)</li> <li>Shweta Kumari (F.Y.B.Ed.)</li> <li>Monika Singh (S.Y.B.Ed.)</li> <li>Priyanka Jangid (S.Y.B.Ed.)</li> <li>Ankita Yadav (F.Y.B.Ed.)</li> <li>Mita Supekar (F.Y.B.Ed.)</li> <li>Rajni Kumari (S.Y.B.Ed.)</li> </ul>	
2	Tug of war	<ul> <li>Amutha Konar (S.Y.B.Ed.)</li> <li>Sreeja Nair (F.Y.B.Ed.)</li> <li>Aarti Yadav (F.Y.B.Ed.)</li> <li>Fauzia Khan (F.Y.B.Ed.)</li> <li>Shubhangi Kalse (F.Y.B.Ed.)</li> <li>Tashibunnisa Shaikh (F.Y.B.Ed.)</li> <li>Tulika Saxena (F.Y.B.Ed.)</li> <li>Shwetha Kamath (F.Y.B.Ed.)</li> </ul>	

#### YEAR: 2018-19

Sr. No	Event Name	Winner/s
3	Relay Race	<ul> <li>1<sup>st</sup>: Rajni Kumari (S.Y.B.Ed.), Priyanka Manoj Kumar (S.Y.B.Ed.) &amp; Mita Supekar (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Fauzia Khan (F.Y.B.Ed.), Sreeja Vinod Nair (F.Y.B.Ed.) &amp; Shubhangi Kalse (F.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Amina Shah(F.Y.B.Ed.), Amutha Konar (S.Y.B.Ed.) &amp; Priyanka Jangid (F.Y.B.Ed.)</li> </ul>
4	Three- Legged Race	<ul> <li>1<sup>st</sup>: Fauzia Khan (F.Y.B.Ed.) &amp; Aarti Yadav (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Priyanka Manoj kumar (S.Y.B.Ed.) &amp; Rajni Kumari (S.Y.B.Ed.)</li> </ul>
5	Spoon - Marble	<ul> <li>1<sup>st</sup>: Manoj Kumar (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Sreeja Vinod Nair (F.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Nagma Khawra (F.Y.B.Ed.)</li> </ul>
6	Sack Race	<ul> <li>1<sup>st</sup>: Sreeja Vinod Nair (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Rajni Kumari (F.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Nagma Khawra (F.Y.B.Ed.)</li> </ul>
7	Shot put	<ul> <li>1<sup>st</sup>: Priyanka Pandit (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Sameer Musale (F.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Sreeja Vinod Nair (F.Y.B.Ed.)</li> </ul>
8	Chess	<ul> <li>1<sup>st</sup>: Amina Shah (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Tashibunnisa Shaikh (F.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Shikha Kumari (F.Y.B.Ed.)</li> </ul>
9	Carrom	<ul> <li>1<sup>st</sup>: Sameer Musale (F.Y.B.Ed.) &amp; Tashibunnisa Shaikh (F.Y.B.Ed.)</li> <li>2<sup>nd</sup>: Janhvi Kulkarni (F.Y.B.Ed.) &amp; Amutha Konar (S.Y.B.Ed.)</li> <li>3<sup>rd</sup>: Arpita Thakar (F.Y.B.Ed.) &amp; Mita Supekar (F.Y.B.Ed.) &amp; Priya Nair (S.Y.B.Ed.) &amp; Rupali Nikam (S.Y.B.Ed.)</li> </ul>

### **ATHLETIC AND TEAM GAMES**

#### YEAR: 2019-20

Facult	y In-charge:	Asst. Prof. Ketan Kamble	
Day, D	Date& Time:	Saturday, 8 <sup>th</sup> February 2020; 9 a.m. to 5 p.m.	
<ul> <li>✓ Inaugura 2020</li> <li>✓ Welcomi and Prof</li> <li>✓ Lighting</li> <li>✓ Sports oa</li> <li>✓ Inaugura</li> <li>✓ Speech bi</li> <li>✓ Motivati D. Patil,</li> <li>✓ Sport mation</li> <li>✓ Prize dis</li> <li>✓ Vote of t</li> </ul>		<ul> <li>✓ Inauguration of Annual sports meet JOSH KRIDOSTAV: 2020</li> <li>✓ Welcoming Chief-Guest: Mr. Onkar Sawant, Martial artist and Professional Body builder.</li> <li>✓ Lighting of sports Torch by chief guest.</li> <li>✓ Sports oath</li> <li>✓ Inaugural speech by Dr. Anjana Rawat, I/c Principal</li> </ul>	
	Sport Events		
Sr. No	Event Name	Winner/s	
1	Kho Kho	<ul> <li>(Mixed team)</li> <li>Sreeja Nair (Devta B.Ed. College, Kalwa)</li> <li>Tashibunnisa Shaikh (DGET B.Ed. College, Thane)</li> <li>Nagpal Kaur (DGET B.Ed. College, Thane)</li> <li>Shubhangi Kalse (DGET B.Ed. College, Thane)</li> <li>Rupal Bansal (Suraju Singh B.Ed. College, Kalyan)</li> <li>Reetu Rajan (Suraju Singh B.Ed. College, Kalyan)</li> <li>Aarti Yadav (DGET B.Ed. College, Thane),</li> <li>Sangeeta Yadav (DGET B.Ed. College, Thane)</li> <li>Shikha Sahu (Jai Bhagwan B.Ed. College, Kalwa)</li> </ul>	
2	7 stones	<ul> <li>Debpriya Dutta (DGET B.Ed. College, Thane)</li> <li>Neha Kumari (DGET B.Ed. College, Thane)</li> <li>Mamta Lalbahadur Yadav (DGET B.Ed. College, Thane)</li> <li>Ashpreet Kaur (DGET B.Ed. College, Thane)</li> <li>Zarin Shaffi Mohamed (DGET B.Ed. College, Thane)</li> </ul>	

Sr. No	Event Name	Winner/s
3	Tug of war	<ul> <li>(Mixed team)</li> <li>Sreeja Nair (Devta B.Ed. College, Kalwa)</li> <li>Tasibunnisha Shaikh (DGET B.Ed. College, Thane)</li> <li>Prabhpreet Nagpal Kaur (DGET B.Ed. College, Thane)</li> <li>Shubhangi Kalse (DGET B.Ed. College, Thane)</li> <li>Rupal Bansal (Suraju Singh B.Ed. College, Kalyan)</li> <li>Reetu Rajan (Suraju Singh B.Ed. College, Kalyan)</li> <li>Aarti Yadav (DGET B.Ed. College, Thane)</li> <li>Sangeeta Yadav (DGET B.Ed. College, Thane)</li> <li>Shikha Sahu (Jai Bhagwan B.Ed. College, Kalwa)</li> </ul>
4	Relay Race (4 x 100 mts)	<ul> <li>Shikha Sahu (Jar Bhagwan B.Ed. College, Kalwa)</li> <li>1<sup>st</sup> Shikha Sahu &amp; Sreeja Nair (Devta B.Ed. College, Kalwa)</li> <li>2<sup>nd</sup> Shubhangi Kalase &amp; Tashibunnisa Shaikh (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Rupal Bansal &amp; Reetu Ranjan (Suraju Singh B.Ed. College, Kalyan)</li> </ul>
5	Running Race	<ul> <li>1<sup>st</sup> Ashpreet Kaur (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Shubhangi Kalse (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Pavitra Karthik (DGET B.Ed. College, Thane)</li> </ul>
6	Needle and Thread Race	<ul> <li>1<sup>st</sup> Aspreet Kaur (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Simran Gabeja (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Tashibunnisa Shaikh (DGET B.Ed. College, Thane)</li> </ul>
7	Sack Race	<ul> <li>1<sup>st</sup> Kanti Yadav (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Tashibunnisa Shaikh (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Romi Kumari (DGET B.Ed. College, Thane)</li> </ul>
8	Marble and spoon	<ul> <li>Marbel and Spoon (Girls)</li> <li>1<sup>st</sup> Shweta Pandey (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Shubhangi Kalse (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Reetu Rajan (Suraju Singh B.Ed. College, Kalyan)</li> <li>Marbel and Spoon (Boys)</li> <li>1<sup>st</sup> Ganesh Sawant (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Bhupendra Shirke (DGET B.Ed. College, Thane)</li> <li>Marbel and Spoon (Staff)</li> <li>1<sup>st</sup> Parag Padelkar (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Prem Kamble (DGET B.Ed. College, Thane)</li> </ul>

Sr. No	Event Name	Winner/s
		<ul> <li>Shot Put (Girls)</li> <li>1<sup>st</sup> Sreeja (Devta B.Ed. College, Kalwa)</li> <li>2<sup>nd</sup> Geetha Sunder (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Shubhangi Kalse (DGET B.Ed. College, Thane)</li> </ul>
9	Shot put	<ul> <li>Shot Put (Boys)</li> <li>1<sup>st</sup> Bhupendra Shirke (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Ganesh Sawant (DGET B.Ed. College, Thane)</li> <li>Shot Put (Staff)</li> <li>1<sup>st</sup> Prem Kamble (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Parag Padelkar (DGET B.Ed. College, Thane)</li> </ul>
10	Carrom	<ul> <li>Carrom (Girls)</li> <li>1<sup>st</sup> Priyanka Patil (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Geetha Sunder (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Mamta Yadav (DGET B.Ed. College, Thane)</li> <li>Carrom (Boys)</li> <li>1<sup>st</sup> Sudhir Nawale (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Ganesh Sawant (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Bhupendra Shirke (DGET B.Ed. College, Thane)</li> </ul>
11	Chess	<ul> <li>Chess (Girls)</li> <li>1<sup>st</sup> Amina Shah (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Simran Gabeja (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Reetu Rajan (DGET B.Ed. College, Thane)</li> <li>Chess (Boys)</li> <li>1<sup>st</sup> Ganesh Sawant (DGET B.Ed. College, Thane)</li> <li>2<sup>nd</sup> Sudhir Nawale (DGET B.Ed. College, Thane)</li> <li>3<sup>rd</sup> Bhupendra Shirke (DGET B.Ed. College, Thane)</li> </ul>

## LITERARY SECTION



### **DEAR GOD**

#### It's been long time since I last wrote to you. Our correspondence was interrupted by the recent situation about YOU must have been seen and heard, without any internet, unlike us mortals.

Everyone was fighting over YOU and YOUR so-called shrine. Little do they know that YOU exist in everyone. Didn't you foresee that in creating so many of us and all completely different, there would be a great deal of unhappiness? YOU were probably idealistic in believing that there is unity in diversity and went over-board with YOUR innovations.

Surely at some stage YOU must have had some doubts about YOUR creations. Look at the shocking intolerance we have of late been a witness to, not just in India, but all over the world.

YOU gave us the ability to think, rationalize and differentiate. But YOU forgot that those same qualities could destroy. YOU sent too many messengers to us: Mr. Jesus, Mr. Ram Mr. Mohammed and ..... the list is endless.

They conveyed their message most effectively, but they did't think about human weaknesses. They did their job and left, recording their message in the holy books the Bible, the Gita, the Koran ...... and we built churches, temples, mosques .... in their names and memory. All this, because most of us are unable to put our faith in someone who exist but is intangible. I am not blaming God, because His intentions were good, but poor foresight. Crusades, Hindutav, Jihad, Fatwa ..... doesn't have any meaning anymore in our life? Help us to begin new life after these horrifying things.

To make things easier for all of us, YOU gave the concept of money in our minds. And now we think of nothing else. Great Divide – Rich and Poor. Some wise fellow once said that money is the root cause of all. I think he was right. And yet, even I want to earn some and stand on my own in this society. I 'm sure YOU are calling me hypocrite right now. But we can't survive these days without it, for that I will have to chase them too.

Anyway, I hope that YOU are developing some strategy to combat our problems. Please do something, GOD, and fast, before we destroy this lovely land.

Now let me not forget to thank YOU for the beautiful things in the world. The Sun, Moon, Mountains, Rivers, Seas, Thumps-up, pizzas and many things around us. Our moms, dads' siblings teachers, DGET college and education.

Must sign off now. I hope to hear from YOU soon.

Love,

You Believer

#### -Umesh R. Pawar

## दर्जा

- प्रा. सौ. सविता उपासनी

शिक्षणक्षेत्राची जबाबदारी मोठी कारण पुढची पिढी घडवण्याची कसोटी खरी शिक्षणच देतो तुम्हाला सुजाण नागरिकांची पिढी मग त्यासाठीच दर्जाची रस्सीखेच भारी

दर्जा, दर्जा म्हणजे नक्की काय हो संस्थापकापासून ते शिक्षणमंत्र्यापर्यंतच्यांनी घेतलेल्या "चांगल्याचा " ध्यास हो

पारंपारीक पद्धतीला करत Bye, नवीन पद्धतींना Hi, यंत्रांनी मदत, चांगल्याची संगत, Teamwork ची गंमत, नव्या अध्यापक पद्धतींची रंगत, यानेच घडेल दर्जेदार शिक्षणाची पंगत

विद्यार्थ्यांना कौशल्य, ज्ञान याची दृष्टी यानेच घडेल त्यांची नोकरी व्यवसायातील सृष्टी वैज्ञानिक दृष्टीकोन, नीतिमूल्यांची जाण, संशोधनाची आस, जीवनात आणेल रंगत खास

शिक्षणक्षेत्राला, आणखी काय हवे, उडणाऱ्यांच्या पंखात बाळ नवे

# हँसी

- नागपाल प्रभप्रित कौर

हर दर्द को मिटा देती है, हँसी।

हर गम को भुला देती है, हँसी ।

खुशी का एहसास है , हँसी ।

जीने का हौसला है, हँसी ।

वीरानो में बहार लाती है, हँसी।

मुरझाये फूल खिलाती है , हँसी ।

औरों को लुभाती है, हँसी।

गैरों को अपना बनाती है, हँसी ।

एक खजाना है, हँसी ।

गम को भुलाने का बहाना है, हँसी ।

#### **EGO – I with Dogmas and Opinions**

#### - Charanjit Lamba

What is blocking us, is our mind that is not cultured, not purified, a mind with its "dogmas, conclusions and opinions". This is because of ego; it identifies with some ideal and anyone disagreeing with the ideal is a block in his life. When a child is born, there is no ego, it is innocent. Then slowly, the society and family put 'i' in the child. The 'i' is inscribed and slowly, it starts strengthening. Even our education system, in an indirect way, gives vitality to it. The true purpose of spirituality is providing medicine to this disease called Ego. Ego is our misery, our block, our hell. Dropping ego is the way out. Ego is the greatest block, the greatest burden. The content of the block in us is the ego. The content of ego is its content of conclusions, dogmas, and opinions and hence our consciousness gets mixed up and polluted. It is like adding water to milk.

A poet was presented with a crystal jar containing a fish. He looked at it and became sad, for the fish was bound by the jar. Out of compassion he gently let the fish into a lake. Then he realised that he had no use for the crystal jar. So he threw it in the lake. The next day he went to the lake, and was shocked to see the fish still residing in the crystal jar and not in the vast lake. Perhaps, the fish felt at home in the jar and did not see it as bondage.

We find that many love their prisons and do not experience joy in being free. They are used to their bondage and have lost the true sense of freedom.

## ऋण चुका नहीं सकते हम तुम्हारा (शहीदों को नमन)

- अर्षप्रीत कौर

कहना बह्त आसान है, जीना बहुत है मुश्किल, एक बार सोच के तो देखो, अपने आप को उस जगह पर तौल के तो देखो । डक पल में साँस रुक जाएगी, जब ये बात पलभर के लिए मन में आएगी । इसलिए ऋण चुका नहीं सकते हम तुम्हारा, ऋण चुका नहीं सकते हम तुम्हारा । आँसू सुखा नहीं सकते माँ तुम्हारा, चैन लौटा नहीं सकते पत्नी तुम्हारा, प्यार दिला नहीं सकते बच्चों तुम्हारा, क्योंकि बेटा लौटा नहीं सकते हम तुम्हारा, पति लौटा नहीं सकते हम तुम्हारा, बच्चो बाप लौटा नहीं सकते हम तुम्हारा, इसलिए ऋण चुका नहीं सकते हम तुम्हारा । धूल के कण जितनी भी औकात नहीं हमारी ऋण चुकाना तो दूर, ब्याज को छू नहीं सकते त्म्हारी कुर्बानी को याद रखेंगे, अपनी दुआ में हर पल तुम्हें आबाद रखेंगे । ऐ ख्दा, इस नाचीज़ की इतनी सी द्आ कबूल कर लेना आपने आँचल में उनके परिवारों को हर पल महफ़ूज़ रख लेना बस इतनी सी दुआ मेरी कबूल कर लेना क्योंकि, ऋण चुका नहीं सकते हम, शूरवीरो तुम्हारा । शत शत नमन तुम्हें हमारा

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#### **15 FACTS OF LIFE**

#### - Prabhpreet Kaur Nagpal

- 1. At least 5 people in this world love you so much that they would die for you.
- 2. The only reason why anyone would ever hate you is that, he or she wants to be just like you.
- 3. You are so special & unique to be able to create a good atmosphere for your friends.
- 4. When you make the biggest mistake ever, something good always comes out from it.
- 5. Always remember the complements you received and forget all the rude remarks.
- 6. Always tell someone how you feel about that person; you will feel much better when somebody knows it.
- 7. If you have great friends, take time to let them know they're great.
- 8. When you think that you have no chance at getting what you want, you probably won't get it; but if you believe in yourself, sooner or later you will get it.
- 9. A smile from you brings happiness to someone, even if that person doesn't like you.
- 10. Every night someone thinks about you before going to bed.
- 11. Always think positive to climb the ladder of success.
- 12. When you think the world has turned its back, take a look back. You will most likely find that you turned your back on the world.
- 13. Manage your money & thoughts to tackle the situation as per need and urgency.
- 14. Snatch the opportunity before time goes from your hand.
- 15. Success never ends. Failure never finds.

- सौ. सुप्रिया विशाल सोनावणे

## तुज पंख दिले देवाने ,

## कर विहार तू गगनावरती ...

असे कोणीतरी म्हणाले आहे ,याच गोष्टीचा विचार जगातील प्रत्येक स्त्रीने केला पाहिजे . जीवनाच्या शेवटच्या क्षणापर्यंत "स्व "ची जाणीव ठेवून फुलपाखरासारखे सुंदर व स्वच्छंद जीवन जगून आपले मानवी जीवन सार्थकी लावले पाहिजे . स्त्री .... स्त्री म्हणजे काय असते ?ती असते ज्वलंत ,तेजोमयी ,प्रज्वलित ज्योत .... मात्र प्रत्यक्षात आयुष्य जगताना ,याच ज्योतीची वात कधी होते हे तिलाही कळत नाही.

## स्वतः जळूनि ,

## प्रकाश द्यावा सकलांना ...

मान्य आहे मला ,परंतु जेव्हा कोणी तुझ्या स्वाभिमानावर आघात करेल ,तेव्हा हे स्त्री तू पेटून उठलीच पाहिजेस ... नाहीतर त्या पाषाणात आणि तुझ्यात काय अंतर ते ?तुझ्या अंगी असणारे ममत्व शाप नाही तर वरदान आहे ,परंतु त्याचा आंधळेपणाने उपयोग करणे मूर्खपणा नाही का ठरणार ?विचार कर ,उठ ... स्वतःची ओळख निर्माण कर. .. या जगात प्रत्येकवेळी तुला आधार मिळेलचं असे नाही... अश्रू ढाळत बसण्यापेक्षा शिक्षणाची तू कास धर ,हो तयार या जगात तुझा ठसा उमटवण्यासाठी ...

## घे भरारी तू घे भरारी

तुज पंख दिले देवाने

कर विहार तू गगनावरती ।

## जल

- सुषमा यादव

जल जीवन का आधार है,

जल इस प्रकृति का सार है 🛙

जल अविरल है , जल निर्मल है।

समाहित इसमें शक्ति अपार है।

जल जीवन का आधार है

जल इस प्रकृति का सार है।

मानव जल को गर तू आज ना बचाएगा ,

तो भविष्य में जल सोने के भाव भी न पाएगा।

जल ब्रम्हा है , जल है विष्णु ,

जल शिव रूपी संहार है।

जल जीवन का आधार है ,

जल इस प्रकृति का सार है।

जल है प्रारंभ , जल ही है अंत ,

जल की महिमा गाते मुनि- महंत।

जल की बूँद - बूँद अनमोल,

तू इसमें कोई ज़हर न घोल।

सुन सके तो सुन इस जल के बोल ,

जिसकी महिमा अपरम्पार है।

जल जीवन का आधार है

जल इस प्रकृति का सार है।

### THE JOURNEY FROM FEAR TO LOVE

#### Charanjit Lamba

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The greatest transformation you can bring to yourself and the world is to birth yourself out from the energy of fear to love.

Hundreds and hundreds of lives, thousands of experiences in the world of form have created a crust around our hearts.

Dear Soul, it's not so. It's not so. Life is not about pain. Are you ready to break through the ancestral wounds? Through all you have lived, that you now can see as experience and finally let go?

Let's do it right now.

Let's open up to the raging ocean of unconditional love that is our very true essence.

Your pain and fear will arise, love them.

Be present and available to feel it all, in the safe sacred space of this intention.

Embrace right now every second of the painful story and realize that you are bigger than that.

Realize that nothing can compare to the amazing nature of your soul.

Let your sweetheart take over. You want a full life, and nothing can stop you.

Strength of the heart

Innocence within, it's still there!

\*Feel this collective sacred moment and be free.

Make today the day of your Freedom, and love again. Love yourself, love life, just love\*

### <u>कश्मकश</u>

- पूजा म्हात्रे

ए जिंदगी ये कैसी कश्मकश है । झूठे इमान की ये अजीब सी रश है ॥ अशर्फिया कमाने में हम जरा ज्यादा ही बिजी है । बांधकर झूठ का मुखौटा सच्ची तस्वीर बनाने से लगता है लाइफ जरा ज्यादा ही इजी है ॥

> ए जिंदगी ये कैसी कश्मकश है। झूठे इमान की ये अजीब सी रश है ॥ संदूके ही मन की वफ़ा से भर ली हमने । बेवफाई के साथ जिंदगी बेहतर करली हमने ॥ आज आईने में देख कर खुदको । खुद की ही नजरे खुद से चुराली हमने ॥

ए जिंदगी ये कैसी कश्मकश है। झूठे इमान की ये अजीब सी रश है॥ जख्मों पर मरहम लगाने की आदत बड़ी पुरानी है। खूब सोचा तो याद आया आदत के साथ खुद भी बहुत बदल गया हूँ॥ इतना मशरूफ हो गया इस ज़माने के साथ की खुद को पहले खुद की आँखें देखती हैं। यह बात शायद मैं भूल गया हूँ॥ यह बात शायद मैं भूल गया हूँ॥

#### **OUR LIFE- A BALANCE SHEET**

#### - Sameer Musale

Parturition is Our Opening Balance Expiration is our closing Balance Preconception is our Liabilities Innovative ideas are our Assets Humanity is our current Asset Passion is our fixed Deposit Reasoning is our current Account Gains are our Capital Personality and Appearance are our stock in trade Ethics and Character are our Goodwill Tolerance is our earned Interest Attachment is our Dividend Infant is our Bonus Issue Education is our Investment Struggle is our Premium Account THE AIM IS TO Cost-cutting liabilities to zero at the end of the day Keep the current account operating and going Develop, Expand, strengthen by Transferring funds from the current account Enlarge the account of the current asset frequently Dispense the dividend generously. Be excellent, work excellent. Stay satisfied and make everyone satisfied.

#### MAN- ARCHITECT OF HIS OWN FATE

God created the donkey and said to him, "You will be a donkey. You will work untiringly from sunrise to sunset carrying burdens on your back. You will eat grass; you will have no intelligence and you will live for 50 years." The donkey answered, "I will be a donkey, but to live 50 years is too much. Give me only 20 years." God granted his wish.

God created the dog and said to him, "You will guard the house of man. You will be his best friend. You will eat whatever he gives you and you will live for 25 years." The dog answered, "Sir, to live 25 years is just too much, give me only 10 years." God granted his wish.

God created the monkey and said to him, "You will be a monkey. You will swing from branch to branch doing tricks. You will amuse the kids and live for 20 years." The monkey answered, "A life of 20 years is simply too much, give me only 10 years." God granted his wish.

#### - Hamidah Thanawalla

Finally God created man and said to him, "You will be the only rational creature on the face of this Earth. You will use your intelligence to gain mastery over all the other animals. You will dominate the world and live for 20 years." Man responded, "God, I will be a man but a life span of 20 years is so less. Why don't you give me the 30 years which the donkey refused, the 15 years that the dog gave back, and the 10 years which the monkey doesn't need." God granted his wish.

And since then, man lives 20 fulfilling years as a man. Then he marries and spends 30 years as a donkey, working and carrying burdens on his back. Then when his children are gone, he lives 15 years like a dog, taking care of the house and eating whatever is given to him. Once he retires, he lives 10 years as a monkey, going from house to house, from one son or daughter to another, doing tricks to amuse his grandchildren.

## कामावरची दादागिरी

## - प्रा. सौ. सविता उपासनी

कामावरची दादागिरी डोक्याला ताप भारी पण गडया तीच तर दुनियादारी म्हणूनच तुझी हवी तयारी ।। १।।

टिका, टिपण्णी, धमक्यांना घालू नकोस चारा, साध्या सरळ उत्तरांनी कर तू मारा नको रागावणे, रडणे, चिडणे त्यापेक्षा बरे प्रश्न विचारणे ।। २।।

शिवरायांचा मावळा तू , छोटया - मोठया प्रसंगांनी खचू नको, शक्तीपेक्षा युक्ती मोठी हे तू विसरू नको कायद्याचा आधार घ्यायला मागे- पुढे पाहू नको ।। ३।।

> झाल्या गोष्टींचा गोषवारा मालकाला द्यायचाच आहे थोडा वेळ कळ सोस विजय तुझाच आहे विजय तुझाच आहे ।। ४।।

### **A DIFFERENT CONNECTION**

#### Preeti Maheshwari

# Parents are one of the precious gifts we get from god and the thought of them being <u>unwell!!</u>

The hospital is a whole different world, with every passing day,

You start recognizing faces around you,

Be it housekeeping staff, cafeteria people, nurses, co-patients and their families.

You slowly start feeling a certain comfort.

Everyone around you start becoming the partner in pain and starts celebrating the recovery with you as well.

We actually complain that there isn't time for things in life,

But in hospital I realize how long every minute is.

It is such a heart crunching feeling to see our parents grow old.

I hate to see the transition they go from being our support to needing our support,

They hold our hands to take first step and now they need our help to walk.

They remind you of things throughout and now they themselves find it hard to remember.

How I wish God's ways were different!

### एक प्रश्नपत्र की आत्मकथा

#### - प्रा. सौ. देवलीना रॉय

किसी ने आज मुझे कचड़े के डिब्बे में दे मारा। मेरी हालत एक पिंग पांग बॉल के जैसी हो गई है, मगर मेरी आक।र गोलाकार नहीं, कही चपटा तो कही पचका हुआ है। चौंक गए क्या? दोस्तों आपने सही समझा मैं एक आम इंसान नहीं बल्कि एक कागज़ का टुकड़ा हूँ, जिसे देखकर अच्छे अच्छो की पसीने छूट जाते है। अरे जनाब मै किसी डॉक्टर का प्रेस्क्रिप्शन नहीं, मैं तो एक प्रश्न पत्र हूँ।

चलिए सुनिए मेरी आत्मकथा विस्तार से। मेरा जन्म हिंदी टीचर शर्मा सर के टेबल पर हुआ। रामनाथ शर्मा एक अत्यंत अनुशाषित शिक्षक है। मुझे आखरी आकार देने से पहले उन्होंने मेरी कई ब्लू प्रिंट तैयार की, दस बार उन्हें फाड़ा और तब जाकर उनकी आत्मा को शांति मिली। और मै अपने असली अवतार में आई। मुझे अपने हाथों में लेकर, नाक भौ सिकोड़ कर बारीकी से जाँच करने लगे। फिर मंद मंद मुस्कुराते हुए हेड मास्टर के कमरे की तरफ चल पड़े।

" देखिए सर क्या पेपर सेट किया है, " शर्मा सर उचक कर बोले। ? " हेडमास्टर ने भी तपाक से पूछ लिया ,"बच्चे पास तो जाएंगे न सर जी ?" शर्मा सर ज़ोर ज़ोर से सर हिलाकर बोले, " अवश्य होंगे सर, अवश्य होंगे आप चिंता न करे". फिर क्या था उन्होंने मेरी खूब सारे जुड़वाँ भाई बहनों का भी जन्म सुनिश्चित किया। आपकी भाषा में फोटो कॉपी। और फिर वो दिन आया दिन आया, वही परीक्षा का। मैं किसी श्याम नाम के बालक के हाथों जा गिरी। और फिर शर्मा सर के बातों को झुट्लाते हुए मुझे देखते ही ज़ोर ज़ोर से रोने लगा। परीक्षक ने उसे जोर से धमकाया, " साल भर कुछ पढ़ते लिखते तो हो नहीं और अभी नाटक कर रहे हो! लिखो चुपचाप "...

और फिर न जाने श्याम उत्तर पत्रिका पर क्या अंट शंट लिखता रहा और मेरे ऊपर न जाने कितने खरोंचे बनाई। मेरे भाई बहनो को शायद कुछ अच्छे बच्चे मिल गए थे। लेकिन मैं बेबस सब कुछ सहती रही । श्याम शर्मा सर का सारा गुस्सा मुझपर निकलता रहा और जैसे ही परीक्षा समाप्त हुई हुई वो मुझे कूड़ेदान में दे मारा। मैं वहाँ पड़े दूसरे रद्दीयों के साथ अपने मौत का इंतज़ार करने लगी, फिर कुछ ही देर में मेरे आँखों के सामने अँधेरा छा गया।

#### MOTHER: WHO MAKES A HOUSE, A HOME AND OUR LIFE!!

Sameer Musale

Who is a Mother? As it was not possible for the almighty to be present with children, so he created the world's most beautiful creation- Mother. She creates a bundle of joy for you in this selfish world. She loves, cares and nurses you like none. She wipes your nose, cleans your bum, and sings you lullabies. She does not sleep at night, and cares for your dreams to come true. Somehow through her extraordinary gifted sense, acknowledges when you are feeling low or when your hiding things in a guise. she allows you, your own space till you ask for her advise. She is the tissue for our tears, listening like a Therapist. She is a Map, who helps to find our way. She is like a library, who shares her knowledge and she is a super HERO, who can save the day. She is a greatest teacher of compassion, love and fearlessness. She gets angry, when you argue with her and gives you a spank for dirtying the house. But with the innocent smile and words like "I'm sorry mom" let's you get off your punishment. Mother's blessings instils a great work ethic in us both personally and professionally As they give us everything.

पिता

- नेहा कुमारी

वह जो बचपन में हमें, पढ़ाता-लिखाता है खुद नंगे पाँव चल कर भी, हमें गोद में उठाता है । जो अपने बच्चों की ज़िद पूरी कर उन्हें कभी रोने नहीं देता एक पिता ही तो है, जो हमें कभी कुछ होने नहीं देता ।

खुद रोकर भी जो जिंदगी में, हमें हँसाता है

वह लाख गमों को झेले पर, कभी हमें ना जताता है । अपनी नींद भी वह, हमारे लिए उजाड़ देता है

एक पिता ही तो है, जो हमें हर संकट से उबार देता है ।

कमाना इतना चाहता है, कि औलाद को कम ना पड़े बनाना ऐसा चाहता है, कि हम फौलाद बन पड़े । खुद पुराने कपड़ों में भी,वो पूरा साल गुजार लेता है एक पिता ही तो है, जो औलाद के लिए उधार लेता है ।

सब सहारे झूठे हैं जिंदगी में ,सच्चा पिता का सहारा है झोंक देता जो आग में, हमारे लिए अपना जीवन सारा है । एक लहराती कश्ती हूँ मैं, पिता ही तो मेरा किनारा है मैं तो बस एक छोटा सा बादल हूँ, पिता मेरा ब्रह्मांड सारा है ।

#### **ONE MINUTE WONDER**

#### Hamidah Thanawalla

What can one minute do for us? A thoughtful one minute! I know most of us spend it in checking our What's App status or anything else on our cellphones. That's the easiest thing to do. But is it worth it??

A minute is short enough to waste but valuable enough to use. In a minute you can refresh yourself, relax, re-focus your energy or do a good deed. Here are some handy tips of things you can do in just a minute!

- 1. Nothing. "Hey it's only a minute!" You can take this cheap, relaxing, non toxic escape.
- 2. Clean your desk. Put your files on a diet. Review one overstuffed file and toss useless material from it.
- 3. Think a good thought. Positive thoughts create wonders.
- 4. Be thankful for all the amazing things you have. You are definitely privileged than millions of others.
- 5. Visualise your vacation. After all, you deserve a break.
- 6. Plan your tomorrow. Ensure that it is better than your today.
- 7. Think about something that has been bothering you. Take at least one action towards solving it.

- 8. Meditate. Connect with your creator.
- 9. Review your life goals. If you don't have any, jot them down immediately.
- 10.Think of ways you waste time. Eliminate one, starting today.
- 11. Think about something that makes you happy. Bring a smile on your face
- 12.Focus on a disappointment and how you could turn it around.
- 13.Observe someone you admire. What did you learn?
- 14.Give someone a genuine compliment. They'll be happy that at least someone noticed it.
- 15.Time yourself See how much faster you can complete a routine task.
- 16.Get some oxygen to your brain. Yawn and stretch!

**Time's Up!** Starting this minute, concentrate on filling those stray minutes with useful activities and ideas, positive thoughts and actions. You will be amazed how much you can get done in them. So what are you waiting for? Get, Set and Go.....

## मेहनत - सबसे बड़ा हथियार

- मनिता महेश्वरी

किस्मत का रुख बदल सकता है। मेहनत कर अपनी जिंदगी बदल सकता है।

कोई काम है असंभव यह सोच बस एक भ्रम है। हर काम होंगे पूरे जो मेहनत तेरा कर्म है।।

> ना थकना,ना रुकना,ना ठहरना है । मेहनत कर हर मंजिल को पाना है।।

हो चाहे आगे कितने ही तूफान । मेहनत करते रहना तू बस एक समान।।

लक्ष्य पाने का हर प्रयास तो कर । रास्ते के पत्थर पर मेहनत का प्रहार तो कर।।

जो कुछ पाना है तो अड़े रहना होगा। आसमान को छूना है तो मेहनत की धूप में तपना होगा।।

लगा अपने मेहनत और पसीने की स्याही आज । बना अपने जीवन की कहानी कर उस पर तू नाज़।।

### THE FORGOTTEN MINERAL

#### Mrs.Debaleen Rupadhish Roy

The mica group of sheet silicate (phyllosilicate) minerals include several closely related materials having nearly perfect basal cleavage. All are monoclinic, with a tendency towards pseudo hexagonal crystals, and are similar in chemical composition. The nearly perfect cleavage, which is the most prominent characteristic of mica, is explained by the hexagonal sheet-like arrangement of its atoms.

Have a look



The History Says

In Latin it is known as mīca which mean to shine or to glitter or the Latin mica is a crumb or grain.

#### Classification of mica

Mica is found in mines in sheets at various depths.

There are seven important mica minerals:

- Muscovite or potassium mica H2KAl3(SiO4)3
- Paragonite or sodium mica H2NaAl3(SiO4)3
- Lepidolite or lithium mica K Li Al(OH, F)2Al(SiO4)3
- Phlogopite or magnesium mica H2KMg3Al(SiO4)3
- Biotite or magnesium iron mica (H2K)(Mg, Fe)3Al(SiO4)3
- Zinnwaldite or lithium iron mica Li2K2Fe2Al4Si7O24
- Lepidomelane or iron mica (H, K)2(Fe, Al)4(SiO4)5

Muscovite is the commonest of all and whenever the word mica is used it is understood to mean muscovite. India is the largest producer of Muscovite.

#### Mica reserves

India produces the largest amount of mica in the world and controls nearly 60% of the international trade in mica. But, it is not known yet about the estimated deposits in India. This is because the presence of mica in nature does not follow any known rules. In identifying mica producing areas the role of an experienced mica mine laborer is more important than an investigating geologist. Mica is mainly found in pegmatite rocks, which is irregularly distributed. Again, pegmatite itself does not always have the same amount of mica. Mica mines are found usually by following the veins of the pegmatite rocks from the earth's surface into the earth's interior.

#### Mica: The downhill racer

The shining, silvery sheet called mica, which until a few years ago was bringing in millions of rupees worth of foreign exchange, is currently in the throes of an unprecedented crisis. During the financial year, between April and February 1976, mica exports have totaled only Rs.14 crores against the target of Rs. 23 crores. While the drop in mica exports this year is attributed to the growing competition faced by Indian mica from ceramics and plastics in world markets, our declining barter trade with some Socialist countries, excluding the Soviet Union, is an important contributory factor.

Having lost most of its former popularity due to the increasing use of plastics and ceramics in domestic electronic appliances, mica is now being used mainly for strategic instruments and by the aircraft industry, though research is being carried out in the premier laboratories of the world for discovering a suitable substitute for mica. The Russians claim to have achieved some success in this direction, but the fact that they are still importing natural mica from India hardly corresponds to their claim.

#### The Ugly Face of Beauty

Mica is a naturally occurring mineral that is widely used in makeup for its shimmery quality. It makes eye shadow dazzle and gives foundations a soughtafter natural glow. However, its procurement is often illegal, involves child labour and is associated with health and safety risks.

This is the situation in India, where 60% of the world's mica is produced. impoverished population The of Jharkhand State mine for mica despite it being banned. This is destroying the state's nature reserve, but the world's growing interest in mica-based cosmetics means production continues. For many locals it's their only source of income. Even though there are serious occupational health hazards linked to mica production, whole families work in the industry, including very young children. Not a month goes by without somebody dying in the mines.

Child slave labour is shockingly common here. Forced to work and deprived of education, these kids are left with only one option – to remain stuck forever in this dangerous and underpaid job. While many big cosmetic companies refuse to buy mica directly from illegal mines, they don't question where the processing plants they shop at get their supplies from. Meanwhile, the vast majority of the mines in Jharkhand are illegal.

Bottom Line : During the last war, importance of mica for electrical plant, motors, aeroplane and other uses was so much realized that it was necessary for the government to take charge entirely of production and supply of mica to make sure that all the mica available was put to best use of the British Empire and its allies.

In any future war the mica supply will again be a matter of most vital importance and we have here in this province in the Bihar mica field the most important deposit in the world so far discovered. The government in a sense is a trustee for a most important national asset. The mica industry therefore is of more than local importance. The supply is by no means inexhaustible and it becomes the duty of the local government to conserve the available supply and to keep the industry in a healthy and prosperous condition.

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## <u>सतवणारा पाऊस</u>

## - केतन कांबळे

पाउसा का मला चिडवितो ? पाउसा का मला सतावितो?

रस्त्यावरी चलता स्वतास तुझ पासून वाचवितो नेमके तेव्हाच तू मला गाठतो

भिजू नये म्हणून छत्री मी उघडतो तू वाऱ्याला सांगून छत्रीचा फुलोरा करितो

रस्त्यावरच्या पाण्यापासून वाचतवाचत जातो तेव्हाच गाड्यांना सांगून मला चिखल-पाण्याने माखतो

मुरवणीचा रड्या पाऊस मला अजिबात आवडत नाही छत्री उघडू की बंद करू हेच समजत नाही

तरीही हा रड्या पाऊस थांबता थांबत नाही मला सतवल्याशिवाय तू शांत होत नाही डोंगर झऱ्यात पाऊसात चिंब भिजावे वाटते तेव्हाच तूला पाऊसा विश्रांती घ्यावी वाटते

उकाड्याने मी पाऊसासाठी आतुर होतो नेमके तेव्हाच तू सूर्यापाठी लपून राहतो

छत्री घेतली की तू पळून जातोस छत्री विसरली की शहाण्या मला चिंब भिजवितोस

अचानक आल्या पाऊसापासून झाडाखाली आडोसा घेतो पानांमध्ये साचलेल्या पाण्याला खुणवून मजवर वर्षाव करितो

न भिजता कधीतरी घराच्या दारावर पोहचतो तरी हा पाऊस छतावरचा शेवटचा थेंब मजवर पाडीतो

एका थेंबाने माझे फक्त थोडे डोके भिजते पण माझी गम्मत करून पाऊसा तुझे खूप मन भरते Good life is a success, but the road to success isn't easy, especially when you play multiple roles & keep multitasking in varied environments. You are a child to your parents, parent to your children, partner to your spouse, team mate to counterparts, supervisor to assistants and so on. The crux is that you keep doing your duties in different roles trying to grow and make your life meaningful. Whenever we start a new venture or take up any new opportunity, we are uncertain about the future and the outcomes. We often think to ourselves "What will happen!", "would I be able to survive this". "Survival" is the key. We all have faced similar situations in life, while in some we came out in flying colours in others we didn't survive or lifelessly just survived. I too have, when I had taken up this herculean opportunity a year back along with family responsibilities. Things were very difficult at first but then I developed a strategy: Survive.... Sustain.... and Surpass

1) **Survive:** You are comparatively new to the system. You need to understand the internal and external environment well. Make good relations and friends. Do not feel shy about asking something not known to you.

### - Simran M Gabeja

2) **Sustain:** You are acquainted with the system. Your strategies are to bring out the best in you. Learn from your mistakes. Be in line with the people you are with.

3) **Surpass:** You are now in the stage of exceeding expectations. Do a lot of fine tuning and detailing!

These are three phases in which we keep on switching between in different situations. Also, the extent and possibility of each phase depends a lot on many factors like demand and supply curve. Just to give an example one joins a new job and the company is in demand for many employees due to a big project they have got. In this case the "survival phase" may remain for a shorter duration. In another example if you are well established in a job say in "sustain phase" and suddenly due to unavoidable circumstances, the company has planned to reduce more than half of its staff, you may land up in "survival phase".

We have to strategize ourselves accordingly. Faith in abilities always helps to plan better. Work life balance is always a default, one

needs a stress-free mind and a positive attitude. Do your karma well, success should follow and Life will be more beautiful.

### **REMEMBERING THE DAYS**

#### - Sagarika Mahalanobis

Remembering the days, when there were no world wars But love and peace were for sure.

Remembering the days, when there prevailed no fear Of having a terror attack and losing a dear.

Remembering the days, when industries never ruled Producing the pollution - demon as wicked and cruel.

Pondering again and having a second thought Has science all this actually brought?

If science is so powerful then why not switch on another way, Where technology could bring solutions for problems every day.

Let us think, out of the shell, a little different Having a better tomorrow with a safe environment.

Getting science for such a marvelous use that tomorrow gets brightened. Here's a starting fresh and new, having all the bad things sued.

It's never too late for mind retreat, let Mother Nature bloom beautifully The new era is about to greet another day and night bountifully!
## नक्की बाप म्हणजे कोण हेच मला कळत नाही ....

- भूपेंद्र शिर्के

बाप मानू की आधार	मुलाचा असतो तो अभिमान
हेच मला समजत नाही,	मुलीच्या आधाराशिवाय राहत नाही
किती अबोल प्रेम करतो	सर्वांसाठी खूप काही करतो
हेच मला उमगत नाही	पण त्याच्यासाठी कोणी काही करत नाही

किती सोसतो घाव टाकीचे तरी काही बोलत नाही, आपलं दु:ख कधी तो कोणासमोर दाखवत नाही... किती गेले थोर विचारवंत पण प्रेमळ बाप कोणी रेखाटला नाही, असेल तो समोर रागिष्ट त्यातला माणूस कोणाला दिसला नाही...

येतील दु:ख डोंगराएवढी समोर जायला तो घाबरत नाही, किती ही वादळे आली तरी त्याच्या डोळयात अश्रु नाही.... सर्व जबाबदाऱ्या निमूटपणे सहन करतो कधी कोणाला काही सांगत नाही, बापातल्या देवाला मी कधी पाहिल नाही कारण, नक्की बाप म्हणजे कोण हेच मला कळलेल नाही...

## <u>TEACHER – THE LOST GURU</u>

#### Gomati Shekhar

The teacher to the child is the first source of the vast knowledge that he is being exposed to. Under the prevalent education system, more importance is paid to the academic subjects and their contents. Merit is based on the performance during the examinations, which in other words means the ability of the student to reproduce the printed text of the redundant syllabus of his books, and that determines the standard of the student. Especially in India, we tend to completely ignore the personality development of the student by not encouraging them to think differently. It is the teacher that moulds their mind. to either become the narrow intellectuals, whose knowledge is restricted to specific subjects, or the dilettante, whose knowledge is inadequate and shallow.

The teaching profession has had its fair share of critics. The sequencing, balance, content and organization of general and specialist academic work, professional studies and teaching experience have always been the integral part of every discussion on this profession. But how do we know what or who is the ideal teacher? A teacher is someone who must adjust to the new developments of educational technology, the growth of human knowledge and deal with the ubiquitous problem of making an appropriate and relevant curriculum of the enormous range of material available. They need to have a new understanding of how children develop and learn in this changing environment. The growing range of the empirical data and speculation generated by the burgeoning social sciences, philosophy and history provide a rich ore for the preparation of the ideal teacher.

During the last few years there has been a tendency of the Govt (whichever is ruling at the Center) to influence the contents of the curriculums. The idea is not-so fresh, and the outcome certainly isn't. The whole point of giving more freedom in choosing one's' subjects of study is once again ignored. The students need to be treated as individual assets for us to benefit from them in the future. India has a young demography and for us to tap into this advantage, importance needs to be given to what is being taught. New and relevant subjects, innovative teaching techniques and open minds are the need of the hour. And it is likely there will be a greater recognition of the importance of moral and personal education in this world of pluralistic values and goals.

Teaching is not a profession, but a part of social responsibility. Doesn't matter which class or grade the teacher is teaching, each one of them has an equally important role to play, as they are shaping the future minds.

Students today will be the citizens of tomorrow. As we are on the threshold of becoming future teachers, let us be conscious of the huge responsibility which rests on our shoulders and march ahead carrying this beacon of knowledge and empathy, ready to ignite the young minds of India.

## इवलं पाखरू

- पूजा म्हात्रे

माझं इवलं पाखरू । चाले हात धरू धरू॥ वाटे भूत त्याला छाया। कुरुवाळे माझी माया ॥ हट्ट करे जगा पारं । पुरवाया मी खंबीर ॥ कमी पडू दिले नाही कधी। जरी परिस्थिती माझी साधी॥ माझी इवली सोनुली। माझ्या महालाची बाहुली॥ येई चालून तुरु तुरु। कौतुक तिचे किती करू॥ तिच्या गुणांनी हि सारी। भरून गेली अलमारी॥ तिच्या कौतुकांनी भारी। दुनिया ओळखू लागली सारी॥ माझ्या पाखराने भरली। उंचच उंच हि भरारी॥ तिच्या कलांच्या स्तुतित। माझी मान झाली वरी॥ माझं पाखरू चाललं । आता दुसऱ्याच्या दारी॥ सोडून चालली हो तिच्या। आठवणींची हि उधारी॥

आठवणींची हि उधारी ॥

## ENHANCING YOUR EMOTIONAL QUOTIENT

Today there is this growing awareness that to be successful one needs more than intellectual excellence and technical knowhow. It is an established fact that internal qualities such as resilience, initiative, optimism and adaptability are necessary to effective. All these qualities arise from our Emotional Intelligence, Now commonly referred to as Emotional Quotient (EQ). This "new" intelligence is the heart-level engine that drives human capital and produces the exceptional, creative work required for any company to lead the field amidst the turbulence and confusion of global market changes.

"Emotional Intelligence" refers to the capacity for recognizing our own feelings and those of others, for motivating ourselves, and for managing emotions well in us and in our relationship. It includes abilities distinct from, but complementary to academic intelligence, the purely cognitive capacities measured by IQ.

These two different kinds of intelligenceintellectual and emotional- express the activity of different parts of the brain. The intellect is based on the working of the neocortex, the more recently evolved layers at the top of the brain, in the more ancient sub cortex; EQ involves these emotional centers at work, in concert with the intellectual centers.

John D Mayer, Di Paolo and Peter Salovey define Eq as 'The ability to monitor one's own and other's feelings and emotions to discriminate among them and to use this information to guide one's thinking and actions."

Emotional Intelligence is about having empathy for others. It is about standing up for what you believe in a tactful and

## - Dr. (Mrs.) Paulmathi Lucas

respectful way. It is about not jumping to conclusions, but getting the whole picture before you react. The key to emotional intelligence is an understanding of your emotions and the emotions of others and acting in the most appropriate way based on that understanding.

Emotional Intelligence is about being aware of and sensitive to emotions or feelings that affect your heart and the hearts of othersabout being "heart smart." Interestingly, research suggests that it is not IQ that best predicts a child's later success in life as an adult. It is not grades on tests in school. It is not behavior in the classroom. A better predictor of a child's later adaptation as an adult is how well that child gets along with others and learns to manage social relationships successfully.

Simple things like calling a person by name, smiling, looking them in the eye, giving warm compliments, listening with attentiveness, and other such skills. All of these things make a person feel valued, cared for, and appreciated. The emotional quality of our relationships. Love, peace, joy, patience, forgiveness- these are the emotions and qualities that help us to feel at home and at harmony in our family relationships. So those we consider successful in life are most often those who develop and maintain intimate can relationships, work well with others, and be Indeed, good parents. managing the emotions to overcome chronic anger and anxiety is critical to remaining physically healthy. The good news is that these skills can be taught to young children. This is possible when parents and teachers can recognize these skills as valuable and worth adding to the educational curriculum.

#### **MY CHILDWOOD**

#### Remya S. Londhe

Some days I wish to go back to my childhood life; To reach again to each and every moment twice, To see my school and greet my teachers wise, To have some more fun with my dear friends, For its impossible now, as we are at different ends.

Some days I wish to go back to my childhood life; To jump and yell and have unlimited fun, To rejoice together for all the rewards we won, To kiss and hug my mom anytime in a day, For now, it takes me to plan a call to have a say.

Some days I wish to go back to my childhood life; To wish a sunset with an eager to welcome my dad, To get cuddled up and stay embraced as his loving lad, To fall asleep on the couch and find waking up on the bed, For he's the only man- my superhero; to the office who fled.

Some days I wish to go back to my childhood life;

To save more money in my piggy bank,

To compete and cry for the falling rank,

To laugh and live again in Disney land,

For now it brings endless memories to cherish in my peppy hands.

#### **LESSONS FROM THE STORY OF MEDUSA**

Greek mythology consists of vivid stories. Each story spells a tale of vices and virtues. One such story from the Greek Mythology is of the Curse of Medusa. Medusa is portrayed as the scariest monster in Greek Mythology. She is described as a young lady having a terrifying face and with venomous snakes in place of hair. Although she is known as one of the scariest characters in Greek Mythology, she is also one of the most misunderstood characters.

Medusa before turning into a monster was a very beautiful young lady. She lived a life of a chaste priestess, out of her devotion towards Athena, the Goddess of war & wisdom. She was praised by many for her gorgeous hair and stunning looks. People would visit the temple of Athena just to see her angelic beauty. Some of them also said that Medusa's hair was more beautiful than Goddess Athena's hair. Many of them compared her with the goddesses' beauty. This made the Goddess very jealous of her greatest devotee.

One day, when Medusa was walking along the seashore, Poseidon, the God of sea, saw her. He was captivated by her beauty and he fell in love with her. He tried to woo her, but she rejected him. Poseidon tried to approach her many a times, but he couldn't change her mind. After his multiple failed attempts, he got desperate and he tried to get her by force. Medusa ran into the temple of Goddess Athena, to protect herself from Poseidon. But horror unfolded, as she wasn't

#### - Zarin Shaffi

rescued by Goddess Athena. But to Medusa's shock, Athena cursed her to be a monster. The curse turned Medusa's hair into venomous snakes and her milky white skin turned green. Anyone who would look at medusa would turn into a stone.

Medusa had now become a scary monster and she became the target of many brave warriors, who wanted to behead her and flaunt their bravery & strength. Many warriors tried to kill her, but they turned into stones as they looked into her eyes. But one day, the Hero Perseus, who was son of God Zeus decided to take up the challenge of slaying the monster. He was fortunate enough to get the aid from other Gods. He received a Helmet from Hades, the God of the underworld, that made him invisible; a pair of winged Sandals from the God Hermes; a bronze shield from Goddess Athena that can reflect the gaze of Medusa and also a sword. All this aid helped Perseus to behead Medusa.

What could have the helpless Medusa done?! Her helpless cries were unheard, by the one, to whom she devoted her life. Her world was totally destroyed, her dreams were shattered and there wasn't an end to her misery. All the purity of many years was lost in a moment and life became hell for the innocent girl. Although her intentions were good, her goodness was not rewarded, instead it was severely punished. But what was her fault? Did she deserve that? Ethics would say that she wasn't at fault and she deserved a happy life? But fate is indifferent to ethics. It is a force beyond logic and ethics.

Accepting things that are beyond our control is the most difficult thing in life. When we do good things in life, we naturally expect life to reciprocate the goodness. That is why we feel distressed, when the people, to whom we give our affection, are insensitive to our needs and treat us unfairly. We also feel hopeless in our life when our hard work goes in vain and we don't achieve our goals. This position of powerlessness in adverse situations can be a torturous experience and it can make us feel paralyzed.

We all feel that things should go our way, if we have good intentions and do good things. But that is not the case. There are certain things which we cannot change. The only option we have is to accept them and move on. When we accept the things which we can't change, we adapt to life; but when we try to change things which are beyond our control, fate drags us relentlessly.

However, human beings are creatures of reason. Our ability to reason allows us to know the things which are within our control and things which are beyond our control. So, focusing on things which are within our control and letting go of things which are unchangeable can help us find happiness in life

You may not be able to change certain things in life, but that doesn't mean that you can't attain happiness in life. You have to work on the changeable and live with the unchangeable. Acceptance is an important lesson to learn in life. The American psychologist William James once said that, ''Acceptance of what has happened is the first step to overcoming any consequences of any misfortune''.

## मला कळत नाही.....

- प्रा. केतन कांबळे

डोळे झोपेत असतात, तरी त्यांतली स्वप्न जागी राहतात. असं का होतं? मला कळत नाही..... कधी दु:खात मनाचे कुंभ भरली, तरी डोळ्यांची विहीर धीटाईने कोरडी. असं का होतं? मला कळत नाही..... कधी आनंद अनावर होतो. तरी हास्य-अश्र्रंचा क्षितिज बनतो. असं का होतं? मला कळत नाही..... सारं जग पुढे, तरी मी मागे वळून हसे. असं का होतं? मला कळत नाही..... मोठेपणीअनुभवाचे बळ, तरी भाबड्या लहानपणाचीच ओढ. असं का होतं? मला कळत नाही.....

कधी माणसांच्या गर्दीत, तरी मन एकांकित. असं का होतं? मला कळत नाही..... आपल्यांशी विरह होतो, तरी आठवणींचा मेळ होत राहतो. असं का होतं? मला कळत नाही.....

लहान असता कोणावर तरी आधारित, तरी चिमुकली पावले स्वच्छंद जग शोधीत. असं का होतं? मला कळत नाही.....

आता मी मोठा,मी शहाणा, मी पोक्त, तरी हा जीव कोणावर तरी आधारित. असं का होतं? मला कळत नाही.....

मी हारून हसतो, ते पाहून कोणी जिंकून हारतो. असं का होतं? मला कळत नाही.....

काळ्या कातडी मागे गोरं मन ही असते, हे जरा उशीराच कळते, असं का होतं? मला कळत नाही.....

मी सतत माझ्याच मना बरोबर असतो, तरी आयुष्यभर त्यालाच समजत असतो. असं का होतं? मला कळत नाही.....

# <u>कोरोना संकट पर मानव की पुकार</u>

- निवेदिता संघल

हे ईश्वर कहाँ हो आप ?

कोरोना के इस संकट से करो धरती का उद्धार

जगह-जगह लाशों के ढेर से बढ़ गया वसुंधरा का भार, सारी सृष्टि की अर्थव्यवस्था का पारा चला गया है हद से पार।

## हे ईश्वर कहाँ हो आप ?

गरीबों को रोटी का बढ़ गया है भार, कोरोना ने अमीरों को भी सिखा दिया है काम मानते हैं प्रकृति को मानव ने ही बिगाड़ा है, संकट की इस घड़ी में बस प्रभु आप ही का सहारा है। क्षण में कर दो त्रिशूल से इस महासुर का नाश, **हे ईश्वर कहाँ हो आप?** 

जैसा आप चाहते थे वैसा हो गया, मानव को आपके सर्वस्व होने का एहसास हो गया। क्या अमेरिका ,क्या भारत, रूस भी संक्रमित हो गया, ईश्वर भी पूजा घरों में नजरबंद हो गया। अब तो जग की है करुणा भरी पुकार, करो इस महामारी से विश्व का उद्धार हे ईश्वर कहाँ हो आप, कहाँ हो आप, कहाँ हो आप?

#### **GENERATION NEXT**

#### Anju Chaturvedi

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That is the youth of today, Aiming for a bright future, In all thoughts and ways. Strong, confident, Standing firm in their aim, Ready to tackle Any difficulty that comes their way Although the western culture, Is what they ape. Deep down in their heart Are old cultures and ways, Gandhigiri is the new style, On every one's mind, Learnt from our very own Munnabhai, To stop a person From doing what is wrong, Do not preach them; Show them where they are wrong, New and innovative ideas, We get from them, Which will help them? In changing the future, And although We correct them when at fault, In our hearts They are truly ours. Generation Next, That's the youth of today. Aiming for a bright future, In all thoughts and ways.

## बदलती दुनिया

- मनिता महेश्वरी

मुद्दतों से आरजू थी फुर्सत की, मिली तो बंद कमरे में। सब घूम रहे हैं धरती पर, बस इंसान बंद है पिंजरे में।

जिंदगी की तलाश में, भागा था जो बड़े शहरों में। याद आई उसको गांव की, जो बना था उसके तौर-तरीकों से।

गुमसुम है मोहल्ले, वीरान है उसके रास्ते, यकीन नहीं आता यही थी रफ्तार अपने वास्ते। नहीं सोचा था ऐसा वक्त आएगा , जिंदा रहकर अपनों से फासला करवाएगा।

अब सोचता हूं समय ऐसा दिन दिखाएगा, जिंदगी महंगी और दौलत सस्ती करवाएगा। आरजू पूरी होने की कीमत चुकानी पड़ी, मुझसे यह दुनिया ही अब बेगानी हुई।

इस फुर्सत से निकल जाना है, फिर उसी दुनिया में खिलखिलाना है। ख्वाहिश तो अब भी है जनाब, फिर से वही जहां पाने का है ख्वाब।

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#### Mother: The Light in Our Life

#### - Umesh Pawar

She brings laughter ever time and fill our lives with joy. She helps in the daily chores and also works over time. She completes the man and he doesn't even notice it. She does her duties right and will not wait for the tip. She corrects when she finds us wrong and give good values to her kids. She's is a strong pillar who stands by us forever the ocean may dry up but her love will never. She's so blessed coz God made her a mother to love and pamper us. She is a mother, a sister, a friend, a lover a guide. She plays many roles and she plays them all So well that she always gets an "O +". Then why do people kill the girl child? They say she'll be a burden. They killed her as a child; they kill her in the womb. I hate such people b'coz they wouldn't be alive if SHE hadn't been born.

## सहाय्यक अध्यापकाचार्य प्रतिभा कांबळी

हे बघ श्रावणी तुझी मुलं आता मोठी झालीत. तु पुन्हा एखादी नोकरी बघ. अगं किती प्रयत्नाने तुला बँकेत नोकरी मिळाली होती. आणि जरा आरशात बघ स्वत:ला ! केवढी बोरड वाटतेस ! अग तझ स्वत:च अस्तित्व काय ? श्रावणी भानावर आली. हो...... आई म्हणतेय ते अगदी खरचं आहे. उदया मुलं मोठी झाल्यावर म्हणतील, 'हे सारं आहे ते आजी-आजोबांच.......' तुझ काय? या विचाराने ती सैरभर झाली.

श्रावणीने दुसऱ्या दिवशी मैत्रिणीला फोन केला. अगं मला घरी राहावसंच वाटत नाही, नोकरी करावीशी वाटते गं. मैत्रिणीनं तिला संध्याकाळी एका ठिकाणी भेटण्याच निश्चित केल. दोघी एकत्र भेटल्या, दोघींच्या गप्पा आणि विचार विनिमयातून वंचित महिलांसाठी " अस्तित्व " नावाच्या आरोग्य केंद्राची स्थापना केली आणि आपल्या आईचे मनोमन आभारही मानले. थॅंक यू मम्मा, तु मला माझ्या 'अस्तित्वाची' जाणीव करून दिली.

वाचक हो, अस्तित्व हा छोटा दिसणारा शब्द, पण बरं का ? मनात निर्माण करतो मोठी वादळे...... अगदी जन्माला येणारं बाळही विचारत असेल ...... मी कोण ? माझं अस्तित्व काय ! दुसऱ्या बाळाचा जन्म होताच, पाहिल ही असाच विचार करत असेल. कोणीतरी माझं अस्तित्व हिरावून घेतयं. त्यानंतर पौगंडा अवस्थेतही स्वातंत्र्य अस्तित्वाची जाणीव व्हायला लागते. थोडक्यात व्यक्तिगत अवकाश प्रत्येकाला हवा असतो आणि तो न मिळाल्यास 'मानसिक ताण' येवून शरीरावर त्याचे परिणाम दिसू लागतात.

घरामध्ये असणाऱ्या ज्येष्ठांनाही त्यांचे एक स्वतंत्र अस्तित्व असते. ते घ्यायला हवे. 'नटसम्राट' हे नाटक यावेळी डोळयासमोर येतं. एखादा छंद, व्यासंग मनाला लावून घेऊन प्रत्येकाचे अस्तित्व जपण्याचा प्रयत्न केला, तर संत तुकाराम महाराज म्हणतात, त्याचप्रमाणे "आनंदाचे डोही आनंद तरंग, आनंदाचे अंग आनंदाचे..."

हॅलो, श्रावणीने फोन उचलला, बोल मम्मा ...... अगं बोल काय ? तुला जे मी सांगितले होतं, त्याचा काय विचार केलास ? मम्मा ...... अगं प्रयत्न करतेय मी ...... अग, हो पण कधी करणार आहेस? का घरीच बसायचं ठरवलं आहेस. तरी मी तुला सांगत होते, की नोकरी सोडू नकोस ? पण ऐकली नाहीस. श्रावणी केवळ आईचं बोलणं ऐकत होती. एकही शब्द न बोलता...... श्रावणीने फोन खाली ठेवला आणि आईचेच शब्द तिला आठवत होते. या घरात तुझे स्वत:चे "अस्तित्व" काय ? सचिन आणि श्रावणी दोघेही बँकेत कामाला होते. तिथेच ओळख, मैत्री आणि मैत्रीचे रुपांतर प्रेमात झाले. दोघांनीही लग्न करायचे ठरवले.

सचिन हा श्रीमंत घरात वाढलेला, घरी नोकर चाकर त्यांच्या आईला राजकारणाची आवङ त्यामुळे ती सतत बाहेर असायची. सचिनने आईला श्रावणीविषयी सांगितले. आई सुध्दा त्यांच्या लग्नाला लगेच तयार झाली एकुलत्या एका मुलाची आवड त्यांनी जपली. दोघांच लग्न झालं. दोघेही बँकेत कामावर रुजू झाले. यातच श्रावणीला दिवस गेले. सासुबाई खुप खुश होत्या. त्या सरळ श्रावणीला म्हणाल्या, हे बघ श्रावणी, तुला पटत असेल तर तू नोकरी कर किंवा सोड, आपल्याला काही कमी नाही. दहा पिढया बसून खातील एवढी संपत्ती आहे आपली.

आपल्याला गेलेले दिवस आणि घ्यावीशी वाटणारी विश्रांती बाळंतपणानंतर गरज असणाऱ्या या वाक्याने श्रावणी सुखातून गेली होती. तिने आपला निर्णय घरी सांगून चक्क बँकेतील नोकरीचा राजीनामा दिला. दिवसामागून दिवस गेले. त्यातच तिला दोन मुलं झाली. त्यांच सर्व करता करता दिवस कसा निघून जात होता, तिचा तिला कळतच नव्हतं.

आज श्रावणी सोमवार होता. घरी पूजा होती. माहेरकडील सर्व नातेवाईक आले होते. श्रावणी सकाळपासून व्यस्त होती. घरातील प्रत्येक व्यक्ती श्रावणी हे कुठे आहे ? ते कुठे ठवलस, अशी विचारणा सुरू होती. श्रावणीची आई हे सारे न्याहाळत होती. काही दिवसानंतर श्रावणी माहेरी आली. आई म्हणाली,

# त विदयाशी आहेम याच थाँड भान ठेव...

तू विद्यार्थी आहेस याच थोड भान ठेव... शिक्षणाचा ध्यास आणि शिकण्याची आवड पाहिजे, स्वप्न मोठी बघशील ती पूर्ण करण्याची जिद्द पाहिजे... स्वत:च्या मनामध्ये याची जरा आस ठेव, तू विद्यार्थी आहेस याच थोड भान ठेव...

> मोठा इंजिनिअर किंवा डॉक्टर तू होशील, विज्ञानाच्या जगात तू मात्र पुढे जाशील... पण आई-बाबा आणि शिक्षक यांचा मनात आदर ठेव,

तू विद्यार्थी आहेस याच थोड भान ठेव...

टेक्नॉलॉजिच्या जगात तू नक्कीच स्मार्ट होशील, इ-लायब्ररीमुळे ग्रंथालयापासून तू दूर जाशील... पुस्तकी ज्ञानासोबत व्यावसायिक ज्ञानाची जाण ठेव, तू विद्यार्थी आहेस याच थोड भान ठेव...

> अडथळे खूप येतील त्यावर तू मात कर, सर्व काही येईल असं स्वत:ला तू तयार कर... अशक्याला शक्य करण्याचे तू धाडस ठेव,

तू विद्यार्थी आहेस याच थोड भान ठेव...

अहंकाराच्या अंधारात तुझा रावण होईल,

चांगली पुस्तके आणि ज्ञानोमय गुरू

यामुळे तुझ्यात राम जन्म घेईल...

किती ही राग आला तरी सृजनता मुखी ठेव,

तू विद्यार्थी आहेस याच थोड भान ठेव...

फेसबुक, वॉट्स ॲप आणि इंन्स्टाग्राम वर खूप मित्र जमतील, मोबाईलमधील मॅसेजच्या दुनियेत मित्रांमधील संवाद संपतील... सर्व मित्रांना भेटण्यासाठी नक्कीच तू एक दिवस ठेव,

तू विद्यार्थी आहेस याच थोड भान ठेव...

एकदा हरलास म्हणून निराश अजिबात होऊ नको, आपल्या ठरवलेल्या ध्येयापासून कधी दूर जाऊ नको... अपयश ही यशाची पहिली पायरी आहे हे तू लक्षात ठेव, तू विद्यार्थी आहेस याच थोड भान ठेव...

## **ASPIRE FOR EXCELLENCE**

### Sagarika Mahalanobis

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I may be born with feeble wings and spirit without will I may have the wobbly feet and fingers numb and still I may tussle with my own reflection over the trivial points I shall never turn my back but infuse vigour in my joints Losers never triumph and I don't belong to that lot You ponder in your soul and glue to this thought My world challenges me for it knows I can fight Zeal, perseverance and strong mind my main and might We should soar together as one on each other's side I aspire for excellence for it's every individual's right.

